



**MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING**

*(An ISO 9001:2015 Certified Institution)*

*(A Unit of Rajalaxmi Education Trust®, Mangalore)*

---

# **CENTRAL MENTORING - CUM - COUNSELING** **COMMITTEE**

## **REPORT FOR THE** **ACADEMIC YEAR 2020-21**

## **CENTRAL MENTORING - CUM - COUNSELLING COMMITTEE**

### **FOR THE ACADEMIC YEAR 2020-21**

The composition of the Central Mentoring- Cum - Counselling Committee for the academic year  
2020-21 is as follows:

<b>Sl No.</b>	<b>Name/Designation</b>	<b>Representation</b>
1	Dr. G L Easwara Prasad, Principal	Chairperson
2	Dr. Lokesh M Professor, Dept. of Mechanical Engineering (Student Welfare Officer & NSS Officer)	Member
3	Mr. Shamith Rao, Physical Education Director	Member
4	Mr. Santhosh Kumar, Librarian	Member
5	Dr. Asha Crasta, HoD, Dept. of Mathematics (Convener ICC)	Member
6	Dr. Suphala S Kotian, Professor, AJ Hospital and Research Centre, Mangaluru (Professional Counselor)	Member
7	Dr. Divakara Shetty S Dean (Academics)	Convener



# MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING

(An ISO 9001:2015 Certified Institution)  
(A Unit of Rajalaxmi Education Trust®, Mangalore)

---

## CENTRAL MENTORING-CUM-COUNSELING COMMITTEE

### Report for the Academic Year 2020-21

The Central Mentoring-cum-Counseling Committee (CMCCC) was constituted at the Institute as per the guidelines of the Visvesvaraya Technological University, Belagavi to address the student's problems, imbibe them with confidence and hence improve their quality of life. The Committee is responsible for overseeing the counseling/ mentoring process in the Institute and providing psychological, mental & physical support to all the stakeholders.

For the year 2020-21, the CMCCC members and the mentors had an additional responsibility of providing psychological and mental support to students to cope with the stress due to the unprecedented pandemic COVID-19 and support them to adjust to the online Teaching-Learning Process. The committee members and the mentors regularly interacted with students to inquire about their well-being and advised the students to take necessary precautions during the COVID-19 pandemic. The committee and the mentors also spoke to students about the need to pursue physical activities like exercise, yoga, meditation, or one's hobbies during the lockdown to overcome the perils of the pandemic and also interacted with the parents to provide the necessary support and motivation to help student transit to the new mode of learning and hence have a fruitful academic journey.

The Committee also verified the Student Performance Reports (SPR) and gave timely advice to the mentors to make the mentoring process more effective. The institution has always recognized and professed the role of effective counseling and mentoring and its contribution in improving teacher-student relationships which in turn would help in turning students into true professionals. Effective counseling and mentoring have immensely contributed to improving student attendance, their academic performance, and also their participation in co-curricular and extracurricular activities.

During the academic year 20-21, the Central Mentoring-cum-Counselling Committee has conducted two meetings.

1. First meeting was held on 05<sup>th</sup> October 2020
2. Second meeting was held on 15<sup>th</sup> April 2021



## **Proceedings of the Central Mentoring-cum-Counseling Committee Meeting held on 05/10/2020**

### **1. Reconstitution of the committee and discussion on students problems**

The chairperson addressed the members regarding the reconstitution of the committee & briefed them about the roles & responsibilities. The committee discussed the need for mentors to interact with students regularly and also have personal interactions, discuss with students and effectively address the emotional distress they may have on academics, career, stress, or depression.

### **2. Discussion on the mentoring process in the institute**

The chairperson addressed the mentoring process in the institute & its implementation for the benefit of the students. The committee discussed the steps that are necessary to effectively implement the mentoring process during the ongoing pandemic. The chairperson also addressed the committee members to take the highest care in this regard and advised them to give necessary guidance and support to the students to stay safe and healthy.

### **3. Monitoring the student performance reports**

The committee discussed the shortcomings in a few of the students' performance reports and decided to inform the mentors to take special care and provide extra support to those students to upgrade their academic performance. Further, the chairperson addressed the committee members to randomly check all the entries in the student performance reports and discuss the same with the mentors in case of any shortcomings.



# **MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING**

*(An ISO 9001:2015 Certified Institution)*  
*(A Unit of Rajalaxmi Education Trust®, Mangalore)*

---

## **Proceedings of the Central Mentoring-cum-Counseling Committee Meeting held on 15/04/2021**

### **1. Discussion on the mentoring process in the institute for the upcoming semester**

The chairperson addressed the mentoring cum counseling process in the institute & the steps to be taken to effectively implement this process during the ongoing Covid 19 crises to make the students' academic journey smooth, happy, and stress-free. The chairperson also addressed the committee members to take the highest care and speak to the students and parents in this regard for effective involvement of the students in the learning process.

### **2. Monitoring the student performance reports and students counseling**

The chairperson informed the committee members to frequently review the academic performance of the students provided in the students' performance reports and inform the mentors to provide additional support and guidance for those students who are academically weak. The chairperson also informed the members of the committee to be deeply involved in the counseling process to overcome the Covid 19 induced grief, stresses, anxiety, depression, fears, and frustrations.