

# **INDUCTION PROGRAM**

**2020-21**

**REPORT**

MITE believes that there are two main aspects leading to good education, a supportive, nurturing environment and exposure to growing technological innovations thus conducting an induction program in two phases : from December 28, 2020 to January 2,2021 and from May 5,2021 to May 18,2021. Due to the pandemic, the entire Induction program was conducted virtually through Zoom platform.

The Induction program served as a strong foundation for the first year students for beginning their journey of four years. It began with the virtual orientation program on December 24,2020. The Principal Dr. G L Easwara Prasad briefed about the college and Mr. Rajesh Chouta, Chairman addressed the parents and their role in their wards' academic progress.

The Induction program then made way for a plethora of extracurricular activities that looked to infuse the young minds with creativity and enhance their professionalism. The following programs were conducted in Phase-1: Proficiency Module , Creative Practices, Familiarization of the department, Lecture on Time Management, Universal human values: self & Body, Relationships, session on Email etiquettes, Lecture on self discipline and Lectures by Eminent Personality.

In the second phase programs on Yoga, Universal Human values: harmony with self, family, society, nature and existence, session on Awareness of COVID-19, SOP to be followed and Importance of Vaccination, Motivational talk, session on Health and Nutritional tips to improve health for everyone, Talk on career Guidance and scope of their branch, a session on Literary activities, Incubation, NPTEL, Swayam and Entrepreneurship talk and session on Informing emerging areas of the respective branches were conducted.

**Proficiency Module:** Proficiency Module was an important session for the students to enrich their skills. For a student to embrace true professional values, sessions were taken by Mrs. Pramila BJ and Mrs. Keerthana who explained the requisite communication skills and body language one needs to live. They were taught how to introduce themselves in an improved and professional manner. Students learned the basic etiquettes followed in a group discussion as well.



*A session on Communication Skills*

**Creative Practices:** In this session, Dr. Asha Crasta & Mr. Rajesh Kamath, introduced various cultural clubs and activities in college. Further, students were given five days of time to submit their creative arts which was displayed on the last day of Phase-I of Induction Program

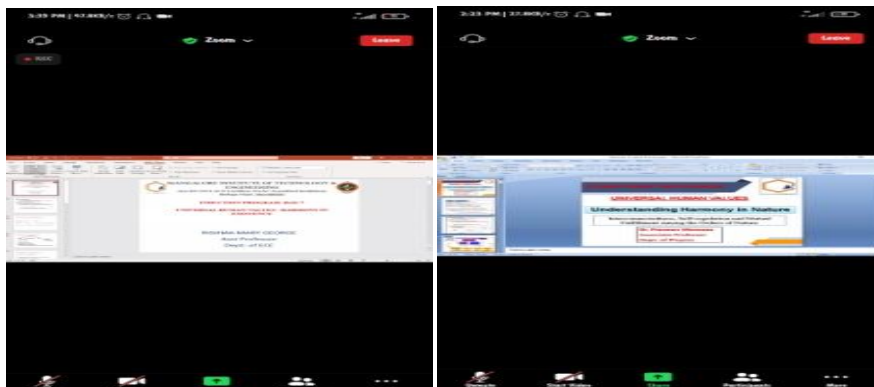
**Familiarization of the department:** Heads of various branches of the institute along with assistance from faculty members of their department held sessions virtually for the students which aimed at familiarizing the students with their respective branches in terms of goals, duties and, the learning growth expected. The sessions succeeded at presenting a clear view to the students regarding what is being taught in various branches of the institute.



*Familiarization of the department : Aeronautical Engineering*

**Lecture on Time Management:** The session on time management was held under the guidance of our Dean academics, Dr. Divakara S Shetty. The talk shed light on the need to process and prioritizing time in order to effectively plan, delegate and set objectives. As the session concluded, the students realized the importance of time management and planning.

**Universal Human Values:** Universal human values segment was carried out in sessions by Dr. Asha Crasta, Associate Professor & HOD, Department of Mathematics, along with Mr. Rajesh Kamath, Asst.Prof, Department of Information Science & Engineering. Giving much emphasis on explaining the role of education as well as the right understanding of self and body in order to find the perfect harmony between an individual and family was addressed to the gathering in Phase-I. Segments on Harmony in self, society, nature and existence was addressed by Mrs. Rishma, Dr. Antoni Praveen, Mr. Shivaramu, the faculty mentors in Phase-II. The segment helped orchestrate mutual interaction signifying that human lives revolve around desires and these desires lead to infinite thoughts and infinite expectations.



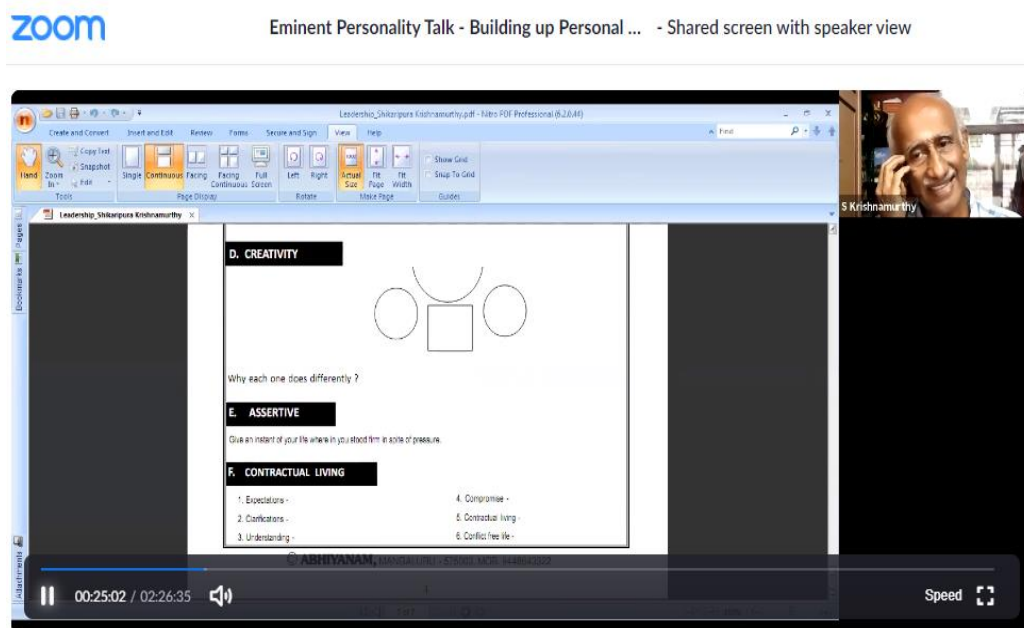
*A session on Universal Human Values*

**Email etiquettes:** Mr. Glenison Toney, a faculty of the Mechatronics Engineering fraternity presented pointers on how one could write E-mails effectively and also notioned about what not to do while writing them. In addition, he mentioned about how important email names are and also demonstrated sending of an e-mail to multiple people.

**Lecture on self discipline:** The session on self-development was addressed by Dr. Ganesh Mogaveera, Professor & HOD, Department of civil Engg. The talk dwelled into practices that would help develop one's confidence while assessing the symptoms of a self-confident individual. The need to stay focused to channel a broader thought process while working hard and learning simultaneously was a definite take away from the session.

## Lectures by Eminent Personality:

1. **Mr. Prem Shekar** , a renowned economist, delivered a lecture on Role of Literature in self development. He put forth many inspirational and interesting stories to make students understand the importance of literature and how it can motivate and guide them to be a better person in future.
2. **Dr. Shikaripura Krishnamurthy** , a renowned soft skill trainer delivered a talk on Building up personal and leadership qualities. Dr. Krishnamurthy's address focused on topics of self-assessment, self-development, and leadership and management skills. He stressed the importance of self-scrutiny while assessing flaws in ourselves and provided pointers on how we can develop into leaders of tomorrow.



*Dr. Shikaripura Krishnamurthy addressing the students on building up personal and leadership qualities*

3. **Mr. R.K. Murthy**, Fitness trainer delivered a talk on Fitness and Wellness. He also demonstrated some of the techniques we need to follow for wellness. He explained how minute changes in our daily routine can bring significant changes in our body and mind. He also stressed on importance of exercise and basic things we need to do in order to stay healthy.



*Mr. Murthy addressed the students on Fitness and Wellness*

4. **Dr. Sandhya**, Profesor, A.J. Hospital & Medical research centre delivered a talk on Daily routine and Medical Fitness. She in her talk made the students understand the importance of scheduling a daily routine and its benefits to our mind and body.

zoom

MITE - Induction Program - Day 4 - Forenoon Se... - Shared screen with speaker view

Dr SANDHYA I  
AJIMS&RC  
MANGALORE

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*Dr. Sandhya addressing the students on Daily routine and Medical fitness*

5. **Dr. Suphala, Professor** , A.J. Hospital & Medical Research Centre and External Counselor , MITE spoke about the Mental well being for a wholesome life. She taught ways to get rid of thoughts of depression and find ways to be happy and cheerful. Her insights on the well being of an individual enlightened the students to strive for happiness.

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MITE Induction : Day 5 - Afternoon Session - Recording 1 - Shared screen with speaker view

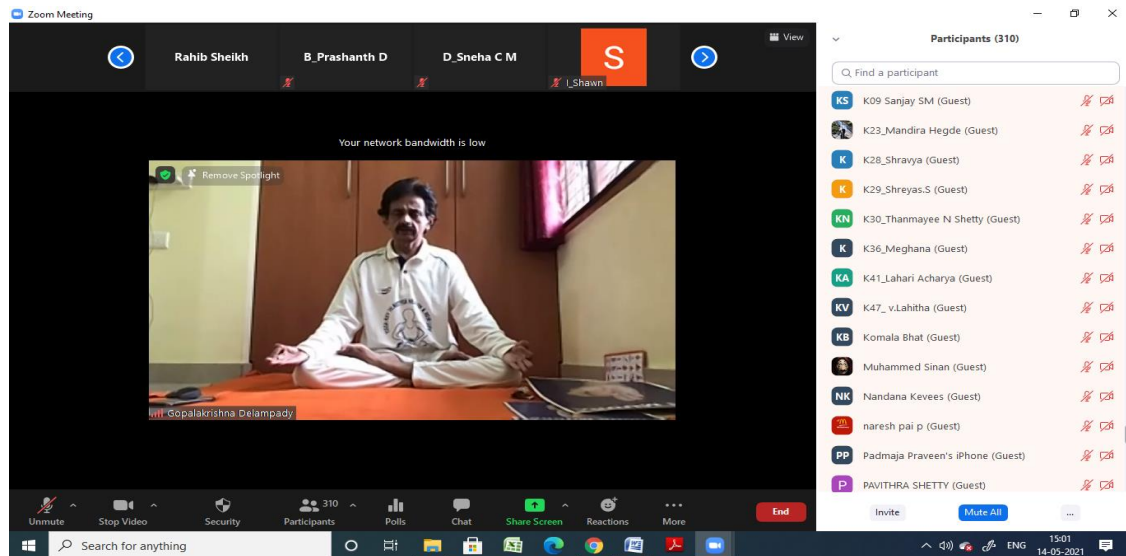


*Dr. Suphala S Kotian addressing the students on Mental well being for wholesome life*

6. **Mr. Abhijit Karkera**, Motivational speaker delivered a motivational speech on how to Make the best use of college life. He brought forward the definition of opportunities and how to grab them in time. He came with brain teasers which helped the students put their brains into thinking process and come with different thinking aspects.

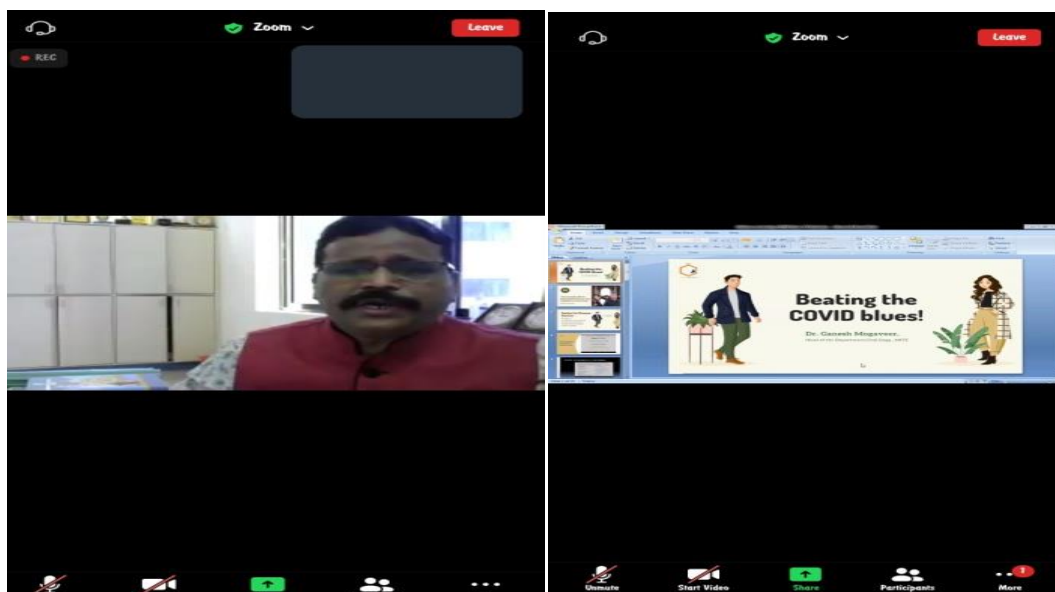


**Yoga:** A yoga session was conducted by yoga Guru Gopalakrishna Delampadi. In this session he demonstrated simple mudras and ahsanas students need during this time to keep them safe and healthy.



*Yoga Guru Sri Gopala Krishna Delampady demonstrating simple mudras and ahsanas*

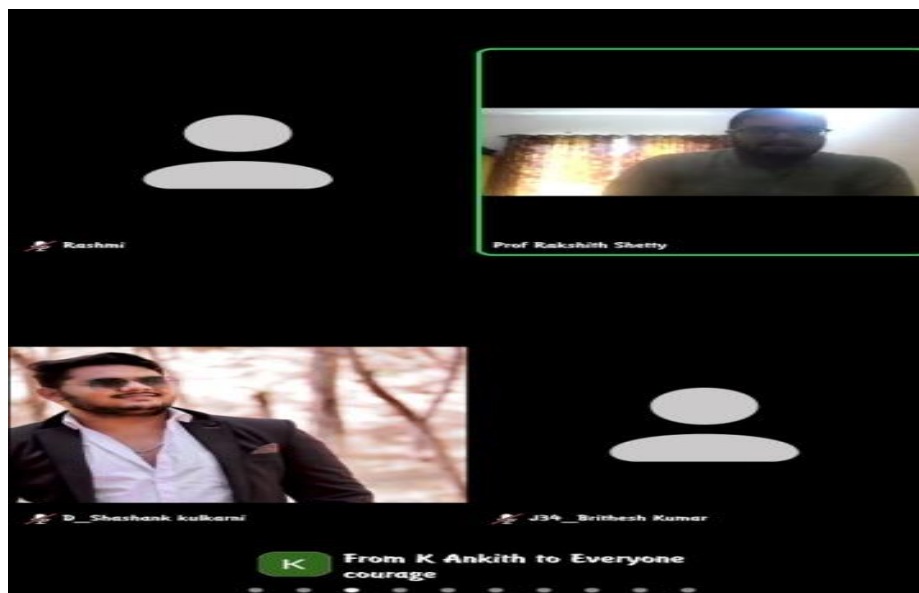
**Awareness of COVID-19:** Dr. Ganesha Mogaveera, Head of Department of Civil Engineering spoke about COVID-19, its symptoms, precautions and best measures to be taken in the present situation. His talk also dealt with SOP to be followed and the Importance of the vaccination.



*A session on awareness of COVID-19 by Dr. Ganesha Mogaveera*

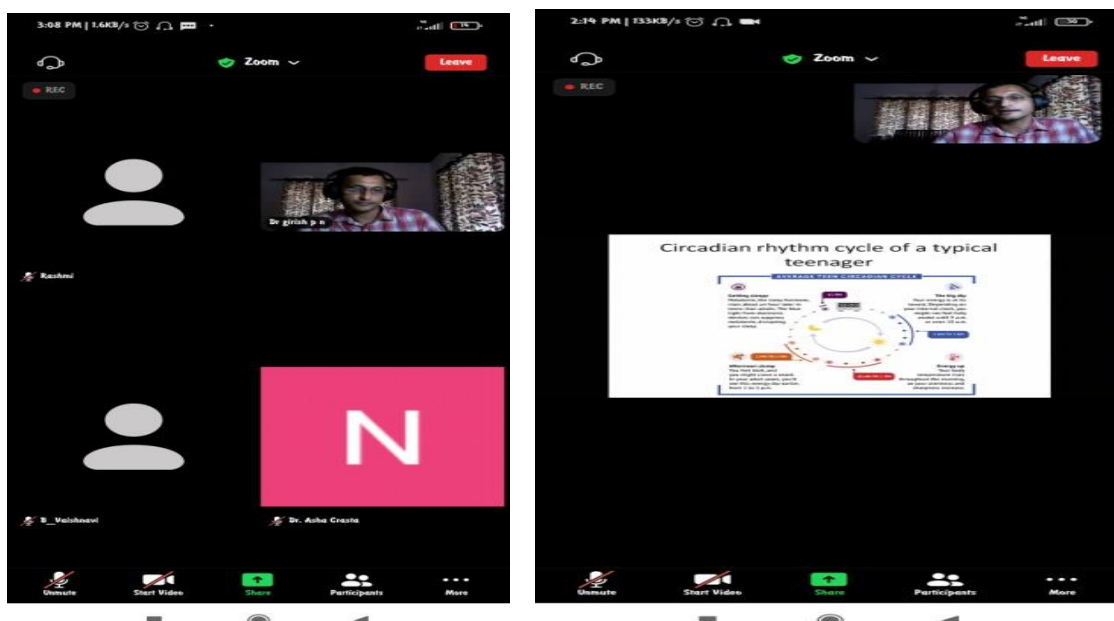


**Motivational talk: Mr. Rakshith shetty** , an eminent personality made the students understand the concepts of thinking out of the box through activities and made the students enhance their ability to think in different ways.



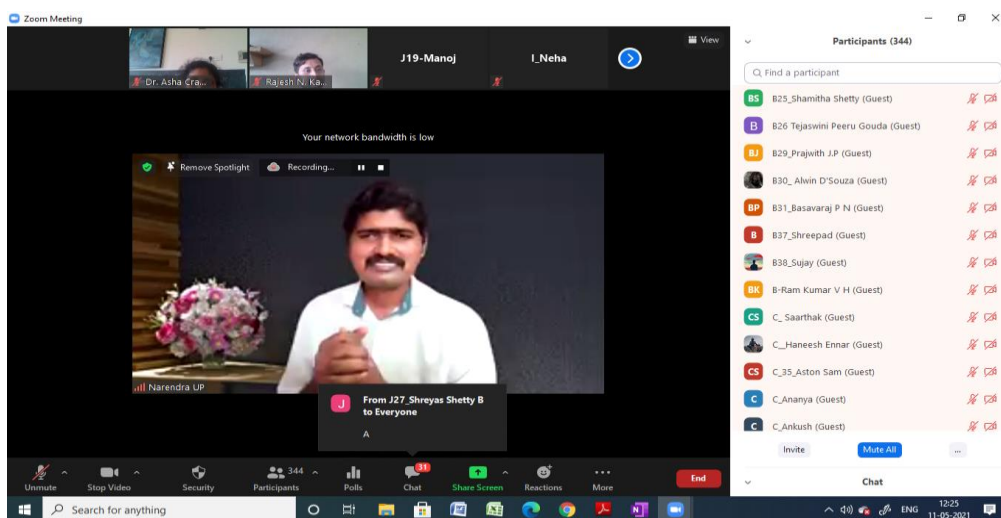
*A motivational session by Mr. Rakshith shetty*

**Health and Nutritional tips: Dr. Girish**, A.J. Hospital & Research Centre addressed the students regarding health. He spoke about the nutrition required by the body and what are the fruits and vegetables one need to be take on regular basis. At the end he also spoke about different vaccines and its functions to prevent COVID-19



*A session on Health and Nutritional tips by Dr. Girish*

**Talk on career Guidance and scope of their branch:** Mr. Narendra U P, the Dean of Training and Placement presented talks on the importance of learning in everyday life and how it could have a lasting impact on the years to come. He presented a road map to the students that could potentially turn them into confident individuals. He presented a view into the placement activities in the college and advised students on how to face interviews.



*Mr. Narendra U P addressing the students on career guidance and scope*

**Literary activities:** Mrs. Keerthana and Mrs. Pramila , Department of Humanities conducted small activities virtually to help students help them build their communication skills and develop self confidence in them.



*A session on literary activities*

**Incubation, NPTEL, Swayam and Entrepreneurship talk:** Mr. Glenison Toney, Manager NAIN Incubation, MITE addressed the students about the procedures to be followed for project development if they have unique ideas. Further, to enhance learning he spoke about the e-learning resources. He emphasized the need on becoming young entrepreneurs and how to pursue their dreams.



*Mr. Glenison Toney addressing the students on project development ideas*

**Overview on emerging areas of the respective branches:** Heads of various branches of the institute along with assistance from faculty members of their department held sessions virtually for the students which aimed at informing student's different emerging areas in their field of study.

At the end of each day, students had to upload the reports of each session through Google forms.