



Mangalore Institute of Technology and Engineering

(An ISO 9001:2008 Certified Institution)

(A Unit of Rajalaxmi Education Trust)

Badaga Mijar, Moodbidri-574225

Report on the Guest Lecture on Breast Cancer Awareness

Title: Breast Cancer Awareness

Date: 15.09.2015

Duration: 11:00 am - 1.00 pm

Target Audience: Female Students and staff of MITE

Conducted By: Department of Business Administration in association with Women's cell MITE.

Resource Person:

Dr. Sandhya I., is an Assistant Professor in Dept. of Pathology at A. J. Institute of Medical Sciences & Research Centre, Mangalore. She has studied MBBS from Bangalore Medical College, DCP(Pathology) from Kasturba Medical College and MD Pathology from A. J. Institute of Medical Sciences, Mangalore.

Presently, she is working in the Haematology Section and has a work experience of 12 years. She has also published research papers in various national & international journals and has special interest in Dermato-pathology & Diagnostic Pathology.

Brief about the event:

Ms. Savitha from the Department of Basic Sciences escorted the guest to the dais. Ms Jaya of MBA introduced the guest to the gathering. Dr. Sandhya spoke about cancer in general at first and then created awareness regarding breast cancer, its causes, detection and treatment. The event ended with the vote of thanks by Jaya of MBA.

Keynotes from the address:

Dr. Sandhya began her talk with the brief note on cancer in general as to what is cancer and the myths associated with it.



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She also said that cancer is caused due to the alteration in genes and then it becomes self-regulatory when the cells within the body becomes uncontrollable and it is treatable if diagnosed early.

She emphasized that cancer can be avoided through right food habits, healthy lifestyle and regular exercise and one needs to get the screening done on a regular basis if they have had any cases of breast cancer in their maternal family. She also spoke about the symptoms of breast cancer and the different types of screening methods such as Self-Examination, Mammography, Fine Needle Aspiration, BIOPSY and BRCA Mutational Analysis.

In her talk, she also mentioned about the various treatments available for breast cancer such as Lumpectomy, Mastectomy, Reconstruction, Radiation Therapy, Chemotherapy, Hormonal Therapy and told that allopathy is the only option for the effective treatment of cancer. At the end, she answered all of the queries from the students and the faculties.



Dr Sandhya delivering a lecture on Breast Cancer



Dr Sandhya addressing the gathering on Breast Cancer