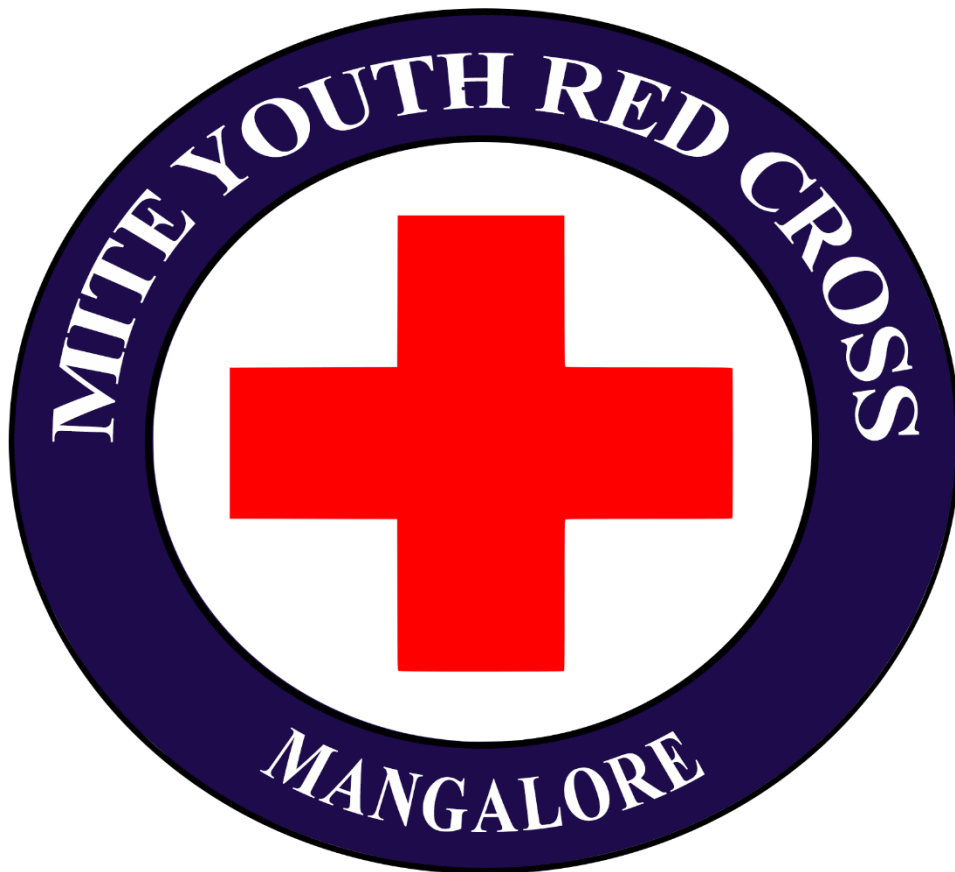


MITÉ

YOUTH RED CROSS



ACTIVITIES REPORT - 2022-23

YOUTH RED CROSS, MITE

ANNUAL REPORT 2022-23

YOUTH RED CROSS – STEERING COMMITTEE

22.08.2022

The following are the members of the Youth Red Cross steering committee for the Academic year 2022-23:

Role	Name and Designation
Chairperson	Dr.M. S. Ganesha Prasad, Principal
Program Officer and Convenor	Prof. Jayadeva Peasad, HOD and Professor, Department of Business Administration
Members	Ms Swapna S A, Assistant Professor, Department of Civil Engineering
	Mr. Shankar Shenoy, Assistant Professor, Department of Mechanical Engineering
	Mr. Vishwaretha, Assistant Professor, Department of Aeronautical Engineering
	Mr. Ranjith H D, Assistant Professor, Department of Electronics and Communication Engineering
	Ms. Divyashree S, Assistant Professor, Department of Information Science and Engineering
	Kiran Kumar M V, Assistant Professor, Department of Mechatronics Engineering
	Mr. Pradeep Kumar, Senior Assistant Professor, Department of Business Administration
	Mr. Santhosh Prabhakar, Senior Assistant Professor, Department of AI & ML
	Mr Guruprasad, Assistant Professor, Department of Computer Science Engineering
	Mr. Sandeep Seetharam Naik, Assistant Professor, Department of CSE (IOT)
	Dr. Antony Praveen, Physics Cycle, Department of Basic Sciences.
	Mr. Guru Prasad A M, Chemistry Cycle, Department of Basic Sciences

Dr. M. S. Ganesha Prasad)/Principal

YOUTH RED CROSS – STEERING COMMITTEE

24.03.2023

The following are the members of the Youth Red Cross steering committee for the Academic year 2022-23:

Role	Name and Designation
Chairperson	Dr. Prashanth C M, Principal
Program Officer and Convenor	Prof. Jayadeva Peasad, HOD and Professor, Department of Business Administration
Members	Ms Swapna S A, Assistant Professor, Department of Civil Engineering
	Mr. Shankar Shenoy, Assistant Professor, Department of Mechanical Engineering
	Mr. Vishwaretha, Assistant Professor, Department of Aeronautical Engineering
	Mr. Ranjith H D, Assistant Professor, Department of Electronics and Communication Engineering
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	Mr. Santhosh Prabhakar, Senior Assistant Professor, Department of AI & ML
	Mr Guruprasad, Assistant Professor, Department of Computer Science Engineering
	Mr. Sandeep Seetharam Naik, Assistant Professor, Department of CSE (IOT)
	Dr. Antony Praveen, Physics Cycle, Department of Basic Sciences.
	Mr. Guru Prasad A M, Chemistry Cycle, Department of Basic Sciences

Dr. Prasanth C M /Principal

YOUTH RED CROSS STUDENT COORDINATION COMMITTEE

18.10.2022

The following is the Student Management Committee for Youth Red Cross, MITE for the academic year 2022-23:

No	Student name	Department
1	Mr Devang Mehta	Aeronautical Engineering
2	Mr Nishan Shetty	Mechanical Engineering
3	Mr Shashank	Mechatronics
4	Mr Skanda	Civil Engineering
5	Mr Sandesh Bhat	Computer Science Engineering
6	Mr Rithika Poojary	Electronics and Communication Engineering
7	Mr Shiva Kumar	Information Science Engineering
7	Mr Bharath P	Computer Science (IOT)
8	Mr Devi Prasad	AIML
9	Mr Parikshith Shetty	Business Administration
10	Mr Nihal	Computer Application
11	Ms Divya D Shetty	Chemistry Cycle
12	Mr Disha Prasad	Physics Cycle

Programme Officer

Youth Red Cross, MITE

Youth Red Cross, MITE

ACTIVITIES 2022-23

Sr No	Date	Activity	Page No
1	10.11.2022	World Cane day – Contribution to the Indian Association for the Blind	6
2	10.01.2023	Blood Donation Camp at MITE	8
3	11.03.2023	World Kidney day – Protect the Filters	13
4	14.03.2023	Flood Relief Activity	16
5	13.04.2023	Free Medical Camp at Kanthavara village	18
6	17.05.2023	Free Medical Camp at Paladka	20
7	11.06.2023	Blood Donation Camp at Karkala	22
8	06.07.2023	Blood Donation Camp at MITE	25

Activity 1: MITE's Contribution to World Cane Day 2022

In response to the request from the Indian Association for the Blind, Madurai, Tamil Nadu, MITE (Mention the full name of the institute) has made a generous contribution towards World Cane Day 2022. The contribution, as per our records, amounts to Rs 15,000. This act of kindness and support demonstrates MITE's commitment to fostering inclusivity and assisting those in need within our community.

The donation was formally conveyed through a cheque, numbered 10, dated 01.11.2022. This financial assistance will undoubtedly aid the Indian Association for the Blind in their noble efforts to empower and enhance the lives of visually impaired individuals. World Cane Day, celebrated on October 15th each year, holds significant importance in raising awareness about the importance of the white cane as a mobility tool for people with visual impairments.

MITE's contribution exemplifies our institution's dedication to social responsibility and our commitment to making a positive impact in the lives of those facing challenges. By supporting the Indian Association for the Blind on this occasion, we stand in solidarity with their mission to promote independence, mobility, and a higher quality of life for visually impaired individuals.

MITE remains committed to participating in such meaningful initiatives and looks forward to continued collaboration with organizations like the Indian Association for the Blind, striving to create a more inclusive and supportive society for all.



Redefining Abilities Rescripting Lives

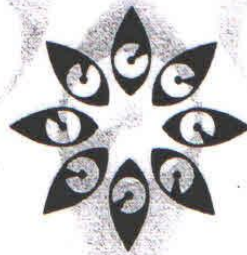
IAB Blind Empowerment Champions 2022

GOLD ZONE

Awarded to

**MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING
KARNATAKA**

for outstanding excellence and amazing commitment
towards voluntary contribution during the year 2022-2023
for the empowerment of persons with visual challenges



www.thelab.org

M. Abdul Raheem
Vice President

Sundarajanpatty, Alagar Koil Main Road, Arumbanoor Post, Madurai, Tamil Nadu 625 104, India

P : +91 90035 55460 | E : admin@thelab.org | www.theiab.org

Three-Time Recipient of National Award (2001, 2007 & 2013)

To
HOD
for circulation
among HODs
B.R.G.
28/3/23

Activity 2: BLOOD DONATION CAMP - 1

MITE NSS is regularly conducts activities for development of the society. Accordingly, the MITE NSS along with MITE YRC organised a blood donation camp on 10-01-2023 at MITE campus.

Date: 10-01-2023

Time: 9.30.00-1.00 pm

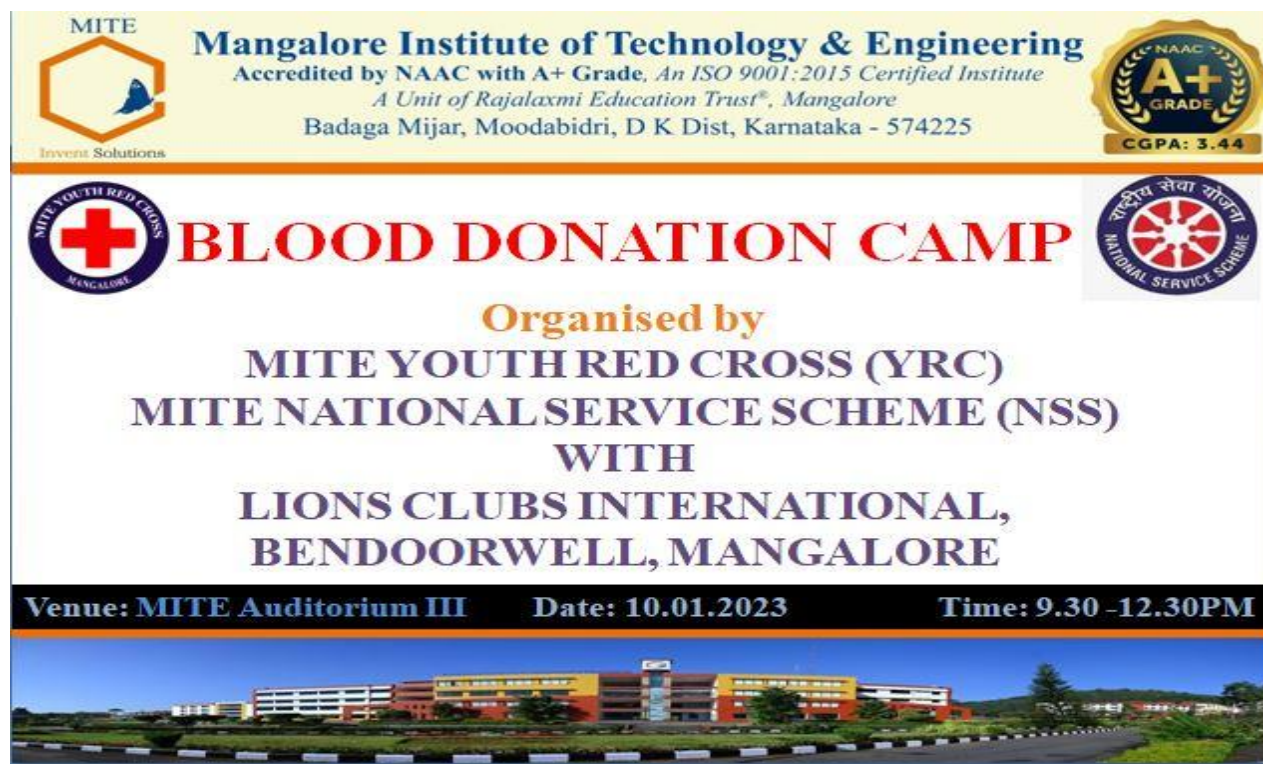
Target audience: Students and Faculty of MITE

Venue: Auditorium III

**Participated Blood bank: KMC Hospital, Mangalore
Red Cross Unit Mangalore**

Brief about the event:

A blood donation occurs when a person voluntarily has blood drawn and used for transfusions. One donation can save as many as three lives. MITE NSS along with MITE YRC organised a blood donation camp on 10/01/2023 with support from KMC Hospital, Mangalore and Red Cross Unit, Mangalore T.M.A Pai Rotary Hospital, Karkala.



The poster for the Blood Donation Camp features the MITE logo and name at the top left, along with accreditation details: 'Accredited by NAAC with A+ Grade, An ISO 9001:2015 Certified Institute' and 'A Unit of Rajalaxmi Education Trust®, Mangalore'. The address 'Badaga Mijar, Moodabidri, D K Dist, Karnataka - 574225' is also listed. On the top right is the NAAC A+ Grade logo with a CGPA of 3.44. The central text reads 'BLOOD DONATION CAMP' in large red letters, followed by 'Organised by' in orange, and then 'MITE YOUTH RED CROSS (YRC)' and 'MITE NATIONAL SERVICE SCHEME (NSS)' in purple. Below this, it says 'WITH LIONS CLUBS INTERNATIONAL, BENDLOORWELL, MANGALORE' in purple. At the bottom, a black banner contains the venue 'MITE Auditorium III', date 'Date: 10.01.2023', and time 'Time: 9.30 -12.30PM'. The bottom of the poster shows a photograph of the MITE campus building.

The programme was inaugurated by lion Kudpi Arvind Shenoy, proprietor of M/s Darshan digitals, Mangalore. He in his inaugural address spoke about the importance of blood donation. He said volunteers should register in organisations which help people to meet their blood requirements in an emergency. MITE as an Institution does a great job of organising blood donation camps which will help many patients who need blood. He has donated many times to save lives. He appealed to students to donate blood once in three months.

The guest of honour for the day, lion N J Nagesh spoke about his experience of organising blood donation camps. He also mentioned about requirements of blood, various varieties of blood, and basic requirements of blood donors and also mentioned the process blood goes through.

A total of 200 students donated blood. All the donors were awarded certificates.



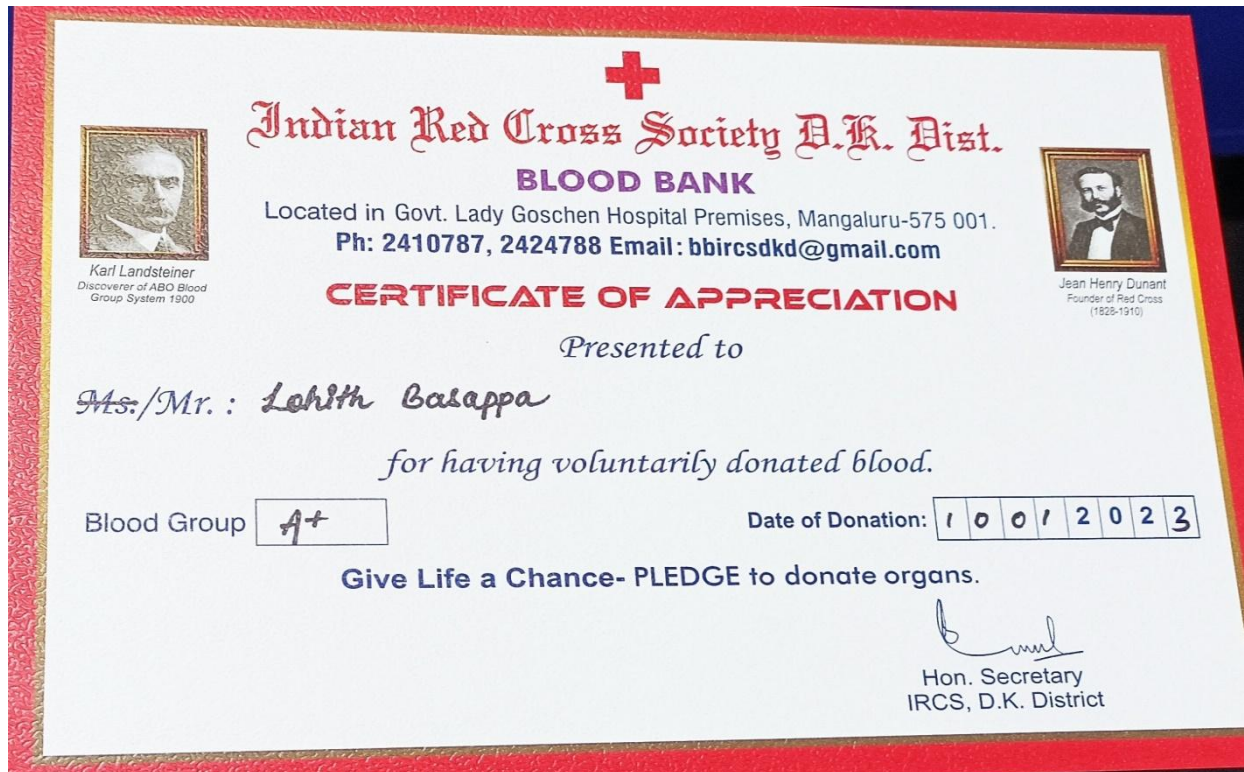
Guests inaugurating program



Guests along with donors

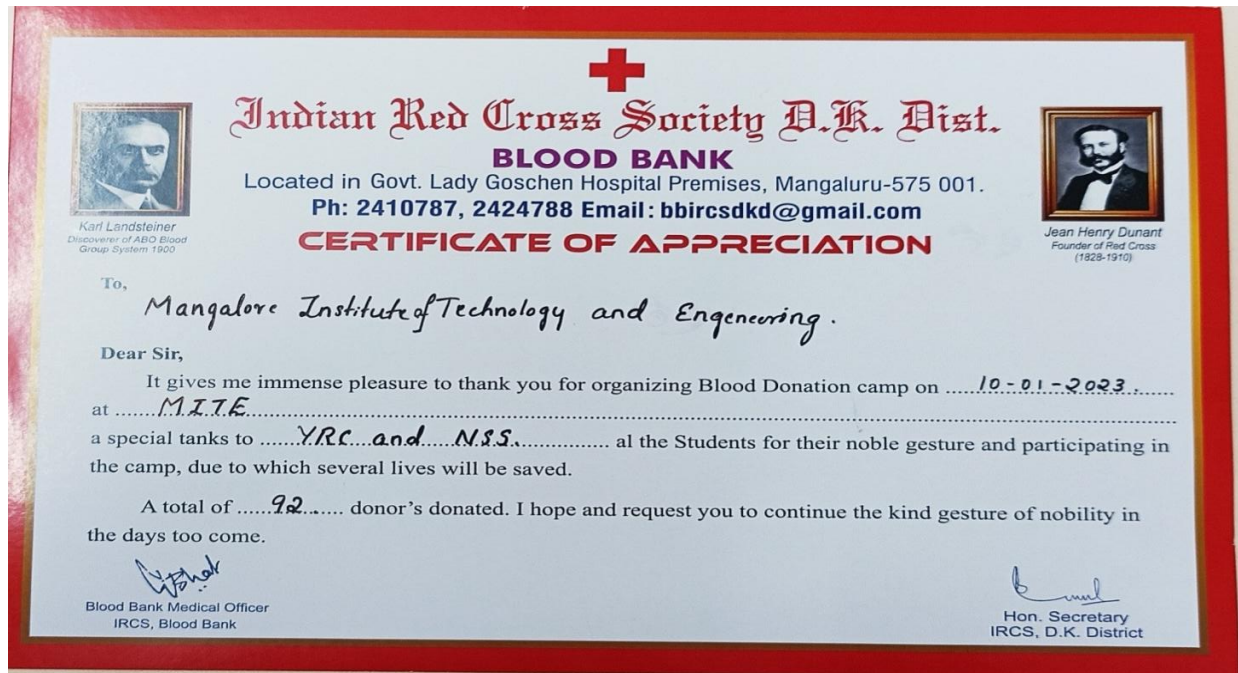


Donors donating blood



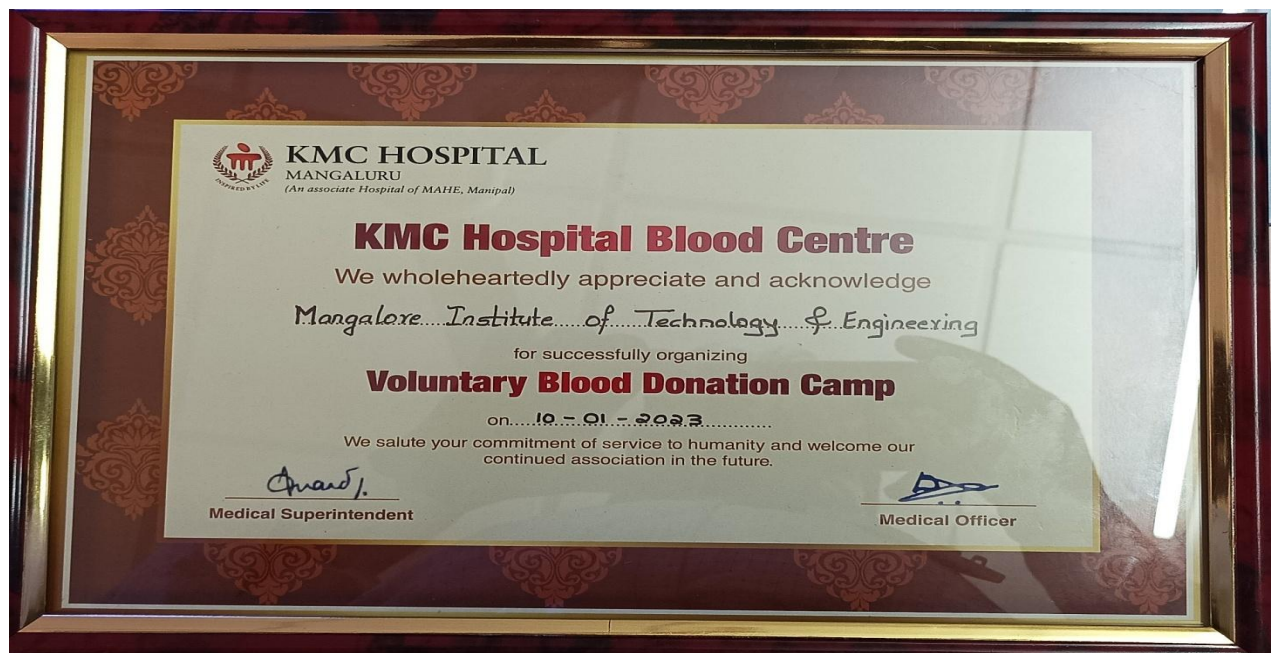
Donors awarded with certificates from Red Cross society Certificate





Donors awarded with certificates from KMC Hospital Mangalore

Appreciation certificate from Indian Red Cross Society, Mangalore



Appreciation certificate from KMC Hospital Mangalore

Video Link: https://drive.google.com/drive/folders/1uXcorc4QtvoVH-WTrmYmz2ERXgLK5bSQ?usp=share_link

Activity 3: WORLD KIDNEY DAY

Special talk on “Protect the Filters”-Kidney Disease Awareness

Venue: Auditorium 2 – MITE Campus

Date & Time: 11th March 2023, Saturday– 11:00 AM – 12:00 AM

Target Audience: I SEM MCA

About Resource Person: Dr.Kishan Rao Balila, completed MBBS course from prestigious Bangalore Medical College with Best Outgoing Student Award and then received MS General Surgery degree with University topper Gold Medal. Further he was trained in Cardiovascular Surgery at AIIMS, New Delhi. He is also trained in laparoscopy from World Laparoscopic Hospital. He is a American University certified Basic Life Support and Advanced Cardiac Life Support Provider. He was conferred honorary BC Roy award for the service in Medical and social field. He has presented several research papers, posters and published it in reputed international and national journals. He is the founder and Chief of ‘The White Army’ - a free online medical education platform, having more than 1.5 lakh members all over the world. He is the chief editor and publisher of ‘Language of Healthcare’ books in 12 Indian languages. He is the founder of ‘Empath Society’- to empower humanity, and ‘Hope India’ initiatives for social service. He is a mesmerizing musician and can play 8 musical instruments proficiently. He is a motivational mentor, career counsellor, public speaker and writer. His areas of interest are teaching, health awareness programs, medical camps, voluntary blood donation. He was a national level shuttle badminton player, Yakshagana artist. During COVID pandemic, through free online consultations he has helped thousands of non COVID patients who were deprived of treatment. An MBBS

graduate, MS General Surgery, trained in Cardiovascular Surgery, and also trained in laparoscopy gave more important information about ‘Kidney Disease Awareness’.

Importance of Kidney- Kidney is most important organ in our body. It removes wastes & extra fluids from our body. **Kidney diseases-** Consuming too salty or spicy foods, Not drinking enough water, consuming fermented foods/processed foods, being obese, smoking, chemical exposure, stress, not getting enough sleep are the reasons of kidney diseases. **Symptoms** – Severe stomach pain , pain below the ribs, Pain when passing urine, frequently going to washroom, high temperature, fever, nausea or vomiting, urine that appear cloudy, pink, red, or brown or smells bad. Kidney Stone Pain is equals to ‘MOTHER OF ALL PAINS’. Kidney stones are made up of Calcium oxalate, uric acid, struvite, and cystine. ‘Dialysis’ is a treatment for kidneys failure. When kidney get failure, they don’t filter blood the way they should. As a result, Wastes and toxins build up in bloodstream. Dialysis does the work of kidneys, removing excess fluid from the blood. **To Prevent Kidney Stones-** Keep body Hydrated(Drink more water), consume food with



Dr. Kishan Rao Balila with Prof Jayadeva Prasad M, Director PG Studies, MITE

less salt and sugar, Exercise, consume leafy green vegetables, fruits, sprouts, avoid smoking & alcohol



Students listening to the presentation of Dr. Kishan Rao Balila

Activity 4: FLOOD RELIEF ACIVITY – 2022

Title: Flood relief program

Date: 14th March 2023

Target Audience: 3 Victims of Flood calamity during 2022 at MITE

Beneficiaries:

1. Mr. Govind Deepesh
2. Mr. Rajath D Shetty
3. Mr. Radhvik Poonja

Brief about the event:

In a heart warming gesture of compassion and solidarity, the Youth Red Cross of MITE (MITE - Mention the full name of the institution) has come forward to aid those affected by the devastating floods that wreaked havoc during the monsoon of 2022. Their noble act of kindness saw them donate a substantial sum of Rs 45,000 each to three flood victims, providing them with much-needed support during these trying times.

The generous contribution reflects the organization's commitment to humanitarian causes and their dedication to making a positive impact in the community. These funds will undoubtedly assist the beneficiaries in rebuilding their lives, restoring their homes, and addressing immediate necessities.

The Youth Red Cross of MITE's exemplary initiative sets a shining example for the community, inspiring others to join in the effort to alleviate the suffering of flood victims. Their selflessness and empathy remind us of the importance of unity and compassion, especially during times of crisis.

The recipients of this aid expressed their profound gratitude for the timely assistance, which will significantly ease their path to recovery. This noble gesture not only offers monetary help but also provides a ray of hope and solidarity to those affected by the calamity.



The Youth Red Cross of MITE is committed to continuing its humanitarian efforts and encourages others to join hands in supporting those in need, reaffirming the power of collective goodwill. Their dedication to community service is truly commendable, and it serves as a reminder that even in the face of adversity, humanity shines bright through acts of kindness and compassion.

In conclusion, the Youth Red Cross of MITE's contribution of Rs 45,000 each to three flood victims during the Monsoon of 2022 exemplifies the spirit of altruism and solidarity. Their actions not only provide financial aid but also inspire hope and unity in the face of adversity, showcasing the incredible impact that collective goodwill can have on those in need.



Activity 5: Medical camp at Kanthavara

Date: 13-04-2023.

Brief about the event: MITE has many students clubs, which are engaged with many societal activities and the MITE Youth Red Cross (YRC) is one such. MITE YRC has organised several free medical camps in rural villages, Blood donation camps and many other societal activities in the past. On 13th April 2023 MITE YRC in association with Health and Wellness centre, Kanthavara and the Kanthavara Grama Panchayath had organised a one-day free medical camp at Health and Wellness centre, Kanthavara. Dr TMA Pai Hospital Karkala and the Rotary Club Karkala joined their hands by arranging Doctors and Nurses team from KMC hospital, Manipal. The purpose of the camp was to provide free Eye and Heart check up facility for the villagers of Kanthavara village at Karkala Taluk.

The camp program started with an inaugural function at 9.30 AM. Mr Sukumar and other two volunteers of MITE YRC started the program with prayer. Panchayath Development Officer Mr V Sadashiva Moolya inaugurated the camp and gave the inaugural address; he mentioned that the contribution of MITE in societal activities is significant. Prof. Pradeep Kumar B R from MITE YRC spoke about the growth of MITE in academic and societal activities and its importance for students in their professional life. The president of Rotary Club, Karkala, Mr Chirag gave the presidential remarks for the program. Dr Divya Pai from KMC, Manipal and Ms Megha from Kanthavara Health and Wellness centre were the present during the program. Prof. K Abhaya Kumar welcomed the gathering and Ms Sushravya Jain the member of MITE YRC presented the vote of thanks. Prof Jayadeva Prasad, HOD, MITE – MBA, Coordinator MITE Youth Red cross, gave the guidance for smooth conduction of the camp. Dr Divya Pai gave the service of Heart check up and Dr Chidanand Kulkarni did the eye testing for the beneficiaries. A total of 67 villagers took part in the camp, 27 among them took the service of free ECG. 2 Beneficiaries took the benefit of free cataract surgery facility from the camp.



Prof Pradeep Kumar talking about the institute in the inaugural program



Villagers taking free eye check by the KMC doctor

Activity 6: Medical camp at Paladka

Date: 17-05-2023.

Brief about the event: MITE YRC organises annual free medical camps at different villages of Udupi and Dakshina Kannada districts. On 17th May 2023, MITE YRC organised 3rd free medical camp at Paladka village of Dakshina Kannada district. Primary Health Centre, Paladka, the Panchayath office of Paladka, Dr TMA Pai Rotary Hospital Karkala and the Rotary club – Karkala Rock City were the joint organisers of this camp. MITE YRC organises this type of camps to develop the social responsibility among students and to inculcate the organising skills among YRC members. The camp program was organised for the villagers of Paladka to take free heart and eye checkups in the camp. 107 villagers took benefit of the program and 45 of them took the benefit of free ECG facility. 6 participants were eligible for free Eye cataract surgery; however, 4 of them could not take the free surgery because of the abnormality in the ECG and ECHO reports of the patients. .

Mr Chrag, The president of Karkala Rotary club presided over the inaugural function of the camp, Dr Triveni Acharya spoke to villagers and gave message about the importance of their participation in these kinds of fests. Dr Rakesh Naubade and Dr Ashika from KMC hospital Karkala were present for the inaugural program. Prof. Pradeep Kumar B R from MITE YRC spoke about the importance this kind of societal activities for students in their professional life. Ms. Nishika, the member of MITE YRC welcomed the gathering and Prof k Abhaya Kumar presented the vote of thanks. Prof Jayadeva Prasad, HOD, MITE – MBA, Coordinator MITE Youth Red cross, gave the guidance for smooth conduction of the camp.



Ms Nishika presenting the welcome address



Group photo with KMC medical team

Activity 7: Blood Donation Camp at TMA Pai Rotary Hospital, Karkala

Date: 11-06-2023.

Brief about the event:

Due to the scarcity of blood in the supply chain and blood banks, Manipal Group of Hospital had called for an emergency blood donation camp. On 11th June, 2023, Dr T M A Pai Rotary Hospital a sister concern of the Manipal Group of Hospitals and MITE Youth Red Cross jointly organised one day blood donation camp at T M A Pai Rotary Hospital, Karkala.

Prof K Abhaya Kumar and 12 members of MITE Youth Red Cross donated the blood, which was equal to 40 percent of the total donors of the program. The officials of Dr. TMA Pai Rotary hospital and Manipal blood bank appreciated the efforts of MITE Youth Red Cross. All the donors received individual certificates and a thank you letter was issued to the principal of MITE for our continuous support



MITE YRC members with Dr TMA Pai Hospital admin Mr Naveen at the blood donation venue



MITE YRC member Mr Sushanth donating the blood



MITE YRC member Mr Apthesh Jain donating the blood



MITE YRC team in the entrance of the Hospital



Panchayath officials visited the eye check up venue

Activity 8: Blood donation camp-2

MITE NSS is regularly conducts various programs for development of the society. Accordingly, the MITE NSS along with MITE YRC organised a blood donation camp on 06-07-2023 at MITE campus.

Date: 06-07-2023

Time: 9.30.00-1.00 pm

Target audience: Students and Faculty of MITE

Venue: Auditorium III

**Participated Blood bank: KMC Hospital, Mangalore
Red Cross Unit Mangalore**

Brief about the event:

Blood donation camps are those camps where blood is obtained from suitable healthy donors for people of various blood groups who are in need of blood. If patients suffering from ailments



The poster for the Blood Donation Camp features the MITE logo and name at the top left, followed by the institution's accreditation details. On the right, there is a gold A+ NAAC grade logo with a CGPA of 3.44. The central text reads 'BLOOD DONATION CAMP' in large red letters, organized by 'MITE YOUTH RED CROSS (YRC)' and 'MITE NATIONAL SERVICE SCHEME (NSS)' in blue. Below this, it says 'with LIONS CLUBS INTERNATIONAL, BENDLOORWELL, MANGALORE' in red. Logos for the Mite Youth Red Cross, National Service Scheme, and Lions Clubs International are also present. At the bottom, a black banner provides the venue (MITE Auditorium III), date (06.07.2023), and time (9.30 -12.30PM). The bottom of the poster shows a wide-angle photograph of the MITE campus building.

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A+
GRADE
CGPA: 3.44

BLOOD DONATION CAMP

Organised by
MITE YOUTH RED CROSS (YRC)
MITE NATIONAL SERVICE SCHEME (NSS)
with
LIONS CLUBS INTERNATIONAL,
BENDLOORWELL, MANGALORE

Venue: MITE Auditorium III **Date: 06.07.2023** **Time: 9.30 -12.30PM**

receive the right type of blood, their lives can be saved. MITE NSS along with MITE YRC organised a blood donation camp on 06/07/2023 with support from Lions club Bendoorwell, Mangalore, KMC Hospital, Mangalore and Red Cross Unit, Mangalore

The programme was inaugurated by Lion Jayaprakash,, a proprietor of 3 automobile dealership firms in Mangalore. He in his inaugural address mentioned that blood donation is the most sacred donation and there is no substitute for blood. He urged everyone to donate blood and save lives. MITE as an Institution does a great job of organising blood donation camps which will help many patients who need blood. He has donated many times to save lives. He appealed to students to donate blood once in three months.

The guest of honour for the day, Lion N J Nagesh spoke about his experience of organising blood donation camps. He also mentioned about requirements of blood, various varieties of blood, and basic requirements of blood donors and also mentioned the process blood goes through.

A total of 200 students donated blood. All the donors were awarded certificates.



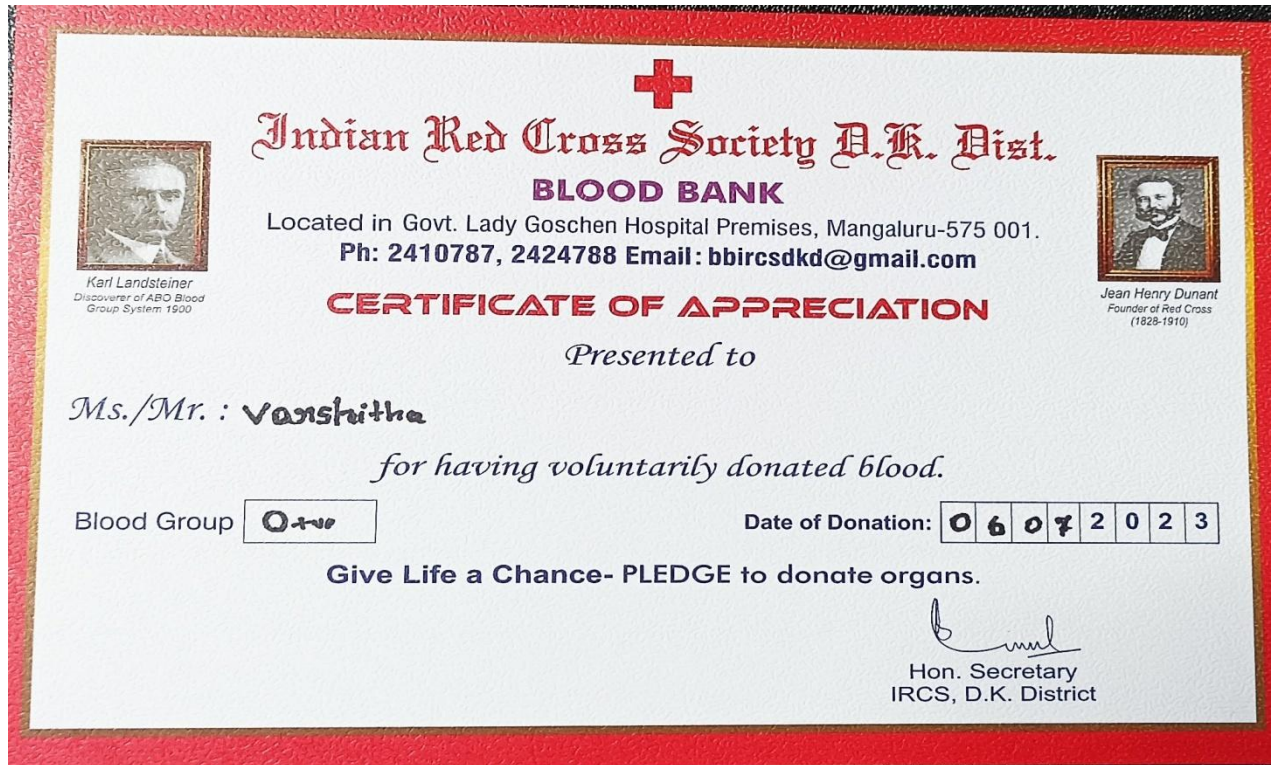
Chief guest addressing the gathering after inauguration



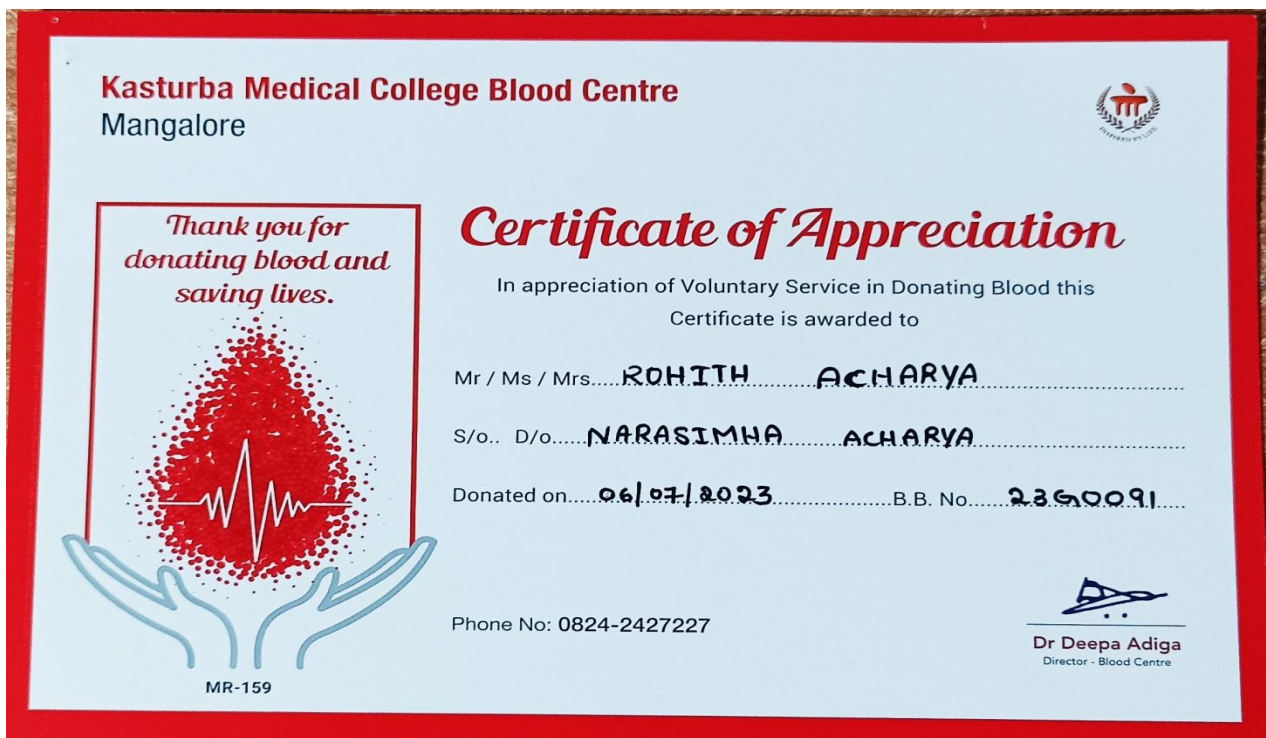
Guests along with donors



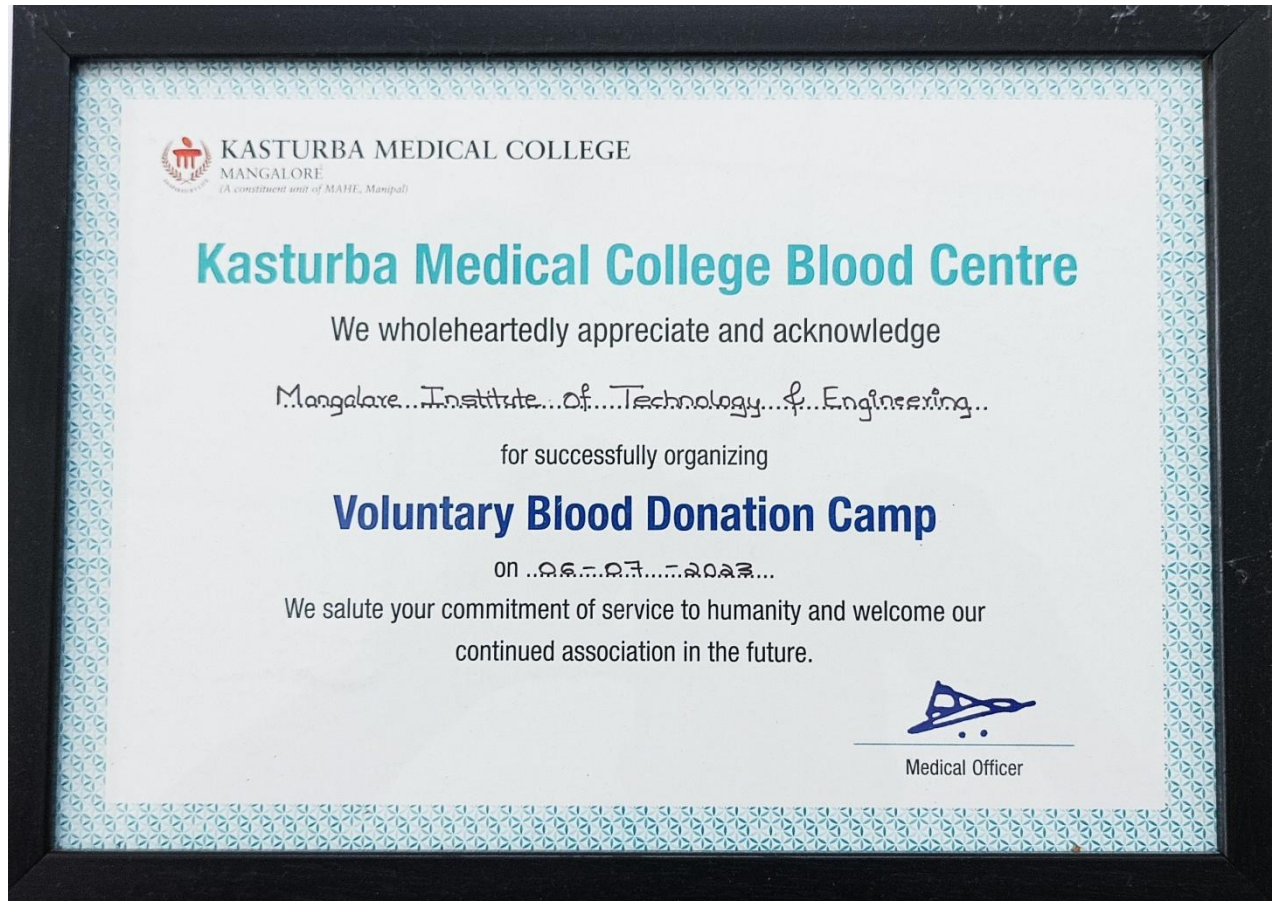
Donors donating blood



Donors awarded with certificates from Red Cross society CertificaDonors awarded with



certificates from KMC Hospital Mangalore



Appreciation certificate from KMC Hospital, Mangalore

Video Link:

https://drive.google.com/file/d/1kxEXBII_y5uhPyh-MX_MGJJfNQ1SebkE/view?usp=drive_link