



Mangalore Institute of Technology and Engineering

(An ISO 9001:2015 Certified Institution)

(A unit of Rajalaxmi Education Trust, Mangalore)

Affiliated to VTU Belgaum, Approved by AICTE, New Delhi

INDUCTION PROGRAM

2019-20

REPORT

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Overview:

Change is inevitable. Transition period is always tedious. So is the transition for students from their pre-university academics to professional curriculum. After rigorous training and planning required to join a professional college, students deserve time to unwind themselves to forge new relations with fellow students and familiarize themselves with the new environment. Induction program helps in making students of first year feel comfortable, creating opportunities to showcase their talents and interests and shape their character. An induction programme is a harbinger of various in-campus & off-campus activities specially designed for entrants to fill the gap. Induction Program is a beautiful combination of literary activities, cultural activities, personality development activities, Universal Human Values sessions, sports and many more.

MITE believes that there are two main aspects leading to good education, a supportive, nurturing environment and exposure to growing technological innovations thus conducting an induction program in two phases one in August from 7th-19th ,2019 and one in February from 3rd – 8th ,2020.

Objectives:

The Induction program served as a strong foundation for the first year students for beginning their four years long journey. It began with the conduction of the orientation program in small batches so that the program would be effective. The program began the with Principal Dr. G L Easwara Prasad briefing about the college and Mr. Rajesh Chouta, Chairman addressing the parents and their role in their wards' academic progress.



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The Induction program then made way for a plethora of extracurricular activities that looked to infuse the young minds with creativity and enhance their professionalism. The sessions dealt with personality development, self-development, time management, mind control and focus attributes that are essential in every profession. Engaging talks which laid parallels on how such factors go hand in hand in shaping the lives of individuals captivated and inspired the students. The session on self-development was addressed by Dr. Ganesh Mogaveera, Professor & HOD, Department of civil Engg. and Dr. Jayadeva Prasad, Professor & HOD, Department of MBA. The talk dwelled into practices that would help develop one's confidence while assessing the symptoms of a self-confident individual. The need to stay focused to channel a broader thought process while working hard and learning simultaneously was a definite take away from the session.

The session on time management was held under the care and guidance of our Principal, Dr. G. L. Easwara Prasad. The talk shed light on the need to process and prioritize time in order to effectively plan, delegate and set objectives. As the session concluded, the students realized the importance of time management and planning.

For those who have conquered the mind, it is their friend. For those who have failed to do so, the mind works as an enemy was one of the few verses quoted by Swami Sanandana Das from Bhagavad-Gita, as he took up sessions on mind control and focus. The attendees attained valuable insights on how to control one's mind of numerous thoughts. The seminar also made a prominent remark on meditation, mind control and focus. Apart from conducting sessions for developing professionalism, the college also focused on the improvement of creativity and communication skills in its students. The roundup of activities like letter writing, essay writing, extempore and Email etiquettes were set out envisioning the same.

Lectures by eminent personalities, visit orphanages, old age homes and foster homes for specially-abled children under NSS activities were also conducted to inculcate a sense of social responsibility and for fostering human interaction and instilling virtues. The sessions on Universal human values gave space to students to explore oneself and experience the joy of learning, prepare themselves to stand up to peer pressure and make decisions with courage be aware of relationships and be sensitive to others.



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Orientation Programme:



Sri Rajesh Chowta , Chairmam RET addressing at the Orientation Program 2019

Orientation is important for the new entrants both for the place and the curriculum. MITE takes this task seriously and conducts orientation program in small batches so that the program becomes effective and serves the purpose.

MITE inducted its latest batch of students of Engineering and organized an Orientation Program for the new entrants on August 8 & 9th, 2019 . Welcoming the new students Principal Dr. G L Easwara Prasad gave a brief of the College and highlighted the achievements, awards won by the students. He also mentioned about the various Industries tie ups that MITE has for providing global education. The students were then, briefed about the rules and regulations of the Institute and the University norms, hostel norms and the placement process at MITE.

Mr. Rajesh Chouta, Chairman, RET presided over the function. Mr. Chouta asked the parents not to shed their responsibility once their wards have joined the professional course. But rather keep a continuous tab on their wards' academic progress. He further mentioned that, together with the parents and the College, we can bring success in each of the student's future.



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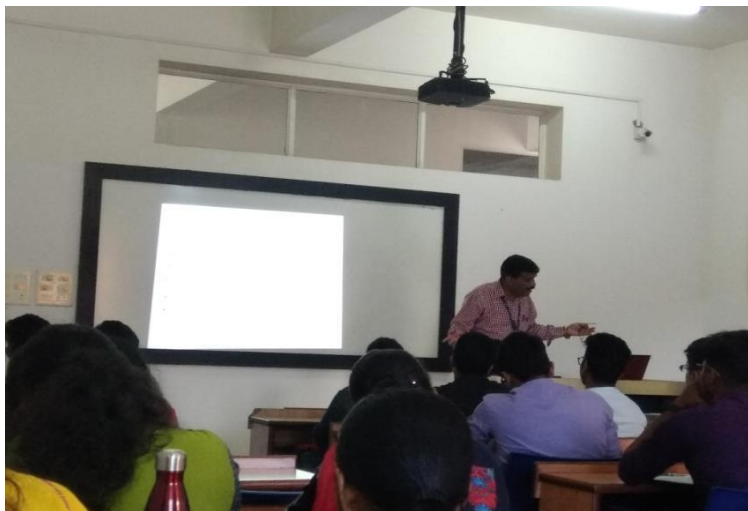
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PERSONALITY DEVELOPMENT

In order to help nurture the essential attributes as well as to develop a personality which can help shape a professional lifestyle within the students, the college facilitated a session with an amazing round-up of events. The events were set out to be harbingers of the scholastic and non-scholastic activities the college envisions.

SELF DEVELOPMENT

The need to inculcate self-discipline and self-confidence in our lives set the preface of the talk on 'Self-development' which was addressed by Dr. Jayadeva Prasad, Professor & HOD, Department of MBA and Dr. Ganesh Mogaveera, HOD, Department of Civil Engineering. An engaging talk which laid parallels on how such factors go hand in hand in shaping the lives of an individual captivated the young minds. The need to help stimulate self-confidence from within and a brief analysis on the modern educational scenario was also highlighted on the occasion. The talk dwelled into practices that would help develop one's confidence while assessing the symptoms of a self-confident individual. The need to stay focused to help channel a broader thought process while working hard and learning simultaneously will definitely entice one's self confidence and that was a definite take-away from the session.



Dr. Ganesh Mogaveera talking to students on Self Discipline

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TIME MANAGEMENT

“If you want to reach great heights in your life, time management is necessary”, this was an auxiliary quote of guidance from our Principal, Dr.G. L. Easwara Prasad, to the solemn crowd in attendance. Following up the master class on self-development was a session on Time Management which began with an interaction with the students regarding the importance of time management in one’s life. The talk shed light on the need to process and prioritize how we manage time in order to effectively plan, delegate and set our objectives. Taking inspiration from the eminent minds around the globe on how their time management rituals helped them become great leaders of tomorrow garnered the applause of the students. As the session concluded, the students realized the importance of maintaining a healthy body which would in turn help lead an effective time managed lifestyle.



Student engaged in conversation with Principal Dr. G.L. Easwara Prasad

MIND Control and FOCUS

For those who have conquered the mind, it is their friend. For those who have failed to do so, the mind works as an enemy”, this verse from the Bhagavata Geetha laid the foundation of the talk presented by Swami Sanandana Das and his team from the ISKCON. The team explained the basic techniques that the students could practice and the need of controlling the mind in the right path with the help of visuals, capturing them in awe. The students were taught different techniques to control their minds in order to successfully reach their soulful destination. The attendees attained valuable insights on how to control one’s mind of numerous thoughts. The seminar also made a prominent remark on meditation, mind control ,and focus. As a final embellishment was an exercise to attain meditate state where the students were taught to spell Shlokas.



A session by Swami Sanandana Das on MIND CONTROL & FOCUS

CREATIVE ARTS



Students Displaying their Talents



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LITERARY ACTIVITY

MITE, similar to AICTE believes that communication is a necessity in this new and progressive world. In the communication age, it is significant for the future generation to inculcate proper communication etiquette. In this light, MITE took to conducting multiple training sessions for the engineers of the next generation, encompassing the domains of Letter Writing, Essay Writing, Extempore and E-mail Etiquettes. The sessions were conducted with the vision of improving students' communication skills and uplifting their self confidences.

Letter writing:

Although the world has moved towards digitization of almost every aspect of daily life, the art of letter writing is a necessary skill to inculcate. Some general applications like job applications, leave letters, etc still follow the conventional method of writing handwritten letters. In this light, Prof. Sourabh R C, faculty of the MITE fraternity provided a retrospect into letter writing by beginning with the general mistakes that individuals generally make writing letters. Further, he mentioned ways to avoid mistakes and also provided pointers on how to make a letter comprehensible and powerful.



A Session on Letter Writing Techniques



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Extempore

Extempore is an activity that is aimed at inculcating spontaneity among students. MITE believes that spontaneity has a lasting impact on the student as in one's life; he/she may face situations where there may be a need for quick and effective decision-making skills. In this light, MITE invited Mr. Mohammed Azzan Patni, Co-Founder , and Director, Pace Wisdom Solution, who apart from being an IT professional and an alumnus of the institution, an effective orator ,and Mr. Achal R Poonja, MITE Alumni. He presented various topics to the students that expected them to think differently and challenged them to be spontaneous at the same time. He also spoke about the various skills of an effective orator and mentioned ways to inculcate those skills.



A Session on Extempore conducted by Alumni MITE

Essay writing

Essay writing is a necessary skill that is capable of improving a student's language skills. MITE believes that essay writing promotes creativity when it comes to the usage of words and the formation of sentences which could potentially have a lasting impact on the student's mind set. In this regard, Mr. Sourabh RC addressed the students regarding various do's and don'ts while writing an essay. Mr. Sourabh went on to conduct essay writing activities for students thus putting a practical touch to the sessions. The sessions succeeded at allowing the students to explore various perceptions of the same topic thus promoting creative thinking.



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Email etiquettes

Digital age has preoccupied the entire human race and the Electronic Mail (E-mail) has become a standard form of communication in almost every aspect of life. MITE believes in the power of the bits and bytes of the Internet and understands the importance of learning various etiquettes when it comes to E-mail writing. In this light, Mr. Glenson Toney, a faculty of the Mechatronics division of the MITE fraternity presented pointers on how one could write E-mails effectively and also notioned about what not to do while writing them. In addition, he mentioned about how important email names are and also demonstrated sending of an e-mail to multiple people.



A Session on Email –Etiquettes by Prof. Glenson Toney

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Health tips

In this busy world, we as human beings tend to focus on the world around us more than focusing on ourselves and our health. MITE believes that students, apart from focusing on building up their careers and lives, should also take time to focus on maintaining their health. In this light, MITE invited Dr. Shrutha Shetty, Medical Officer at MITE, to present a retrospect into various ways of maintaining one's health. She conveyed the importance of sticking to a balanced diet. In addition, she spoke about the adverse effects of infusing drugs, alcohol and nicotine into our bodies by taking a medical stand against the same.



A Session on Health Tips by Medical Officer MITE



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Talk on Drug Abuse

Addictive substances like drugs and narcotics induce a pain that only becomes evident in the long run while presenting temporary pleasures. MITE understands the adverse effects of drugs on the human body and how the young minds are lured towards such heinous substances.

MITE invited Dr. Jayaprakash K, a veteran in the field of Forensics to address the students regarding the harmful effects of consumption of drugs, alcohol, etc on the human body. He presented a psychological explanation to the processes between attachment and addiction towards drugs. He provided clarity about various psychological after-effects of consumption of drugs and urged the students to have a strong willpower resonant enough to say no to such harmful substances.



Dr. Jayaprakash K addressing the students on Drug Abuse

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Soft skills Training

MITE invited a renowned and inspiring personality, Dr. Shikaripura Krishnamurthy to present perspectives on various aspects of life. Dr. Krishnamurthy's address focused on topics of self-assessment, self-development, and leadership and management skills. He stressed the importance of self-scrutiny while assessing flaws in ourselves and provided pointers on how we can develop into leaders of tomorrow.



A session on Soft skills by Dr. Shikaripura Krishnamurthy & Team

The address also focused on the importance of keeping the human touch in us alive at every situation and provided clarity on how good habits directly promote us as better humans. He engaged in an interaction with students by convincing them to participate in activities conducted by him. The activities shined a spotlight on what is important in life and left each student with a genuine lesson for life.



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PLACEMENT ACTIVITY

Placements present an express ticket to a comfortable life for students by reducing the burden of searching for jobs externally. With the motto of 'Where stones turn into diamonds', MITE believes that the personality and mindset development of students in increments could serve them well while facing interviews and moreover turn them into effective professionals. Mr. Narendra U P, the Dean of Training and Placement presented talks on the importance of learning in everyday life and how it could have a lasting impact on the years to come. He presented a road map to the students that could potentially turn them into confident individuals. He presented a view into the placement activities in the college and advised students on how to face interviews.



A Session on Placement talk by Prof. Narendra U.P

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PROFICIENCY MODULE

Proficiency Module was an important session for the students to enrich their employability skills. For a student to embrace true professional values, a class was taken by Mr. Jina Prasad Team Placement, MITE. He explained the requisite communication skills, body language, and presentation format one needs to live by for a successful interview. They were taught how to introduce themselves in an improved and professional manner. Students learned the basic etiquettes followed in a group discussion as well. The students were asked to give an online examination to challenge their language skills.



A Session on Proficiency Module by Mr. Jina Prasad



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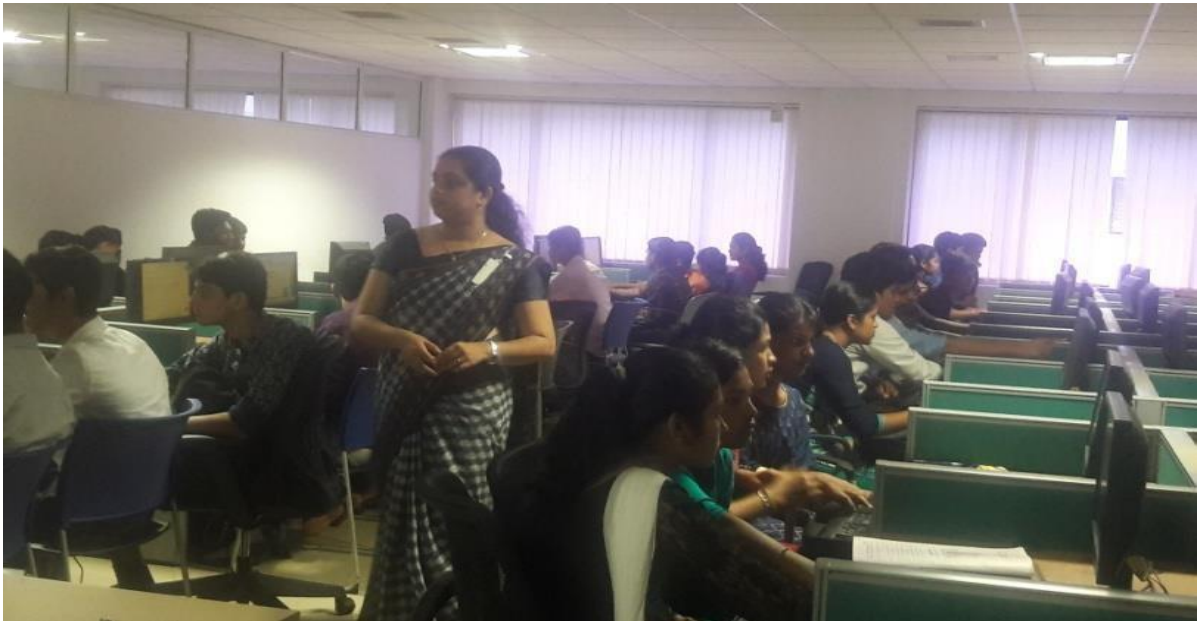
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COMPUTER SKILLS

Computers began as a mathematical and logical device but now have spread across the world as an important asset in almost every aspect of life. MITE believes that as the digital world changes the world, there is a need for the future generation to change along and learn about various aspects that are creating the change. At the crux of digital change lie Computers. Various faculties from Information Science & Engineering and the Computer Science & Engineering educated the students on various aspects of Computers. They took to teaching the students about making presentations, creating documents, exploring operating systems ,and also briefed into the infinitely growing world of programming. The sessions aimed at providing important information about computer systems to students.



Hands on session on Computer Skills

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Familiarization of the department

It is important for the students to understand their roles as Engineers of Tomorrow and their contributions to the betterment of the entire society. MITE believes that students should be educated about what is expected of them as future engineers thus inculcating a sense of motivation driven by themselves. Heads of various branches of the institute along with assistance from faculties of their department held sessions for the students which aimed at familiarizing the students with their respective branches in terms of goals, duties and, the learning growth expected. The sessions succeeded at presenting a clear view to the students regarding what is being taught in various branches of the institute.



Students getting familiarized to their respective Departments



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Visit to orphanage

Our institution takes pride in an impressive roster as part of the National Service Scheme (NSS) within the campus. Headed by Mr. Sathyanarayana, HOD, Department of Mechatronics Engineering, the students were taken to Chethana special school, Karkala. The team from MITE conducted various performances and games that spread a lot of smiles and joy to the inmates. As an amazing gesture the kids performed a small program that lightened up the session. The first-year students were grouped into 5 teams for this activity. Each batch visited these places separately along with the faculty coordinator.



Visit to Orphanage

Sports

Mr. Shamith Rao, Physical Education Director and, Mr. Aveen K.P, Sports Co-ordinator briefed on the various sports activities available at MITE. The students were made familiar with the various opportunities in the realm of sports. Apart from instructing them about the rules and regulations on various sporting events, the provisional facilities for different games available at MITE were also discussed. The students were able to engage in sports activities on the college sports ground.



Sports Activity



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Library

A walkthrough of the institutional libraries was given by Mr. Santhosh Kumar, the Librarian. The students were instructed on the rules and regulations followed in the libraries. The facilities at their disposal such as the large volumes of available books and periodicals, the provision of a separate discussion room, assorted daily newspapers and magazine section, separate e-journals and internet facility as well as the borrowing system were thoroughly explained. Students were then taken to the separate boys and girls lounge where they have access to the latest magazines and newspapers.



Library Activity

Universal Human Values

Universal human values segment was carried out in sessions by Dr. Asha Crasta, Associate Professor & HOD, Department of Mathematics, along with Mr. Rajesh Kamath, Asst.Prof, Department of Information Science & Engineering, Mrs. Swapna Sreenivasan Sr. Asst.Prof, Department of Electronics & Communication Engineering and Dr. Loksha, Prof. Department of Mechanical Engineering. Giving much emphasis on explaining the role of education as well as the right understanding of self and body in order to find the perfect harmony between an individual, society and nature was addressed in the gathering. The segment helped orchestrate various group activities to help promote mutual interaction while signifying that human lives revolve around desires and these desires lead to infinite thoughts and infinite expectations.



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The students, having been allotted into different groups actively participated in preparing designs and charts that embodied the philosophies that depict the values of relationships and gratitude. The students were able to garner insights on how the fulfillment of any relationship can lead to a life filled with mutual happiness between individuals as it enhances humane values from within. The next segment dwelt into the pre-requisites for a healthy relationship. The foundation of any good relationship relies on trust, respect and care and it's important that the students learn these essentials to help build a strong ethic. Harmony in society, too as nature, can be kept up calmly by following the five dimensions in the human request, subsequently guiding the group to create more harmonious sentiments, all through as its importance on us people is phenomenal.



Sessions on Universal Human Values

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Talk on Gender Sensitivity:



Creating awareness is a process that helps to facilitate the exchange of ideas, improve mutual understanding, and create competencies and skills necessary for societal change. Since Gender sensitivity awareness is the need of the hour the Anti-sexual harassment committee/ ICC organized a talk on gender sensitivity for the First-year students on 16-08-2019.

The Speaker of the session, Dr. Suphala S Kotian, counsellor and Professor at AJ Institute of Hospital Administration spoke about the differences between gender, sex, and gender sensitivity. Dr. Suphala also highlighted about gender discrimination and its ill impact on society.

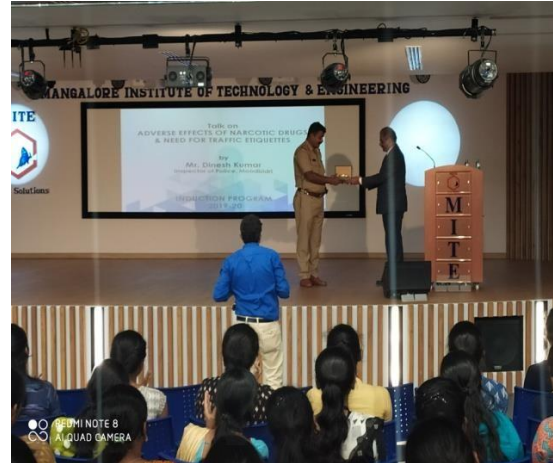
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Talk on Adverse effects of Narcotic Drugs and need for Traffic etiquettes: Mr. Dinesh Kumar K, Inspector of Police, Moodabidri.



Mr. Dinesh Kumar K addressing the Students on Drug abuse and Illicit Trafficking

Mr. Dinesh Kumar K, Inspector of Police addressed the students regarding the adverse effects of Narcotic Drugs and the need for traffic etiquettes on 5-02-2020. He emphasized the need to improve the understanding of the drug problem and better knowledge will foster greater cooperation for countering its impact on health, governance, and security and also educate the present generation of the ill effects of Drug abuse. He also explained how a person addicted to drugs not only affects the individual but also one's family by presenting appropriate examples. Mr. Dinesh also briefed the students about Traffic Rules & etiquette and instructed all students to follow the traffic rules.

WORKSHOP ON SELF DEFENCE TECHNIQUES FOR WOMEN

The need of the hour for the girls and women in the society is to safeguard themselves against violence committed against them. In this regard, Women Cell along with the anti-sexual harassment committee of MITE organized an awareness workshop for self-defense techniques for women on 4th February 2020 by Karthik S Kateel for first-year girl students.

The trainer Karthik S Kateel along with his mother Mrs. Shobalatha demonstrated five techniques that women can use when attacked by a stranger or a group of people without using the usual kick, block, and punch techniques of martial arts. He emphasized that as eyes, nose, and neck are sensitive parts of the human body, these should be targeted by women to bring under control, a dangerous situation



Karthik S Kateel training the Girl Students self defence Techniques.

Plantation Drive:



“One Student One Tree” Tree Plantation Drive

“One Student One Tree” is an initiative of the Ministry of HRD in line with the idea of a Green and Healthy environment. As a responsibility towards Mother Nature and contribution to this initiative, AICTE has recommended every institute to carry out a plantation drive. Each student should plant at least one tree. In order to restore the eco-balance, this drive was taken with all seriousness. All the students were highly enthusiastic to make it a big success. The students planted medicinal saplings and watered the plants. Every step of the programme was appreciated by the representatives of the administration. The programme created a great stir among the students.

Swachh Bharath Abhivan:



Students cleaning the roads as initiation of Swachh Bharath Abhivan under NSS

Swachh Bharat Abhivan is one of the most significant and popular missions to have taken place in India. Swachh Bharat Abhivan translates to Clean India Mission. This drive was formulated to cover all the cities and towns of India to make them Clean. As a part of one step towards cleanliness, the first-year students helped to realize this by cleaning the areas in and around, Moodabidri in association with MITE NSS team.

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Yoga session:



Yoga guru Sri Raghavendra training the students simple asanas

Yoga helps to instill confidence and to bring learning to students on an experiential level. **Yoga** teaches them to persevere, be patient, and work towards their goals. **Yoga** also provides tools for practicing compassion, mindfulness, generosity, focus, strength, and flexibility. With this thought in mind, a yoga session was organized during the Induction program and Sri. Raghavendra Rao from Patanjali yoga center was the resource person. He demonstrated few asanas that can enhance physical fitness and well being of the mind. 120 students participated in this session which was held on 6.02.2020.