

STUDENT INDUCTION PROGRAM 2021-22

Induction programs conducted includes Familiarization of the department, lectures on **Time Management, a session on Self-discipline, Self-confidence, Universal human values, Self & body, Relationships, Mental well-being, Fitness and wellness**, as well as sessions on Email etiquette, MOOCs, IPR, mental well-being, Lectures by Eminent Personalities, group activities, and Fitness and wellness activates.

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MITE believes that two main aspects leading to good education are, a supportive, nurturing environment, and exposure to growing technological innovations along with the right human values. Students making a transition from school to university/college come with diverse thoughts, backgrounds, preparations, and little knowledge about the new environment. MITE strives to work closely with the students to make them feel comfortable, allowing them to explore their interests in academic and non-academic activities, building a healthy competition that makes them excel in the field of their interest. A major initiative by AICTE is a three-week-long mandatory Induction program for new entrants offered right at the start of their new journey. The purpose of this program is to make the students feel comfortable in their new environment, open them up, set a healthy daily routine, inculcate in them the ethos and culture of the institution create bonding in the batch as well as between faculty and other students, develop awareness, sensitivity, and understanding of the self, people around them, society at large and nature.

For the academic year 2021-22, the program is scheduled to be conducted from 03-01-2022 to 12-01-2022. The Induction program served as a strong foundation for the first-year students for beginning their journey of four years. It began with the orientation program. The Principal Dr. M.S. Ganesha Prasad briefed the college and Mr. Rajesh Chouta, Chairman addressed the parents and their role in their wards' academic progress. This is followed by several activities on diversified topics to infuse young minds with creativity and enhance their professionalism. The programs conducted include Familiarization of the department, a Lecture on Time Management, a session on Self Discipline & Self Confidence, Universal human values: self & Body, Relationships, sessions on Email etiquette, MOOCs, IPR, mental well-being, Lectures by Eminent Personalities, group activities, and Fitness and wellness activates.

Orientation Program:



Orientation is important for the new entrants both for the place and the curriculum. MITE takes this task seriously and conducts the orientation program in small batches so that the program becomes effective and serves its purpose.

MITE inducted its latest batch of students of Engineering and organized an Orientation Program for the new entrants in four sessions on January 03th & 4th, 2022. Welcoming the new students Principal Dr. M S Ganesha Prasad gave a brief of the College and highlighted the achievements, and awards won by the students. He also mentioned the various Industry tie-ups that MITE has for providing education at par with global standards. The students were then, briefed about the rules and regulations of the Institute and the University norms, hostel norms, and the placement process at MITE.

Mr. Rajesh Chouta, Chairman, RET presided over the function. Mr. Chouta asked the parents to join hands with the college in moulding their wards as successful engineers by keeping in touch with the faculty members and the wards for the next four years. He further mentioned that, together with the parents and the College, we can bring success to each of the student's future. Followed by the orientation program various activities were conducted as part of the induction program as per AICTE and VTU guidelines, a brief of which is given below

Time Management:



There is nothing more precious than time”, time management refers to the way you plan and properly execute the time. This session is taken by Dr. Divakara Shetty S, Dean - Academics. Firstly he explained how to gain time and how to maintain it properly. He also discussed how to manage time by effective Planning, setting goals and objectives, use and misuse of time, setting deadlines, delegation of responsibilities, prioritizing activities as per their importance, and

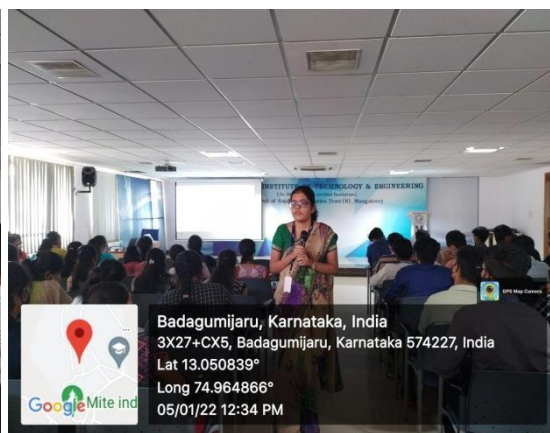
spending the right time on the right activity. He explained the role of time management in a succession of our life.

Awareness on Incubation:



The incubation centre is a place to cherish the young minds with start-up ideas. The facilitator, Mr. Swaroop G enlightened the students about the importance of incubating their ideas by giving examples of People like Mr. Ratan Tata. He briefed students about the support provided by MITE for start-ups in terms of funds and office space. If an idea can influence can help people or society then it becomes a successful start-up. Such ideas are supported and nurtured at the MITE Incubation centre.

Awareness on MOOCs:

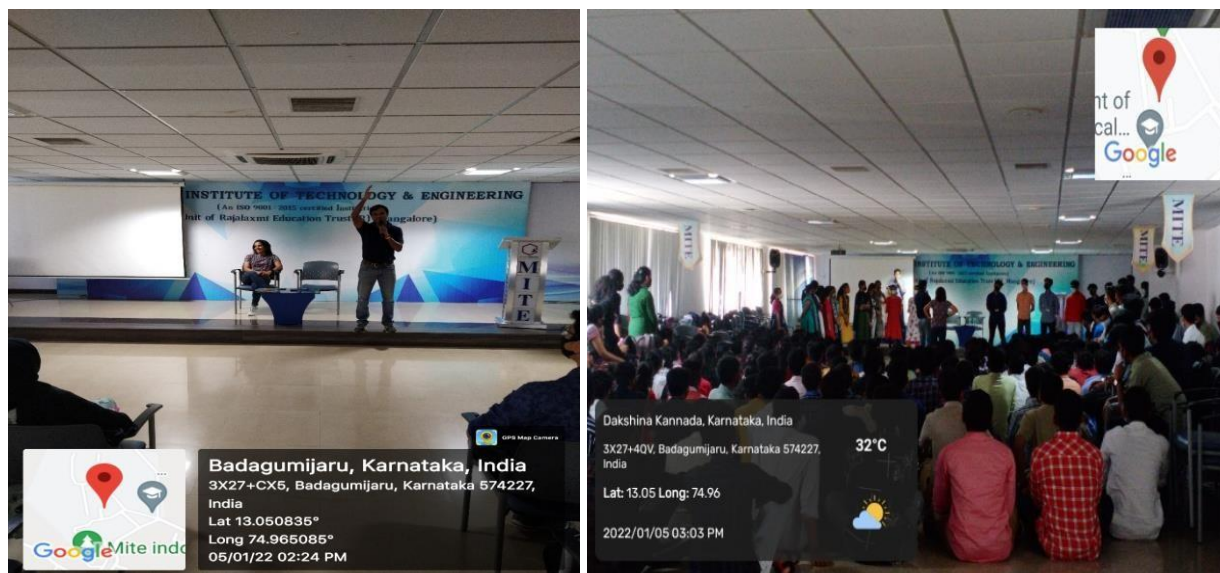


A detailed session on MOOCs was handled by Mrs. Swapna S. She educated the students about the meaning and purpose of MOOCs and how students can involve in such courses and

obtain additional knowledge. Various online platforms offering MOOCs were familiarized to the students and motivated them to involve to the maximum extent possible.

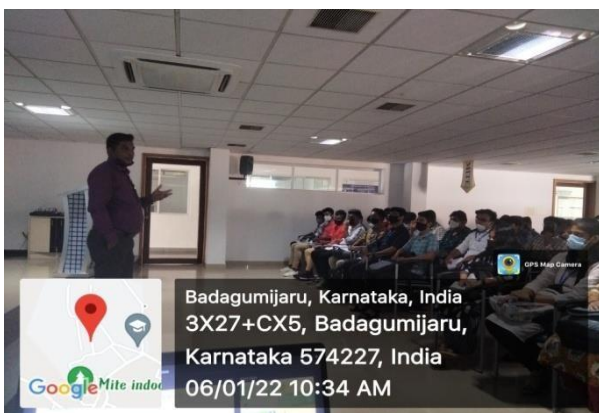
The talk spread light about the state engineering students can get an Honours degree along with their BE degree certificates. The VTU has decided to introduce BE honour degree starting in the 2020 Academic year. The honour degree would be an add-on degree for a student, From the fifth semester onwards, the student has to take up 18 additional credits course and at the of the term, the student will be eligible for both BE in respective branches along with BE honour. These could be acquired through MOOCs. After studying the course student take a proctored exam to get extra credits.

FITNESS & WELLNESS:



A session on Fitness & Wellness was handled by Mr. Murthy R K & Ms. Kasthuri Rao. Fitness is very important for good health, besides feeling better mentally, Exercising can help protect you from obesity, diabetes and high blood pressure and it can make you look younger and maintain the bone density improves the quality of your life and may keep you from getting sick. Fitness especially refers to physical health and the ability to complete physical tasks. Wellness on the other hand refers to the balance of the spectrum of health-related to the elements of one life. The session was very informative and effective.

ENVIRONMENTAL ISSUES AND CONSERVATION:



A talk on Environmental Issues and Conservation was delivered by Dr. Jayaprakash M C they give good knowledge on the topics and he mentioned Environment is a gift for all human beings on this earth. The earth is our environment to protect and the garden. We don't have a society that destroys the environment. The environment and the economy are two sides of the same coin if we cannot sustain the environment we cannot sustain ourselves.

There are many environmental issues like climate change, overpopulation global warming, the main reason for this is over the use of carbon dioxide needs to be controlled to reduce pollution we must always be a part of the solution not part of the pollution. Automobile pollution is due to the influence of the type of engine used age of the vehicle congested traffic, the poor road condition, and outdated technology.

Universal Human Values:

All human beings aspire to a happy, fulfilling life. For a human being, there are two important questions pertaining to this: What is my aspiration? And how to fulfill my aspiration. The purpose of education is to facilitate the development of clarity on the aspiration and adequate competence to actualize it.

For a fulfilling life, it is essential to understand what makes a human being happy, what is required to lead a fulfilling and successful life is – what is really valuable for a human being; what is our purpose as human beings.

The value of an entity is its participation in the larger order of which it is a part. The context is always the larger order. Value has to do with the participation of a unit in the larger order. The value or role of a human being is its participation in the larger order, i.e. the role in living with the other human being is to ensure the feeling of respect in the relationship and in turn every human being feels happy. This value is worth understanding, worth thinking about, and worth living. The value of human beings is to ensure mutual fulfillment in the larger order, i.e. in

the entire nature/existence, but starting from within themselves, then extending to their family and in society.

In order to enlighten the students about this aspect, Universal human Values sessions were planned during the Student Induction Program. The sessions were facilitated by the College UHV coordinators. Emphasis was given to explaining the role of education in exploring the basic human aspiration as well as the right understanding of self and body to find the perfect harmony between an individual, family, society, and, nature. Students were made to understand the importance of the sessions through the discussion on some motivating videos, and stories, and by conducting various activities.

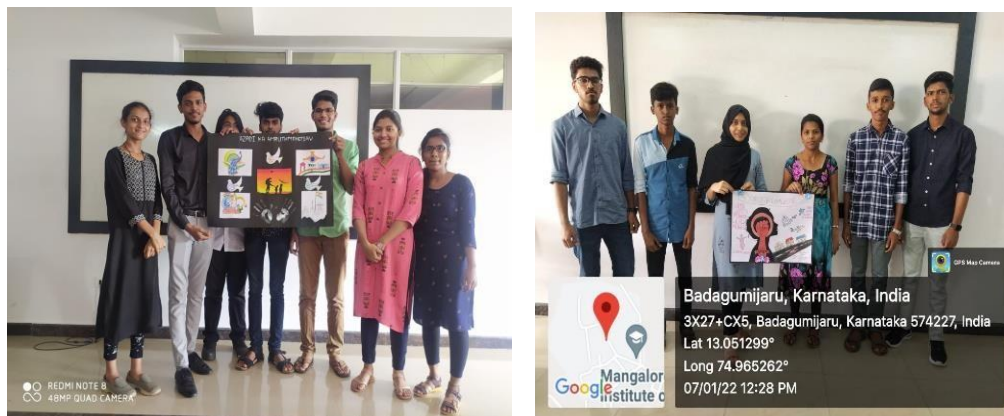


Personal & Academic Excellence: The eminent personality, Dr. Shikaripura Krishnamurthy explained the leadership qualities, creative mind, compromise, and competencies to reach the goal. He told the students to never let go of the child in them. He told students to question the existence of everything. He taught the students to use logical reasoning using group activities. He explained the secrets of success like honesty, intelligence, hard work, commitment, confidence, will-power, communication skill, self-respect, health and wealth,



Group Activity – Poster making:

As part of the induction program and to bring out the talents in students, poster making event was organized on a given theme. Different themes such as Azadi Ka Amruth Mahotsav, COVID-19, the Dark and Bright side of social media, Life of a working mother, Online Vs Offline Classes, Save girl child, Online Vs Offline classes, etc were given to students of different sections. The students participated very enthusiastically and came out with creative ideas to represent the given theme graphically. This activity provided an opportunity to know about their mate's talents and also to learn working in a group to achieve a given task.

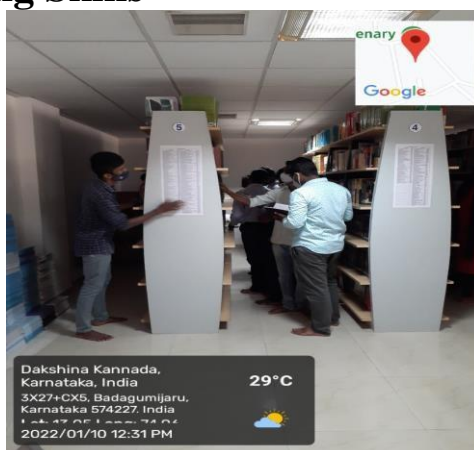


Sports & Games



Mr. Shamith Rao, Physical Education Director, and, Mr. Aveen K.P, Sports Co- coordinator briefed on the various sports activities available at MITE. The students were made familiar with the various opportunities in the realm of sports. Apart from instructing them about the rules and regulations for various sporting events, the provisional facilities for different games available at MITE were also discussed. The students were able to engage in sports activities on the college sports ground and were also given the rules and regulations related to sports

Importance of Reading Skills



A walkthrough of the institutional libraries was given by Mr. Santhosh Kumar, the Librarian. The students were instructed on the rules and regulations followed in the libraries. The facilities at their disposal such as the large volumes of available books and periodicals, the provision of a separate discussion room, assorted daily newspapers and magazine section, separate

e-journals, and internet facility as well as the borrowing system were thoroughly explained. Students were then taken to the separate boys and girls lounge where they have access to the latest magazines and newspapers.

Mental well-being for wholesome life



The resource person, Dr. Suphala Kotian very well differentiated between various parts of human health and highlighted the importance of the right thinking for mental well. She enlightened the students about health consciousness in every individual, and elucidated physical health, mental health, social health, psychological health, and spiritual health. Any unbalance in these components will disturb the entire health. Healthy living only comes out of a healthy lifestyle. So students were asked to have a healthy lifestyle.

Visit to Special Schools:



As a part of the induction program, the B.E. first-year students of the 2021-22 batch along with the members of staff visited two special schools, namely Spoorthi Special School, Moodbidri, and Vijetha Special School, Karkala.

Spoorthi special school and training centre is an institution under the Rejuvenate Child Foundation® Moodbidri. The school takes care of training about 65 children who are in need of extra care and training for their growth and development. The purpose of this institution is to find inspiration for those children and showcase their talents along with their empowerment.

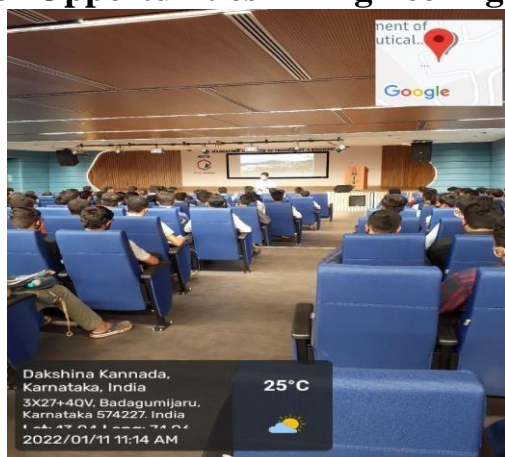
Vijetha special school and Vocational Training Centre under the management of Sri Guru Raghavendra Seva trust ® is established to realize the needs of mentally challenged children and to provide training for soft skill development. The school provides various types of training for about 85 students.

The visit was to enable our students to be sensitive towards these specially abled children and towards society at large. This visit created awareness in our students about their responsibility in responding to the less fortunate in society. This provided a strong message for well-intentioned people to come together and affect change.

Faculty members of these schools elaborated on the teaching-training methods used and the reality of working with these specially-abled children.

MITE students interacted with the students of the schools which made the children feel happy. Some fun games were conducted and sweets/fruits were distributed. The students of the school and MITE students joined for dance at the end of the visit. The management of Special Schools appreciated the effort made by MITE students.

Career Opportunities in Engineering



Engineers have shaped our world. Engineers satisfy both themselves and humanity. Engineering careers are very secure concerning compensation. The session was handled by Mr.

Narendra U P, who explained to the students about engineering student life and life after completion of engineering, also the various career options for an engineering graduate. He illustrated the ABCDE Mantras with examples to achieve success in an individual's life. The difference between being an employee and an entrepreneur was detailed to the students. He said that engineers should have problem-solving abilities, stress about ideas and self-motivation. With the motto of 'Where stones turn into diamonds', MITE believes that the personality and mindset development of students in increments could serve them well while facing interviews and moreover turn them into effective professionals.

Familiarization of Departments:



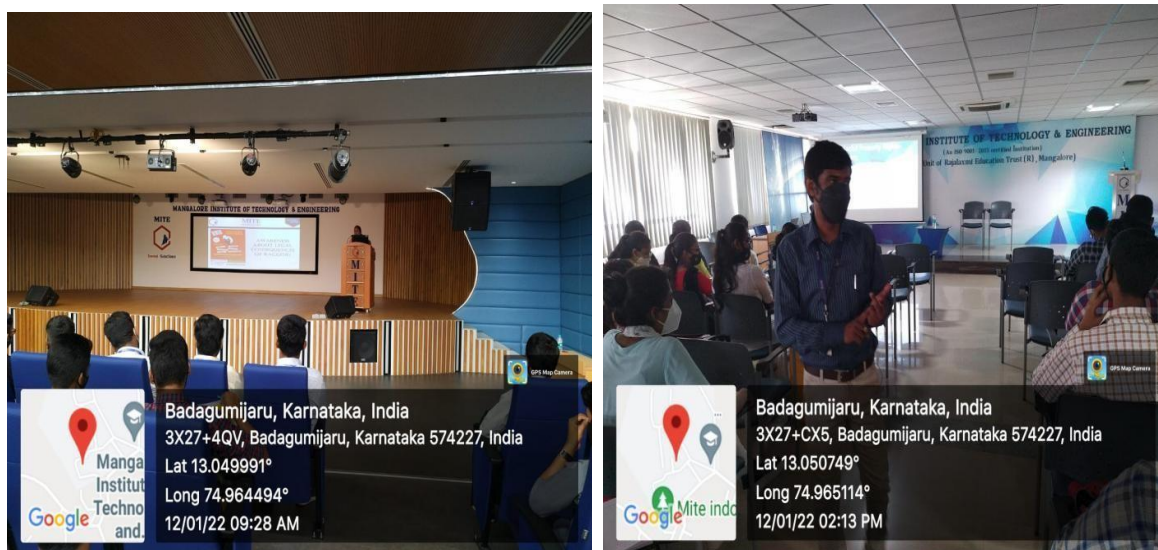
The students need to understand their roles as Engineers of Tomorrow and their contributions to the betterment of the entire society. MITE believes that students should be educated about what is expected of them as future engineers thus inculcating a sense of motivation driven by them. Students were segregated based on their stream of departments. They were accompanied by coordinators of their respective departments. Students have familiarized themselves with laboratories' location and their use in various fields. They were taken specifically inside the labs to visualize the equipment and its operational methods with uses in respective fields of engineering. During this time faculties interacted with the students

Awareness on Anti-ragging:



The Anti-ragging Awareness Programme aimed at making students aware of the laws of the country with respect to ragging and how it affects the lives of people victimized by it. The speaker, Dr. Jyothi S started her talk by asking why is ragging banned and narrated a few incidents. She explained the legal consequences of ragging.

Awareness on IPR:



The session on Awareness on IPR was handled by Mr. Ramalingam. IPR stands for intellectual property rights. It refers to the legal rights given to the inventor or creator to protect his invention or creation for a certain period. Also mentioned about the types of rights, the copyright, Industrial property, geographic indication and many other are that include patents, trademarks, etc.

Self-Confidence and Self Discipline:



Students were enlightened by Dr. Ganesh Mogaveer and Prof Jayadev Prasad on self-confidence and self-discipline. Self-confidence is the key to success Discipline means taking possession of your mind. Discipline is the bridge between goals and accomplishment. Self Discipline creates greater tomorrow. Self Disciplined people are more successful and happier in life. They also explained the importance of self Confidence, and what peer pressures may lead to because of a lack of confidence.

Students were constantly monitored and encouraged to involve in all sessions actively. A total of 590 students attended the various sessions during SIP- 2021-22. The feedback of each session is collected through google forms. They were also asked to write a brief report on the session at the end of each day.

Section

A

Roll No.

A20

MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING

An ISO 9001:2015 Certified Institution, Accredited by NAAC

(A Unit of Rajalaxmi Education Trust[®])

Badaga Mijar, Moodabidri - 574 225, Karnataka



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Branch : CS

Institute Seat Number : 2021BECS.117

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Year : 2021-21

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Title: Intellectual Property Rights (IPRs)

Name of the facilitator: H.M. Ramalingam.

Intellectual Property Rights refers to the bundle of legal rights granted with the aim to protect the creations of the intellect of either an individual or a group or an organization individually or collectively.

Intellectual property is divided into two broad classes: Industrial Property and Copyright. Industrial property includes patents, trademarks, industrial designs, and geographical indications; whereas copyright includes literary works, films, music, artistic works and architectural design & rights related to the same inclusive of rights of performers, artists, producers, & broadcasters.

Copyright: Copyright refers to the rights granted to creators, authors, artists, and composers for their 'original' creative works or to performers, artists, and broadcasters for related rights. Like patent laws, copyright is also a monopolistic right. Copyright gives exclusive right to sell, publish & reproduce, any literary, musical, dramatic, artistic or architectural work created by the author.

Patent: A patent is an exclusive right granted to the inventor, to exclude others from using his invention in any manner without his permission. It is pertinent to note that this invention can either be a product or a process, that encompasses a novel or innovative solution & that the same is industrially applicable. Since the rights are granted only to the registrant, they create a monopoly for him over the subject matter of the patent in the country their patent gets granted in. Once the patent is registered, it is valid for a period of 20 years. On the expiry of the period of registration of a patent, its exclusivity is terminated & the invention enters into the public domain. Thereafter, the invention can be commercially exploited by any person without requiring permission or authority from the patent holder.

Trademark: A trademark is a distinctive sign which helps the consumers in identifying the source of particular goods or services. It can be in the form of text, word, numeral, phrase, symbol, design, signature, smell, shape, colour, sound, packaging, texture or combination of any of these elements.

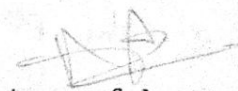
Trade secret: Trade secrets are an important aspect of IPR law. As the name suggests, it refers to the secret of a business, which helps it gain an economic advantage over others. In case the trade secret is leaked, the business may suffer numerous losses & irreparable damage to reputation. Trade secrets can be in the form of confidential information, data, formula, composition, process, design, method or compilation or combination of one or more, which should remain with the business alone.

Geographical indication: A geographical indication is a sign used on products that have a specific geographical origin & possess qualities or a reputation that are due to that origin. In order to function as a geographical indication, a sign must identify a product as originating in a given place.

Industrial design: Industrial design rights are intellectual property rights that make exclusive the visual design of objects that are not purely utilitarian. A design patent would also be considered under this category. An industrial design consists of the creation of a shape, configuration or composition of pattern or colour, or combination of pattern and colour in three-dimensional form containing aesthetic value. An industrial design can be two or three-dimensional pattern used to produce a product, industrial commodity or handicraft.

Thus we conclude that Intellectual Property Rights (IPRs) is a right granted to us for the protection of our intellectual work, innovative ideas and creative designs. It provides confidence to the innovator that his work will never get stolen by anyone else.

Evaluation Grade


Signature of the Evaluator

Title: Awareness on Anti-Ragging

Name of the facilitator: Dr. Jyothi S

Ragging is a disturbing reality in the higher education system of our country. Despite the fact that over the years ragging has claimed hundreds of innocent lives and has ruined careers of thousands of bright students, the practice is still perceived by many as a way of 'familiarization' & an 'initiation into the real world' for young college-going students. Ragging is a subset of bullying. Unlike various complex forms of bullying, ragging is easily recognisable.

Ragging has amplified its intensity from colleges and universities to civilization level. There are number of fundamental individual rights which provide a human to live serenely, healthy devoid of any unnecessary disturbances and divergent to that, ragging, violates these constitutional rights from the very start and thus, putting difficulty on capabilities of Law & also on the power of human dignity. This paper will be dealing with the normal ragging issues & the ~~new~~ method of eradicating the practice of ragging within an institution. The objective of this paper is to understand the problems of ragging in India, legal approaches for prevention, how to save yourself from any sort of ragging practitioners.

Ragging in India is destructive method of communication of the seniors in universities or colleges with their juniors or freshers. It involves insults, which can be similar to sexual, sarcastic or even physical abuse, running tasks for seniors, & many other difficult activities. Ragging is now defined as the act which violates or individual's dignity & his/her self respect. Ragging or bullying is a conventional exercise of humiliation & rights of a human, abuse which is taking place in colleges, universities & all across the world.³

The government of India has started an online helpline which helps the victim to register their complaint online on the UGC website. The registered complaints are then dealt along. Still the problem of ragging in an educational institution exists as the students still tend to abuse another student through verbal, physical torture. This leads to the victim to mentally traumatized which can also lead to the death of the victim. There have been a lot of cases where the victim is left with very serious injuries or with them attempting to suicide & many succeeding it as well.

Ragging is a problem of the students & by the students; and therefore, the solution to it also lies with the students. With ragging becoming rampant in colleges, it is about time that the student community awakens its conscience to this inhuman practice before more & more innocent students become victims of it & before more & more educational institutions are degraded by it.

Title: Environmental Issues and Conservation.

Name of the facilitator: Dr. Jayaprakash M.C.

Environmental issues are harmful effects of human activity on the biophysical environment. Environmental protection is a practice of protecting the natural environment on the individual, organizational or governmental levels, for the benefit of both the environment & humans. Environmentalism, a social & environmental movement, addresses environmental issues through advocacy, education and activism.

The carbon dioxide equivalent of greenhouse gases in the atmosphere has already exceeded 400 parts per million. Earth's greenhouse gases trap heat in the atmosphere & warm the planet. The main gases responsible for the greenhouse effect include carbon dioxide, methane, nitrous oxide, & water vapour, & fluorinated gases.

By trapping heat from the sun, greenhouse gases have kept Earth's climate habitable for humans & millions of other species. But those gases are now out of balance & threaten to change drastically which living things can survive on this planet - and where.

Atmospheric levels of carbon dioxide - the most dangerous & prevalent greenhouse gas - are at the highest levels ever recorded. Greenhouse gas levels are so high primarily because humans have released them into the air by burning fossil fuels. The gases absorb solar energy and keep heat close to Earth's surface, rather than letting it escape into space. That trapping of heat is known as the greenhouse effect.

Increasing temperatures caused by climate change will make the water of the oceans expand; ice melting in the Antarctic and Greenland will also contribute to the sea level. Greater sea levels will threaten the low-lying coastal areas, millions of areas of land will be at danger from flooding, causing people to leave their homes. Low

lying areas in cities will be hugely affected by the rising sea.

Changes in weather will affect many crops grown around world. Crops such as wheat & rice grow well in high temperatures, while plants such as maize & sugarcane prefer cooler climates. Changes in rainfall patterns will also affect how well plants & crops grow. The effect of a change in the weather on plant growth may lead to some countries not having enough food.

We have only one planet on which we live. The planet is full of resources, some renewable and some not, but unfortunately, we have an ever-growing population that poses a huge threat to all these resources. It is therefore unclear what future generation will find, if ever, and what life will be like for them if we exploit all the current resources.

We know that certain environmental conditions like air, water & food are essential for man's survival apart from their availability. Their quality & quantity must be assured according to man's natural & acquired capacity for sustenance. Progress in industrialization has brought environmental hazards such as air, water & noise pollution. These have caused many health problems & disease. As it has been said - 'We don't inherit the environment from our forefathers, we borrow it from future generation. It is the responsibility of everyone to protect our environment. Let us fulfill our responsibilities in environmental protection, creating a quality ecological environment & sharing wonderful green living together.'

Evaluation Grade

Signature of the Evaluator

Title: Basic Human Aspiration

Name of the facilitator: Dr. Anthoni Praveen.

There are two basic aspirations of every human being - continuous happiness and prosperity. These are the bases of all our desires & the efforts that go towards achieving them.


Happiness: It's a process of assemble circumstances which make a person feel happy. There is a set of state of mind which we are able to accept naturally. Such as trust, respect, loyalty being confident about your future etc. It is a continuous process and these feeling always continue is ourselves. We find these that are the situations when we are in harmony & these feeling are a replication of that harmony. So the state of happiness is the state/situation in which I live if there is coherence/collaboration in it then I like to be in that state or situation.

On the other hand when we experience feeling such as failure, disrespect, lack of confidence, being doubtful in ourselves or about other, we feel unhappy as they are states of conflict. These are the states when there is lack of harmony either within us, or b/w us & others. So the state of unhappiness is - the state/situation in which I live, if there is conflict/contradiction in it then I do not like to be in that state or situation.

Prosperity: The material things or what we say physical facilities is related to prosperity. It is conception that to acquire more physical facilities are prosperity. One thing can be clearly stated that we can be prosperous only if there is a limit to the physical facilities. If there is no limit what so ever be the availability in us. The feeling of prosperity can't be assured.

Secondly just assessing the need is not enough. We need to be able to produce or make available more than the need. Suppose, a person has a lot of money, but does not want to share even a bit of it. The person has wealth but feels deprived similarly a person who not have a lot of wealth may welcome you & ask you to stay back for a few days & help you out. This is an indication of feeling prosperity. So, wealth is a physical thing. It means having money or having a lot of physical facilities or both. Prosperity is a feeling of having more than required physical facilities. It is not just physical facilities.

Evaluation Grade


Signature of the Evaluator

Title: Self Discipline

Name of the facilitator: Prof. Jayadv Prasad.

Self discipline means self-control, which gives you inner strength and a way to control yourself, actions, and a way to control your reactions. It is one of the most important and useful skills to achieve success & everyone should possess this quality. Self-discipline comes naturally to some people. And some people can achieve it with some efforts. The effort made is worth it as it change life for the better. It just means exercising self-control. A person who stays in control has the ability to take charge of his/her actions & reactions.

Self-Discipline does not necessarily mean to live a controlled or restrictive lifestyle, but to have control over oneself. It gives a person the power to make the right decisions, despite temptations and achieve goals. Furthermore, the skill manifests as inner strength leading to strong willpower & overcoming procrastination, laziness, addictions, and overeating.

The possession of Self-Discipline enables an individual to choose the right decisions, and maintain their thoughts, behaviour, and actions, to attain success and improvement. Every person needs to possess the skill of self-discipline. Self-Discipline strengthens those who acknowledge it & get only a few more efforts to develop it.

Self-Discipline helps you to overcome the bad habits by meditating regularly. It gives you the ability by meditating not to give up after failure & setbacks, develop self-control, provide the ability to resist distractions, help you to motivate

yourself until you accomplish your goals.

Achieving self-discipline may be difficult but in order to lead a healthy personal and professional life, it is very important. A self-disciplined person makes optimum use of the time. Hence, he can achieve more and do more work as compared to a person who is not self-disciplined. He should, therefore, make some efforts to achieve it.

Evaluation Grade

Signature of the Evaluator

Title: Fitness and wellness

Name of the facilitator: Mr. Murthy RK & Ms Kasthuri Rao.

While fitness refers to physical strength, wellness is the state of having a healthy mind and body. In other words, while the former refers to physical well-being, the latter refers to an overall state of being healthy.

The idea of wellness is a broader term that entails various aspects of health, while fitness focuses primarily on physical health. An individual's lifestyle choices in terms of physical, mental, emotional, financial, sexual, social, psychological, environmental & spiritual aspects influence their wellness or overall well-being.

When we talk about a person's wellness, we refer to a state of complete well being, where it is vital for them to stay far from any kind of ailments. In order for someone to lead a healthy lifestyle, it is important for them to consider their daily routine, which should be healthy to keep their mind & their body at par with each other.

Fitness and wellness are extremely opposite condition of a human being. Being fit is something related to physical body & being wellness is something related to mind & soul. If a person is fit enough & not having source of wellness, then its not fair him to be happy. He can't enjoy his fitness. But if a person is well enough, without fit also he can enjoy everything and can be stay in piece of mind.


We should respect the body God has given us & take care of it in a good manner. We must not neglect ourselves. It is important to

understand that we pay attention to the health & fitness levels of our body. Otherwise, although we may want to do something but our body may not support us. Hence we may not be able to achieve our goals in life.

It is not necessary to be an athlete to have a good body. Every person in the world needs to have a healthy & fit body so as to stay away from disease & have a long & healthy life. Moreover, we must remember our importance for our families & society. If we suffer from disease, our family members also get troubled. It affects their health & fitness as well.

The only way to have a healthy & fitness is to ensure the proper fitness levels of our body. That is why even in schools so much of importance is given to the health & fitness levels of students. If we keep our body fit, we can enjoy life in a better manner.

Evaluation Grade


Signature of the Evaluator

Title: Personal & Academic Excellence

Name of the facilitator: Dr S Krishnamurthy.

In this era of globalization, a good education is very important for each and everyone of us in order to have a better and successful life in the future. Students in school & college have always been reminded to strive for excellence in their academic so that they can graduate with flying colours & can easily get a better job compare to those who did not did well in their academic.

First of all, a person with high education can easily decide what they want in their life compare to the person with low education because how educated we are influence the decision making in our life. Being well educated too gives us the advantage to choose a good career because through our education we can identify our own capabilities & what we are really good at.

Academic achievement is commonly measured through examinations or continuous assessments but there is no general agreement on how it is best evaluated or which aspects are most important - procedural knowledge such as skills or declarative knowledge such as facts. Furthermore, there are inconclusive results over which individual factors successfully predict academic performance, elements such as test anxiety, environment, motivation, & emotions require consideration when developing models of school achievement. Now, schools are receiving money based on its students academic achievements. A school with more academic achievements would receive more money than school with less achievements.

In conclusion, I do agree that education is essential for a successful life because not only education can influence us to make better decisions regarding our life but it also can provide us to get a better career & money in the

Evaluative Grade

Signature of the Student

Title: Local Visit

Name of the facilitator: Vijetha Special School Karkala.

In the afternoon, at 1:30pm we started our journey towards Vijetha Special School, Karkala in our school bus. After reaching there. It was a new experience for me. There were 40-50 students who were unable to talk, walk, listen & with mental retardations. They were very happy by seeing us there. But some students didn't know what was going on. I was very happy & surprised by talents of students.


Program started with a prayer, which was sung by a group of students of special school. Head of the special school explained us about the school, mental retardations of students & the problems faced by them during the pandemic. Though she faced so many problems, she never gave up. Being women, she takes care of the students with lots of love & care. To look after the students is a very difficult task as they require lot of patience. There were about ten staffs & they were very cooperative with the students.

I was amazed by knowing the talents of students. Cultural program was held where students showed their talents. One of student of special school danced gracefully and the other students sang a song & said shlokha & entertained us. Head of the special school said that last year three of the students passed SSLC exam & even this year some of the students of special school are appearing for SSLC exams. Most of the students have won many trophies in sports, singing & dancing. I was really surprised by knowing that some of the students were national level players. Students also had talents of preparing medals, mementos. They also prepared some of the household cleaning liquids which they sell & the money received from it will be used to take care students.

Even though we had less time to spend with them, they gave us more joy. At last students of our college was asked to join with them for dance & everyone joined happily.

This session really motivated us. It also teaches a lesson for our life. This special school was built with passion & love for the children with special needs. There is much to learn by these special school students. In spite of having some limitations, they never gave up. Their talents inspire us a lot. I wish that their talents should be recognized & supported.

Evaluation Grade


Signature of the Evaluator

Title: Career Opportunities in Engineering.

Name of the facilitator: Mr Narendra U P

The discipline that applies scientific principles to design, develop and operate structures, machines, apparatus, and other things like roads, bridges, vehicles, buildings, etc is engineering.

The job of an engineer itself is a creative job. In having the basic skills and experiences in maths & science, an engineer is basically an inventor. They are given a problem and are depended on to come up with a solution. Whether it be a new chemical, a mechanical part, or even a whole new system such as computer operating program, engineers are the problem solvers of our materialistic society.

Engineers can do work in any field if he/she has a mindset to work. Engineers earn basically the same amount as ~~that~~ any profession with no university degree required. Engineer is not a trademark, like a plumber. So anyone can work as an engineer. As an engineer you are totally dependent on a handful of employers, not good for future income boosts.

So if you have the mental capacity and flexibility to become something else than an engineer, do something else instead, you would manage any other study with ease. If you necessarily want to study engineering because you are interested in it, go get a technical hobby instead, build a drone, get drunk, ask a friend to hit you in the head with a baseball bat. Engineering is just a degree, we should have something apart from that which we call it as creativity, knowledge, & skills.

Title: Mental Well Being For Wholesome Life.

Name of the facilitator: Dr Saphala Kotian.

Mental health is essential to our overall well-being & as important as physical health. When we feel mentally well, we can work productively, enjoy our free time, and contribute actively to our communities.

In cases of mental distress, the first step is to talk to someone you trust. If you feel you need it, seek help from a professional.

There are lots of things we can do to look after our mental health while at home for long periods and to help others who may need extra support.

Importantly, good mental wellbeing is not the absence of negative thoughts and feeling. We all face difficult & challenging situations that cause us to feel angry, sad, overwhelmed and ~~em~~ everything in-between. Instead, it's about being able to understand & manage those feelings, so that generally you're able to:

- feel confident in yourself.
- build and maintain positive relationships
- have a sense of purpose
- cope with the normal stresses of day-to-day life.
- manage when things change.

Our mental well being is often affected by big life events that we have little or no control over such as bereavement, illness or redundancy. In these situations, it's about habits - that will determine the impact on our mental wellbeing.

Health and wellbeing is an essential part of the curriculum & schools play a vital role in the promotion of positive mental & physical health in children. Good mental health in childhood provides a foundation for positive mental health & wellbeing, now & into the future.

Evaluation Grade

Signature of the Evaluator

Title: Group Activity.

Name of the facilitator: Dr. Anthoni Praveen and Ms. Anusha Jain.

We were given a theme of 'Azadi Ka Amruth Mahotsav'.

The whole country celebrating the 75th anniversary of independence programme with the name of 'Azadi Ka Amruth Mahotsav' are being organised to celebrate & commemorate 75 years of progressive independent India. Azadi Ka Amruth Mahotsav is on initiation of the Government of India to celebrate and commemorate 75 years of progressive independent India. Through azadi ka amruth mahotsav India is celebrating the glorious history of its people, and achievement. It is on embodiment of all that is progressive about India's socio-cultural, political and economic identity.

During group activity, everyone helped each other in making the poster and it was success. It was really amazing to work with other students as a team & giving all of our efforts on it. It was really fun. We got to know our classmates well. It was a nice opportunity for us to make bonding with our new classmates.

Title: Awareness on Incubation

Name of the facilitator: Mr. Swaroop

Incubation centre is the institution that assists entrepreneurs in developing their business and solving problems associated with it, especially in the initial stages, by providing an array of business and technical services, initial seed funds, lab facilities, advisory, network and linkages. Like a body is nurtured, incubation centres provide facilities to nurture young firms during their early months or years of growth. Further, this collaborative program designed helps new startups to succeed.

This session was facilitated by Mr. Swaroop sir who is HOD of incubation centre of our college. This session develops some skills of the students by asking them work on a project so that both society & the students get advantages. These centres support students to bring up their ideas and start up their business.

The primary role of an incubator, is to help nascent companies by providing resources, access to industry mentors, interactions with other entrepreneurs & perhaps most importantly, patient capital, to get through the survival stage. At incubation centre the mentor does deep & detailed research on the business you are planning to start then comes up with some effective strategies which can be helpful in that along with different challenges which will come your way along with the potential solutions for the same.

Our college also has an incubation centre which was found by the government of Karnataka. Here, students get an opportunity to express their ideas, thoughts & innovations. And then, they can work on their ideas to fulfil their dreams. They encourage students to work on their ideas. Government of Karnataka provides funds for the projects. Around ten projects are selected every year from our college.

The term startup refers to a company in the first stages of operations. Startups are founded by one or more entrepreneurs who want to develop a product or service for which they believe there is a demand. Meesho, Nykaa, Udaan, Pharmeasy, Ola, Uber are some of the best startup companies.

This was very good & helpful session. We got to know about the incubation centre at our college. If any of the students are planning to get started on their journey of becoming an entrepreneur, then they can definitely make a use of these incubation centres.

Evaluation Grade

Signature of the Evaluator

Title: Harmony in Human Being - Self & Body.

Name of the facilitator: Dr. Vineetha T D'souza.

Understanding Human being as co-existence of self (I) & Body.
Basic human aspiration are continuous happiness & prosperity.
Happiness is to be in harmony.

Program for fulfilment of human aspiration.

Understanding harmony and living in harmony at all levels

- Harmony in the human being-self & body.
- Harmony in the family.
- Harmony in the society.
- Harmony in the nature/existence

Human being is a co-existence of self & body

Self is consciousness. Its needs are feelings in consciousness (like happiness) & these needs are fulfilled by activity of consciousness, i.e., Right Understanding & Right feeling.

Body is material. Its needs are material (like food) & these are fulfilled by materials i.e. Physio chemical things.

The needs of consciousness can not be fulfilled by material. The needs of material can not be fulfilled by consciousness alone.

The recognition & fulfillment of the body is definite. The recognition & fulfillment in the self is on the basis of knowing, assuming.

- If the assumption is based on knowing, the assumption is right & the recognition & fulfillment is correct → definite conduct
- If the assumption is without knowing, the assumption may or may not be right, so the recognition & fulfillment is uncertain → indefinite conduct.

Title: Familiarization of Departments

Name of the facilitator:

Computer technology has made the world better, faster and more connected. Computer science has impacted all the areas like scientific research, health care, banking, transport, communication etc. As we live in digital age, most of the industries & companies rely on digital data & computer software. Computer science & engineering students learn the skill like problems solving, analytical, programming etc which are necessary to fulfil the current needs of the society.


The department of computer science and engineering is one of the pioneer departments established at MITE in the year 2007 with an intake of 60 & current intake is 180. The department houses VTU recognized research centre established in the year 2013.

The department has best facilities, infrastructure & well qualified & experienced faculty members that aids in the overall development of the students. The department has well equipped & spacious laboratories.

The department follows high quality process in grooming students to be industry ready & also for the overall development of students by encouraging them to participate in curricular, co-curricular & extra curricular activities. The department also motivates the students to involve in research by providing opportunities to work at in-house incubation centre. The UG program of the department is accredited by NBA for 2 consecutive terms in the year 2017 & 2020 for 3 years each.

The computer laboratories at MITE has excellent, state-of-the-art infrastructure.

Evaluation Grade


Signature of the Evaluator

C-Programming Lab: This lab is exclusively meant for first year students to conduct lab experiments using C language.

Web Programming Lab: The students conduct experiment in web technology & carry out projects during their study.

Database Application Lab: Students conduct database related experiments & computer graphics related experiments, also carry out mini projects.

Computer Network Lab/Project Lab: Students use this lab to conduct network related experiments and also for carry out projects.

System software Lab/Machine Learning Lab: Machine learning related experiments are conducted in this lab. The students carry out UNIX, YACC & operation systems related experiments.

Data structure lab: The students use this lab to conduct data structure & algorithms related experiments.

Students Achievements: Ms Shwetha Nayak has secured 9th place in VTU examination held during 2015. Project titled 'Generation of photo realistic images using GAN & SPADE' has won Best Project of year 2020 in 43rd KSCST SPP-2019-20. First Prize won in National level virtual FOSS PROJECT competition - FOSSPC 2020

Evaluation Grade

Signature of the Evaluator

Title: Harmony in the Family.

Name of the facilitator: Mrs Rishma M George.

Family is the basic unit of all interaction. Each of us is born into a family which includes a number of relationships. These relationships are the reality of our life. We recognize & identify these individuals. We share our feelings, tastes, interests & understanding with these people & have an affinity for them.

Relationship is and it exists b/w the self (I_1) & the other self (I_2). In a family, we do not create relationships. Instead we are embedded into relationships that are already there & all that we need to do is to recognize them & understand them.

There are feelings in relationships - in one self (I_1) for other self (I_2). In any relationship, it is the person's self (I_1) that is related to the other person's self (I_2). These feelings can be recognized & they are definite. Recognizing & fulfilling these feelings lead to mutual happiness in a relationship.


Feelings in relationships are:

1. Trust (foundation value): To be assured that each human being inherently wants oneself & the other to be happy & prosperous.
2. Respect: means right evaluation. If the evaluation is not rightly done, it leads to disrespect.
Over evaluation - to evaluate for more than what it is.
Under evaluation - to evaluate for less than what it is.
Otherwise evaluation - to evaluate for other than what it is.
3. Affection: Affection is the feeling of being related to each other.
4. Care: The feeling of care is the feeling to nurture & protect the body of our relative.
5. Guidance: Feeling of ensuring right understanding and feelings in the other (my relative) is called guidance. Or in other words, it is the feeling of responsibility towards the self of my relative.

6. Reverence: The feeling of acceptance of excellence in the other is called as reverence.
7. Glory: Is the feeling for someone who has made efforts for excellence.
8. Gratitude: Is the feeling of acceptance for those who have made efforts for my excellence.
9. Love: Is feeling of being related to all. It is the emotion of strong affection and personal attachment. This feeling or value is also called the complete value.

The above mentioned feelings are the core of all the relations. One has to follow all to gain on the ~~body~~ day to day problems. These values are intrinsic & available in every person. We need to find out in ourselves & implement. Without implementation, one cannot think of a strong family relation.

Evaluation Grade


Signature of the Evaluator

Title: Time Management

Name of the facilitator: Dr. Divakar Shetty

In our daily life, we have got only twenty-four hours in a day. Therefore we cannot do everything in one day. This creates limitations in our everyday work. In order to manage work, social life & sleep, division of time is important. In particular way division of time is the need. This will help the person to complete all his tasks.

Introduction:

- Managing time well & doing the right thing at the right time
- It is an art of managing time
- Making the best use of time as the time is always limited.
- Ability to use one's time effectively.
- It's nothing but a common sense.
- It enables individual to prioritize the tasks.
- Improve career opportunities by submitting high quality of work.

Basics of time management:

- Plan ahead
- Prioritize tasks
- Eliminate distractions.
- Avoid multitasking
- Reward yourself for good work.

Symptoms of poor time management:

- Lack of punctuality & discipline
- Rushing
- Impatience
- Poor defined goals
- Procrastination.
- Poor performance
- Lack of energy
- Indecisiveness
- Saying yes to everything.

Title:

Name of the facilitator:

Importance of time management:

- One becomes more organized & focused & procrastinates less.
- It enables individuals to prioritize the tasks.
- It increases the quality of work.
- Improve career opportunity by submitting high quality of work.
- It avoids friction & problems.
- It improves your professional reputation.
- You can deliver the work on time.
- It reduces stress & anxiety level.

Time management is an important skill that needs to be learned & mastered in order to have a better academic performance. By managing your time well, you will no longer suffer from stress & your work will be done on time with a great quality. What we gain from time management is not more time, but a better life. Poor time management impacts every area of one's life i.e. from work to relationship.


Title : Awareness on MOOCs

Name of the facilitator : Mrs Swapna S

Massive open online courses, or MOOCs, are online courses that allow participants free access and unrestricted participation to any course of their choice.

MOOC platforms are being used globally for offering online course and India is no exception. There are various MOOC platforms that are being used in India for offering the courses, such as NPTEL, mookit, IITBX & SWAYAM. Except the NPTEL, there are new platforms having history of hardly 4 to 5 years, while SWAYAM is launched very recently. Therefore to set up a ground for understanding including theoretical as well as technical aspects, a discussion is provided about each of these platforms with their features. Also while using these platforms it is needed to understand their current state, popularity among learners, use of social media for referring, searched etc, & several other parameters or features. For the purpose a comparative analysis is provided for these platforms using web analysis considering several parameters as mentioned. Furthermore, there are some issues that are faced while implementing MOOC in India. These challenges are mentioned here, some of these issues are already addressed by SWAYAM, which is the most recent platform.

Evaluation Grade


Signature of the Evaluator