## NATIONAL SERVICE SCHEME (NSS) NSS-MITE CHAPTER



ANNUAL REPORT 2024-25



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### Members of NSS unit 2024-25

Date: 23.10.2024

### The following are the members of the reconstituted committee for the academic year 2023-24

Sl No	Name	Position		
1	Dr. Prashanth C M	Chairperson		
2	Mr. Akshathraj Jain	NSS Program Officer		
3	Dr. Mohan Kumar	Member		
4	Ms. Deepthi Shetty	Member		
5	Mr. Suraj M Shet	Member		
6	Dr. Guruprasad L	Member		
7	Mr. Ranjith H D	Member		
8	Mr. Ajith Kumar	Member		
9	Mr. Shivaprasad T K	Member		



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Academic Year 2024-25				
Sl. No.	Date	Activity	Page no	
1	20.08.2025	Sadbhavana Diwas	04	
2	19.08.2025	Nasha Mukth Bharath	07	
3	15.08.2025	Independence Day at Spoorthi Special School and Training Centre, Beluvai, Moodbidri	10	
4	24.07.2025	Mentoring the Mentors on Creative Thinking	14	
5	21.06.2025	International Day of Yoga – Yoga for One earth One Health	17	
6	05.06.2025	World Environment Day	20	
7	17.05.2025	Blood donation camp	26	
8	25.01.2025	National Voters Day	31	
9	22.01.2025	Visit to Mount Rosary Old Age Home, Moodbidri	34	
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### ACTIVITY 1: SADBHAVANA DIWAS PLEDGE

Date: 20-08-2025

Time: 10.00 - 3.00 PM

### **Target audience: MITE Students and Faculty**

The NSS unit of MITE organized the Sadbhavana Diwas (Harmony Day) on 20th August 2025 to commemorate the birth anniversary of the former Prime Minister of India, Shri Rajiv Gandhi. The day is observed across the country to encourage national integration, peace, love, affection, and communal harmony among people of all religions and communities.



The program was conducted in various classrooms under the NSS banner. It began with a brief introduction on the significance of Sadbhavana Diwas, emphasizing the importance of nurturing mutual respect, tolerance, and unity in a diverse country like India.





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As part of the program, all participants took the Sadbhavana Pledge, affirming their commitment to work towards communal harmony, peace, and goodwill. The pledge inspired participants to rise above caste, creed, religion, and language and contribute to strengthening the fabric of national unity.

Following the pledge, students delivered speeches highlighting the relevance of Sadbhavana in today's context. They stressed the need for dialogue, understanding, and cooperation as effective means to resolve differences, rather than resorting to violence.

The atmosphere in the classrooms was filled with a sense of responsibility and togetherness as both faculty and students engaged actively. The program concluded with the message that every individual has a duty to contribute towards building a peaceful, inclusive, and progressive society. The event created positive vibrations among the students, instilling in them the spirit of national harmony and reminding them of their role as responsible citizens of India.



Students listening to the presentation on Sadhbhavana Diwas



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Students taking oath on Sadhbhavana Diwas

### Video link:

https://drive.google.com/file/d/135nGx6t2jpOYXU7dHiTvCHVbEWIwh6Lk/view?usp=drive\_link

## MITE

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### ACTIVITY 2: NASHA MUKTH BHARATH (SAY NO TO DRUGS CAMPAIGN)

Date: 19.08.2025

The Nasha Mukt Bharat Abhiyaan (NMBA), spearheaded by the Ministry of Social Justice & Empowerment, is actively engaged in the comprehensive reduction of drug demand throughout the country. This initiative oversees and supervises various facets of drug abuse mitigation, including the assessment of the issue's scope, preventive measures, intervention strategies, and the treatment and rehabilitation of individuals affected by substance abuse. Additionally, the program focuses on disseminating information and creating public awareness. Given the susceptibility of students and youth to substance use, they emerge as pivotal stakeholders in the success of this Abhiyaan.

Time: 10.00 - 1.0 PM

**Target audience: Faculty and Students of MITE** 

### **Brief about the event:**

The National Service Scheme (NSS) unit of MITE organized the Nasha Mukth Bharath Abhiyaan program on 19th August 2025. The program aimed to create awareness about the harmful effects







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of substance abuse among students and the community. Substance abuse has serious consequences not only for the individual but also for families and society at large. The session highlighted the Narcotic Drugs and Psychotropic Substances Act, 1985, which was enacted to curb drug abuse in India. It also referred to the NDPS policy of 2012, which promotes preventive education, awareness generation, capacity building, treatment, and rehabilitation.

Students were informed about the eight categories of psychoactive substances commonly misused in India, including alcohol, cannabis, opioids, cocaine, inhalants, amphetamine-type stimulants, sedatives, and hallucinogens. The resource persons explained the major reasons why people fall into drug abuse, such as peer pressure, poor home and social environment, mental health issues, and stress. They also stressed the role of protective factors like strong family bonds, resilience, healthy social support, and adoption of conventional norms.

The program emphasized the importance of awareness as a preventive tool to safeguard youth from addiction. Students were actively engaged in discussions about the psychological, social, and economic impact of substance abuse. Various activities under the Nasha Mukth Bharath Campaign were showcased, which highlighted strategies for prevention and rehabilitation. The event created a platform for students to reflect on their role in spreading awareness in society. Faculty and NSS volunteers also shared their thoughts on how educational institutions can act as change agents. The campaign concluded with a pledge to stay away from drugs and to spread awareness among peers. Overall, the program was impactful and reinforced the importance of building a healthy, drug-free society.



Students taking oath on the occasion of Nasha Mukth Bharath



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NSS officer addressing students on the occasion of Nasha Mukth Barath



Students of MITE taking on the occasion of Nasha Mukth Bharath

### Video link:

https://drive.google.com/file/d/1RvSo\_4riEIKinRDv0XQIkWJsIXIQKTK4/view?usp=drive\_link

## MITE Solutions

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# ACTIVITY 3: CELEBRATION OF INDEPENDENCE DAY AT SPOORTHI SPECIAL SCHOOL & TRAINING CENTRE

Date: 15-08-2025

Time: 10.00-2.00 PM

Venue: Spoorthi Special School & Training Center, Beluvai, Moodbidri

**Target audience: Students of MITE** 

### **Brief about the event:**

Mite since its inception has the tradition of catering to the needs of society. As a tradition MITE – NSS celebrated Independence Day at a special school. So this year MITE NSS celebrated Independence Day at Spoorthi Special School & Training Center, Beluvai, Moodbidri to share special movements with special kids.



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### **MITE National Service Scheme (NSS)**

**Organises** 

CELEBRATION OF INDEPENDENCE DAY

at

SPOORTHI SPECIAL SCHOOL & TRAINING CENTER

Moodabidri

Time: 10.00 – 1.00 PM Date: 15/08/2025





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Spoorthi special school and training centre is an institution made for children who are special and who need extra care and training for their growth and development. The purpose of this institution is to find an inspiration for those children and show caste their talents along with development of their growth. The Institute for Community Inclusion supports the rights of children with disabilities to participate in all aspects of the community. The school's curriculum integrates academic learning with life skills, physical therapy, and occupational therapy.

As part of its Corporate Social Responsibility initiative, MITE visited Spoorthi Special School, which serves differently abled children of various age groups, to celebrate Independence Day 2025 under the theme "Nation First, Always First.", to instil the spirit of generosity and social responsibility among students, donations were mobilized, and essential items such as food serving trolley, plate rack (steel), gas stove, steel vessels, induction cooktop and many for Rs 75000 were contributed to the school.

During the visit, meaningful interactions were held with the principal, teachers, and therapists, who shared insights into the challenges faced, including resource limitations and the need for specialized training. Their dedication and patriotic spirit in nurturing the children reflected the true essence of nation-building.

Students and volunteers had the opportunity to engage with the children during classroom sessions and therapy activities. They also served food to the inmates of the school. The celebration emphasized that true independence lies in empowering every citizen, including children with special needs, to contribute to the nation's growth. The program concluded with a renewed commitment to serve society and uphold the spirit of Independence Day in its truest sense.

After the inaugural program, special kids of the school entertained the guests with song and dance. NSS volunteers and students entertained the audience with a few performances. The visit was accompanied by Prof. Akshathraj Jain, NSS Officer MITE. For the last few years, MITE is continually helping these special schools financially as well as morally. A total of 25 students were part of the program.



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Faculty and students from MITE handing over things to Spoorthi Special school



Students from Spoorthi Special School showcasing their talent to the visitors



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Group photo at the end with Spoorthi Special children

Link for video: <a href="https://drive.google.com/file/d/1RjGb-uxwFITBlTgYVJB4zv3m3SCp97SB/view?usp=drive\_link">https://drive.google.com/file/d/1RjGb-uxwFITBlTgYVJB4zv3m3SCp97SB/view?usp=drive\_link</a>



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### ACTIVITY 4: MENTORING THE MENTORS ON CREATIVE THINKING

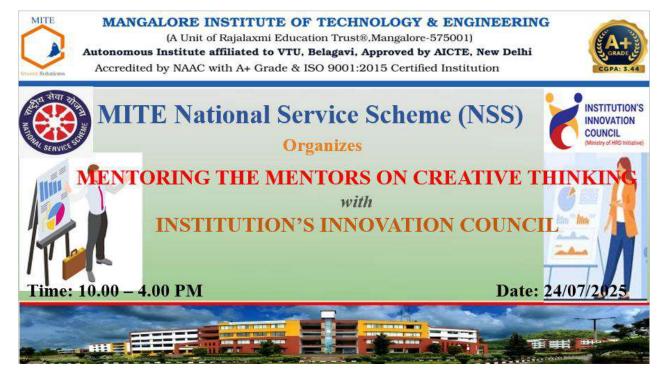
Date: 24-07-2025

Time: 9.00-4.00 PM

Target audience: Faculty members and Students of MITE

**Brief about the event:** 

The NSS unit of MITE organized a training program for faculty members on the topic "Mentoring the Mentors on Creative Thinking." The program aimed to equip faculty with essential tools and



approaches to nurture creativity and innovation among students, while also enhancing their own problem-solving and mentoring skills.

The session began with an introduction to the concept of creative thinking, where the importance of adopting innovative approaches in teaching and learning was highlighted. Faculty members were introduced to the role of creativity in fostering critical thinking, adaptability, and practical problem-solving in academic and professional contexts.





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This was followed by an engaging case study discussion, which provided real-world examples of how creative thinking and design-oriented approaches could resolve challenges. Faculty actively participated by analyzing the case, sharing their perspectives, and discussing possible solutions, making the session highly interactive.

The final segment of the program focused on the implementation of Design Thinking (DT) for a given scenario. Participants were divided into groups and tasked with applying the DT framework to address specific problems. Each group brainstormed, ideated, and presented innovative solutions using design thinking methodology. This exercise provided hands-on experience in applying DT principles and showcased the potential of structured creativity in solving complex issues.

The program concluded with an interactive reflection session, where participants shared their key learnings and experiences. Faculty members expressed that the training not only enriched their understanding of creative thinking but also equipped them with strategies to mentor students more effectively.

Overall, the training program proved to be highly insightful and impactful, reinforcing the role of faculty as mentors who inspire innovation and creativity among learners. The NSS unit's initiative was greatly appreciated, as it aligned with the institution's vision of nurturing holistic development and preparing both educators and students for future challenges.





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Dr. Bindu Madhavi J addressing faculty members and students about design thinking



Faculty members presenting their creative work to the audience

Video link: https://drive.google.com/file/d/1GHLQ-wAY8-

\_zvcVtLWFZEc436ty6r01/view?usp=drive\_link

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### **ACTIVITY 5: INTERNATIONAL DAY OF** YOGA "YOGA FOR ONE EARTH, ONE HEALTH"

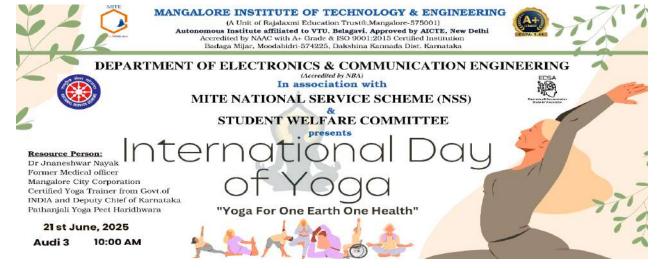
Date: 21.06.2025

International Day of Yoga is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. So, MITE NSS organized on the theme of International Yoga Day 2025, "Yoga for One Earth, One Health", captures the relationship between individual health and the health of our planet on 21.06.2025 at MITE campus.

Time: 10.00 - 11.30 AM

Resource persons: Dr. Jnaneshwar Nayak Former Medical officer Mangalore City Corporation, Certified Yoga Trainer from Govt. of INDIA and Deputy Chief of Karnataka Pathanjali Yoga Peet Haridhwara Target audience: Faculty and Students of MITE

**Brief about the event:** Yoga, a transformative practice, represents the harmony of mind and body, the balance between thought and action, and the unity of restraint and fulfilment. It integrates the body, mind, spirit, and soul, offering a holistic approach to health and well-being that brings peace to our hectic lives.







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Yoga is as good as basic stretching for easing pain and improving mobility in people with lower back pain. Slow movements of yoga and deep breathing increase blood flow and warm up muscles, while holding a pose can build strength.

The program began with lighting the lamp by Dr. Jnaneshwar Nayak Former Medical officer Mangalore City Corporation, Certified Yoga Trainer from Govt. of INDIA and Deputy Chief of Karnataka Pathanjali Yoga Peet Haridhwara. A brief overview of the International Day of Yoga (IDY): Vision and Structure was delivered by Dr. Jnaneshwar Nayak. He mentioned if the yoga id performed regularly, Prashanthi mind is achieved. He continued to mentioned that Sath Esha i.e. gods blessings are achieved through Yoga. He appealed students to maintain health which is a biggest wealth in life. The event was chaired by Dr. Prashanth C M Principal MITE. He addressed the gathering about yoga and the benefits of practising yoga with individuals in everyday life and highlighted the potential for customization to suit the individual.

Yoga programme started with warm-up exercises and all the students then practised & performed Sooryanamaskara, sitting and standing asanas like Thadasana, Vrikshasana, Thrikonasana, Arda Chakrasana, Padahasthasana, Dansasana, Bhadrsana, Vakrasana, Arda Ushtrasana, Ushrtasana, Shashakasana, Madookasana, etc. the importance of these was explained simultaneously and at last program came to end with few pranayamas.

International Yoga Day was organized by MITE NSS along with the Department of Electronics and Communication Engineering and Student Welfare Committee. The celebrations ended with a huge success. Around 150 students participated in the program and benefitted.



Guests inaugurating the yoga program on the occasion of International Yoga Day



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Students performing yogasana



Group photo with guest Dr. Jnaneshwar Nayak Certified Yoga Trainer from Govt. of INDIA and Deputy Chief of Karnataka Pathanjali Yoga Peet Haridhwara along with Students of MITE

### Video link:

 $\underline{https://drive.google.com/file/d/1eHimewpwODUgrirFzHCdRVk2GTMk1LOM/view?usp=drive\_link}$ 

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### ACTIVITY 6: CELEBRATION OF WORLD ENVIRONMENT DAY

Date: 05-06-2025

MITE NSS in association with Department of Management Studies and Department of Chemistry organized a world environment day in the institution on 05-06-2025 at MITE campus.

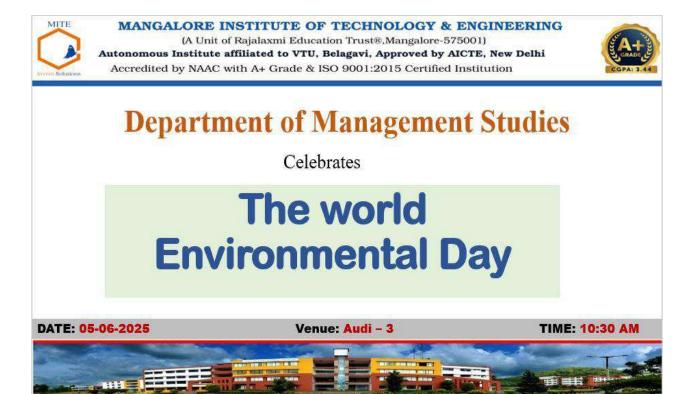
Time: 10.30AM-4.00pm

**Target audience: Students and Faculty of MITE** 

**Venue: Auditorium III** 

### **Brief about the event:**

MITE NSS along with Department of Management Studies and Department of Chemistry organized a world environment day in the institution with a view to create awareness among students to protect environment and contribute towards nature.





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The event was inaugurated by Mr. P. Sridhara Assistant Conservator of Forests Moodabidri. The Chief Guest Mr. Sridhara emphasized the urgent need to protect and preserve our environment,



Inauguration of World environment day program on 05.06.2025

reminding everyone that although Earth provides us with essentials like water, air, and sunlight freely, we have failed to value and conserve them. He encouraged students to reflect on their individual contributions, urging them to question their actions and take responsibility—whether by planting saplings with their pocket money, conserving water and electricity, or avoiding plastic waste. Highlighting that observing



Mr. P Shridhara Assistant Conservator of Forests Moodabidri addressing the audience on the "Civic Duty to Go Green"



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Environment Day is not enough, he stressed the importance of making environmental care a part of our daily lives. The talk concluded with a powerful message: let us honor the legacy of our ancestors by safeguarding the planet for future generations through small but meaningful actions like recycling, planting trees, and protecting natural resources.

The program featured a panel discussion by students on the theme "Ending Plastic Pollution," where they deliberated on critical issues such as microplastics in ecosystems, the plastic waste crisis in developing nations, the impact of single-use plastics, innovative alternatives like bioplastics, and the role of policy and public participation in combating pollution. The panel offered insights into both the challenges and potential solutions surrounding plastic pollution. Additionally, a drawing competition was organized for students to creatively express environmental concerns, and the winners were honored with certificates of appreciation.



Drawing competition on the theme "Ending Global Plastic Pollution



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Students participated in panel discussion on "Endling Global Plastic Pollution"

The program also featured another lecture series on the topic "From pollution to solution: Role of engineers for the sustainable future" by Dr. Rajesh Bejjangala Research Professor, Institute of Social Sciences and Humanities, Mangalore. Dr. Rajesh highlighted an innovative ongoing project in the Puttur region focused on converting wet waste into CNG, marking it as the first of its kind in Karnataka.



Dr. Rajesh Bejjangala addressing the gathering on the topic "From pollution to solution: Role of engineers for the sustainable future"



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Dr. Rajesh Bejjangala elaborated on various types of pollution and the severe hazards they pose to the environment and human health. Emphasizing the importance of sustainability, he called upon future engineers to take an active role in addressing these environmental challenges through innovative and responsible solutions. The event ended question and answer session. A total 250 students were part of the program.



A sapling was planted on the occasion of World Environment Day by the guests



Winners of the drawing competition were awarded with certificates



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## **⊳ಮೈಟ್ ನಲ್ಲಿ ವಿಶ್ವ ಪರಿಸರ ದಿನಾಚರಣೆ** ರೊಬ್ಬರೂ ಗಿಡ ನೆಟ್ಟು ಪರಿಸರ ರಕಣೆಗೆ ಮ

ಮಹಾನಗರ, ಜೂ. 8: ಮಂಗಳೂರು ಇನ್ಸ್ಟಟ್ಯೂಟ್ ಆಫ್ ಟೆಕ್ನಾಲಜಿ ಆ್ಯಂಡ್ ಇಂಜಿನಿಯರಿಂಗ್ (ಎಂಐಟಿಇ), ಮೂಡುಬಿದಿರೆಯಲ್ಲಿ ವ್ಯವಸ್ಥಾಪನ ಅಧ್ಯಯನ ಇಲಾಖೆ, ರಸಾಯನಶಾಸ್ತ ಇಲಾಖೆ ಮತ್ತು ಮೈಟ್ ಎನ್ಎಸ್ ಎಸ್ ಜಂಟಿಯಾಗಿ ವಿಶ್ವ ಪರಿಸರ ದಿನ ನಡೆಯಿತು.

ಇದೇ ವೇಳೆ ಭಾಷಣ, ಚರ್ಚೆ ಮತ್ತು ಚಿತ್ರ ಸರ್ಧೆ ಸೇರಿದಂತೆ ಹಲವಾರು ಮುಂತಾದ ಅರ್ಥಪೂರ್ಣ ಕಾರ್ಯಕ್ರಮ ಚಟುವಟಿಕೆಗಳನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಮೂಡುಬಿದಿರೆ ಸಹಾಯಕ ಹೇಳಿದರು. ಸಂರಕ್ಷಣಾಧಿಕಾರಿ ಪಿ. ಶ್ರೀದರ **ಚರ್ಚೆ, ಚಿತ್ರಕಲಾ ಸರ್ಧೆ** ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿ, ಪ್ರತಿಯೊಬ್ಬರೂ 'ಪ್ಲಾಸ್ಟಿಕ್ ಮಾಲಿನ್ನ ತಡೆಗಟ್ಟುವಿಕೆ' 'ಮಾಲಿನ್ನದಿಂದ ಪರಿಹಾರ: ಗಿಡಗಳನ್ನು ನೆಟ್ಟು ಪರಿಸರ ಸಂರಕ್ಷಣೆಗೆ ಎಂಬ ವಿಷಯದ ಕುರಿತು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಭವಿಷ್ಯಕ್ಕಾಗಿ ಎಂಜಿನಿಯರ್ಗಳ ಪಾತ್ರ' ಮುಂದಾಗಬೇಕು. ಪರಿಸರ ಆರೈಕೆಯನ್ನು ಚರ್ಚೆಯನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಎಂಬ ವಿಷಯದ ಕುರಿತು ಉಪನ್ನಾಸ ನಮ ದೈನಂದಿನ ಜೀವನದ ಒಂದು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಪರಿಸರ ಕಾಳಜಿಯನ್ನು ಭಾಗವನಾಗಿ ಮಾರ್ಪಾಡು ಮಾಡಬೇಕು. ಗುರುತಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಚಿತ್ರಕಲಾ ಸರ್ಧೆ ಜಯಾಗಿ ಪರವರ್ತಿಸುವತ್ತ ಗಮನಹರಿಸಿದ ಸಂಪನ್ನೂಲಗಳನ್ನು



ಆಚರಿಸಲು ಮುಂದಾಗೋಣ ಎಂದು

ಗಿಡಗಳನು ನೆಡುವುದು, ನೈಸರ್ಗಿಕ ನಡೆಯಿತು. ವಿಜೇತರಿಗೆ ಪ್ರಮಾಣಪತ್ರ ಪುತ್ರೂರು ಪ್ರದೇಶದ ಯೋಜನೆ ಬಗ್ಗೆ ರಕ್ಷಿಸುವುದು ನೀಡಿ ಗೌರವಿಸಲಾಯಿತು.

ಮಂಗಳೂರಿನ ಇನ್ ಸಿಟ್ಯೂಟ್ ಆಫ್ ಸೋಶಿಯಲ್ ಸೈನ್ಸಸ್ ಹ್ನುಮಾನಿಟೀಸ್ ನ ಡಾ! ರಾಜೇಶ್ ಬೆಜ್ಜಂಗಲಾ ಸಂಶೋಧನ ಪ್ರಾಧ್ಯಾಪಕ ನಡೆಸಿದರು. ಹಸಿ ತ್ಯಾಜ್ಯವನ್ನು ಸಿಎನ್ ಡಾ!ರಾಜೇಶ್ ಅವರು ವಿವರಿಸಿದರು.

*News paper cutting on the world environment Day on 05.06.2025* 

Video link: https://drive.google.com/file/d/1FGI6VNb\_n5QkH4TIcJkpv4P85vW5iqr/view?usp=drive\_link

## MITE Solutions

### MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING

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### ACTIVITY 7: REPORT ON BLOOD DONATION CAMP

DATE: 17-05-2025

MITE NSS organized a blood donation camp along with MITE YOUTH REDCROSS unit of the institution on 17-05-2025 at MITE campus.

Time: 9.30AM-1.00pm

Target audience: Students and Faculty of MITE

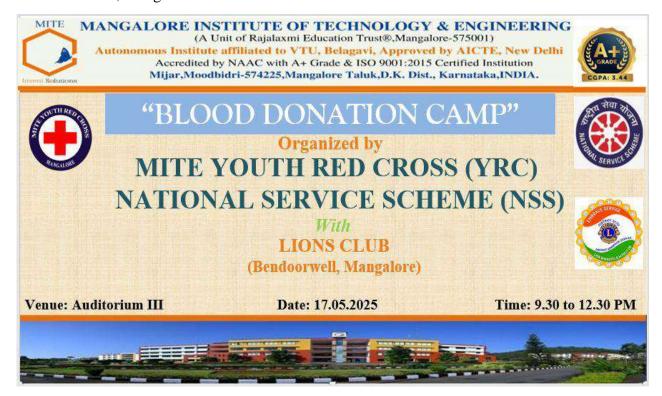
**Venue: Auditorium III** 

Participated Blood bank: KMC Hospital, Mangalore

Red Cross Unit, Mangalore

### **Brief about the event:**

MITE NSS along with MITE YOUTH REDCROSS organised a blood donation camp on 17/05/202 with support from Lions club Bendoorwell, Mangalore, KMC Hospital, Mangalore and Red Cross Unit, Mangalore







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The program was inaugurated by Lion Ronal Gomes, Founder & Managing Director of Sunray Solar Pvt. Ltd. spoke about blood donation. The Chief Guest, Lion Ronal Gomes, addressed the students, and emphasized the importance of voluntary blood donation as the sole source of blood. He said that every donor can save 3 lives. He mentioned that this is the great contribution to the serious problem of acutes shortage of blood. He continued to mention He encouraged the young students to adopt regular blood donation as a habit. He mentioned about requirements of blood, various varieties of blood, and basic requirements of blood donors and also mentioned the process blood goes through.

President of the program Dr. Prashanth C M, Principal of MITE, Moodbidri in his inaugural address mentioned that blood donation is the most humble work a human can do. He appealed to students to donate blood once in three months. Doctors from KMC Mangalore and Red Cross Uni, Lion N J Nagesh, Lion Ram Ganesh, Lion Nagaraja Sheety and dignitaries from Lions Club, Bendoorwell were present. The camp witnessed overwhelming participation from students, with nearly 300 voluntary blood donors contributed to the noble cause. All the donors were awarded certificates.



Guest of honor Lion N J Nagesh addressing during inaugural of the blood donation camp.



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Guests along with donors of blood donation camp held on 17.05.2025



Blood donation camp in progress



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Certificate issued by KMC Hospital for donors of blood donation camp held on 17.05.2025.



Certificate issued by Red Cross Society, Mangalore for donors of blood donation camp held on 17.05.2025.



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### ಮೂಡುಬಿದಿರೆ ಮೈಟ್ ನಲ್ಲಿ ರಕ್ತದಾನ ಶಿಬಿರ



ಮಹಾನಗರ, ಮೇ 24: ಮೂಡುಬಿದಿರೆಯ ಮಂಗಳೂರು ಇನ್ ಸ್ಟಿಟ್ಯೂಟ್ ಆಫ್ ಟೆಕ್ನಾಲಜಿ ಆ್ಯಂಡ್ ಎಂಜಿನಿಯರಿಂಗ್ ಕ್ಯಾಂಪಸ್ನಲ್ಲಿ ಮೈಟ್ ಯೂತ್ ರೆಡ್ಕ್ರಾಸ್ ಸಮಿತಿಯು ಲಯನ್ಸ್ ಕ್ಲಬ್ ಬೆಂದೂರ್ ವೆಲ್ ಸಹಯೋಗದೊಂದಿಗೆ ಕೆಎಂಸಿ ಆಸ್ಪತ್ರೆ ಮತ್ತು ಇಂಡಿಯನ್ ರೆಡ್ ಕ್ರಾಸ್ ರಕ್ತ ಬ್ಯಾಂಕ್ ಸಹಕಾರದಲ್ಲಿ ಇತ್ತೀಚೆಗೆ ರಕ್ತದಾನ ಶಿಬಿರ ನಡೆಯಿತು.

ಅಧ್ಯಕ್ಷತೆವಹಿಸಿದ್ದಮೈಟ್ ನಪ್ರಾಂಶುಪಾಲ ಡಾ। ಪ್ರಶಾಂತ್ ಸಿ.ಎಂ. ಮಾತನಾಡಿ, ರಕ್ತದಾನಕ್ಕೆ ಮುಂದೆಬಂದ ವಿದ್ಯಾರ್ಥಿ ಗಳನ್ನು ಶ್ಲಾಘಿಸಿದರು. ಇದೇ ರೀತಿ ಸಮಾಜ ಸೇವೆಯನ್ನು ಮುಂದುವರಿಸ ಬೇಕು. ವಿದ್ಯಾರ್ಥಿ ಗಳಲ್ಲಿ ಸಾಮಾಜಿಕ ಜವಾಬ್ದಾರಿಯ ಪ್ರಜ್ಞೆಯನ್ನು ತುಂಬಲು ಈ ರೀತಿಯ ಶಿಬಿರ ಸಹಕಾರಿ. ಈ ನಿಟನಲ್ಲಿ ಮೈಟ್ ಯುವ ರೆಡ್ ಕ್ರಾಸ್ ಸಮಿತಿಯ ನಿರಂತರ ಪ್ರಯತ್ನಗಳನ್ನು ಶ್ವಾಘಿಸಿದರು.

ಮುಖ್ಯ ಅತಿಥಿ ರೊನಾಲ್ ಗೋಮ್ಸ್ ಮಾತನಾಡಿ, ಅಗತ್ಯವಿರುವವರಿಗೆ ಸ್ವಯಂ ಪ್ರೇರಿತ ರಕ್ತದಾನವೇ ಏಕೈಕ ವಿಶ್ವಾಸಾರ್ಹ ಮೂಲ. ರಕ್ತದಾನ ಜೀವ ಉಳಿಸುವ ಸಾಮರ್ಥ್ಯವಿದೆ. ಯುವಕರು ರಕ್ತದಾನಕ್ಕೆ ಸ್ರಯಂ ಮುಂದೆ ಬರಬೇಕು ಎಂದರು.

269ಕ್ಕೂ ಹೆಚ್ಚು ರಕ್ತದಾನ ಶಿಬಿರಗಳನ್ನು ಆಯೋಜಿಸಿದ ನಾಗೇಶ್ ಎನ್.ಜೆ., ಸಂಘಟಕರ ಸಮರ್ಪಣೆ, ಬದ್ಧತೆಗೆ ಕೃತಜ್ಞತೆ ಅರ್ಪಿಸಿದರು. ರಾಮ್ ಗಣೇಶ್, ನಾಗರಾಜ್ ಶೆಟ್ಟಿ ಮೊದಲಾದವರು ಉಪಸ್ಥಿತರಿದ್ದರು. ಸುಮಾರು 300 ಮಂದಿ ರಕ್ತದಾನ ಮಾಡಿದರು. ಮೈಟ್ ಯುವ ರೆಡ್ಕ್ರಾಸ್ ಘಟಕದ ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ ಡಾ। ಜಯಶ್ರೀ ಶೆಟ್ಟಿ ಸ್ಪಾಗತಿಸಿ, ಪರಿಚಯಿಸಿದರು.

### Video link:

https://drive.google.com/file/d/1hyjfljMaO3eaebeYJrcmayl8\_DtHsgWi/view?usp=drive\_link



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### **ACTIVITY 8: NATIONAL VOTERS DAY**

**DATE: 25-01-2025** 

Time: 10.00 - 11.00 AM

Target audience: MITE Students and Faculty

### **Brief about the event:**

National Voter's Day is celebrated in India on 25<sup>th</sup> January every year to mark the Foundation Day of the Election Commission of India. As part of this occasion, NSS MITE contributed by observing National Voters Day on 25<sup>th</sup> January 2025.



India celebrated 14th National Voters' Day 2025 on 25 January 2025. The main objective behind the celebration is to encourage, facilitate, and maximize enrolment, especially for new voters. The day has been celebrated since 2011 across the country to mark the foundation of the Election Commission of India, i.e. 25th January 1950. The theme for the year was "Nothing Like Voting, I Vote for Sure" to emphasize the importance of voting and pride in electoral participation. India's



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voter base nears the 100 crore mark, with 99.1 crore registered voters, including 21.7 crore young electors which is one of the highest in the world.

National Voter's Day is celebrated to remember how far India's voting system has come and the new initiatives that are being implemented to encourage voter participation. This day acts as a reminder that casting a vote is an essential democratic duty and that each vote shapes the course of the country. National Voters' Day helps voters to make educated decisions during elections by reinforcing the theme of civic engagement through a variety of initiatives and events.

This day not only encourages the youth to participate in the electoral process but also focuses on the fact that the right to vote is a basic right. Know about the National Voters Day history, significance, quotes, theme, and why is it celebrated in India. The session on significance of National Voters Day was explained about the history of the country, challenges of freedom struggle, problems faced during dividing country, achievement of "Election Commission of India", etc. and then students of MITE were administered National Voters Day oath by NSS Officer Prof. Akshathraj Jain to uphold democratic traditions of our country and the dignity of free, fair and peaceful elections without being influenced by considerations of religion, race, caste, community, language or any other inducement.

#### The pledge is

"We, the citizens of India, having abiding faith in democracy, hereby pledge to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections, and to vote in every election fearlessly and without being influenced by considerations of religion, race, caste, community, language or any inducement".



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Students listening to NSS officer about significance of National Voter's Day



Students of MITE taking oath National Voter's Day on 25.01.2025

Video Link: https://drive.google.com/file/d/1IfJ1j\_MeXIP-

3icJKaiX22Y2zqhULPH0/view?usp=drive\_link



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### ACTIVITY 9: VISIT TO MOUNT ROSARY OLD AGE HOME, MOODABIDRI

DATE: 22-1-2025

Time: 2.00 - 4.00 PM

**Target audience: Students of MITE** 

#### **Brief about the event:**

The MITE NSS aims to instill the idea of social welfare in students and to provide service to society without bias. MITE NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.



Mount Rosary in Alangar, Moodbidri, Karnataka, is an old age home that was established in 1937 by a priest of the Mangalore Diocese. Initially a tuberculosis sanatorium, it now provides care for the aged, bedridden, destitute, and handicapped who have no family to care for them. Supported by donors, Mount Rosary also raises milk-yielding cows, maintains a piggery, and cultivates rubber to generate revenue. A CSR activity was organized at Mount Rosary on 22nd January 2025



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by the Department of MCA in association with MITE NSS, accommodating 114 students in two slots.

The visit aimed to foster empathy, develop social responsibility, and raise awareness about the needs of the elderly, emphasizing the impact of small contributions. The program included an introduction by the staff about the old age home, followed by personal interactions where students listened to the life stories of the residents and understood their emotional and physical challenges. Entertainment activities such as singing and games were organized, which saw enthusiastic participation from the residents. The students also contributed daily necessities and reflected on their experience by expressing gratitude, while the residents shared heartfelt blessings.

This visit strengthened the emotional connection between generations, helping students understand the challenges faced by older adults and inspiring them to value inclusivity and compassion. Faculty members, including Ms. Yogitha M, Dr. Anushree Raj, Mr. Ragesh Raju, Ms. Sadhana K, Ms. Rashmi M S, and Ms. Shwetha V Bhat, provided active support to ensure smooth coordination of the visit and meaningful engagement.

The interaction with the elderly highlighted the resilience and wisdom of the residents, teaching students the importance of lifelong learning and adaptation to overcome challenges. The activity reinforced the value of volunteerism and kindness, inspiring students to become socially responsible individuals. Through this experience, students realized how simple acts of care can create a significant impact on the lives of others, making it a deeply enriching and meaningful initiative.



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MITE students along with inmates of Mount Rosary Old Age Home, Moodabidri



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### ACTIVITY 10: SYRINGE AND NEEDLE BURNER AWARENESS PROGRAM

**DATE: 05-12-2024** 

Time: 1.30 – 4.00 PM

Target audience: Students of

Government Highschool, Neerkere

Karnataka Public School, Mijar, Moodbidri

**Rotary Highschool Moodbidire** 

DJ English Medium Highschool, Moodbidre

DJ Highschool, Moodbidre

St. Thomas School Alangar, Moodabidre

#### **Brief about the event:**

The MITE NSS aims to instill the idea of social welfare in students and to provide service to society without bias. MITE NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.





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The NSS unit of MITE along with Department of Artificial Intelligence & Machine Learning, CS Artificial Intelligence & Machine Learning, Department of Information Science and Engineering organized an awareness program on needle and syringe burner usage for nearby schools and villages. This initiative aimed to address the pressing issue of medical waste management, specifically focusing on the safe disposal of needles and syringes, which pose significant health and environmental hazards.

The program focused on educating the participants about how needle and syringe waste is generated, the challenges it poses to people, animals, and birds, and the dangerous health conditions that can arise if it is not disposed of properly. Improper disposal of syringes can lead to serious public health issues, including the spread of infectious diseases and harm to the environment.

To address these concerns, the awareness program aimed to instill a sense of responsibility in young students by educating them on the importance of proper medical waste management. MITE students delivered engaging presentations to school students, highlighting the risks associated with needle and syringe waste, such as contamination, injuries, and harm to wildlife. They also provided practical solutions, such as the use of needle and syringe burners, to ensure safe disposal methods.

The program emphasized the role of young minds in adopting and promoting these practices in the future, creating a ripple effect of awareness in their communities. By fostering this understanding, the initiative aimed to build a healthier and safer environment while empowering students to take the lead in addressing critical public health challenges.

The Needle and Syringe Burner Awareness Program successfully raised awareness about the hazards of medical waste and provided practical solutions for its safe disposal. By involving students and villagers, the NSS unit of MITE has taken a significant step toward building a safer and cleaner environment. This initiative highlights the importance of community

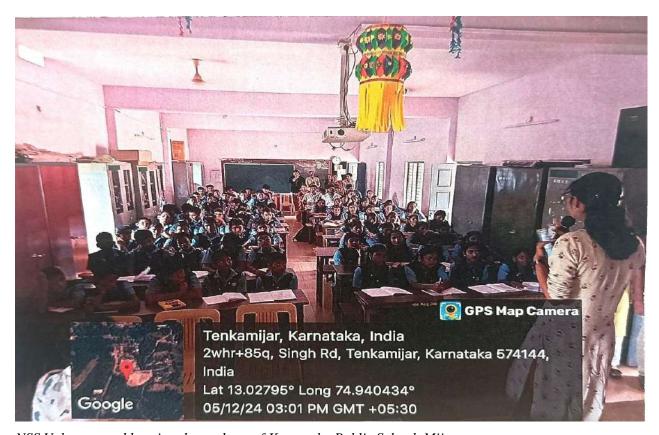


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NSS volunteers of MITE addressing the students of Rotary School Moodbidri



NSS Volunteers addressing the students of Karnataka Public School, Mijar



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Students group photo Infront of Government Highschool Neerkere



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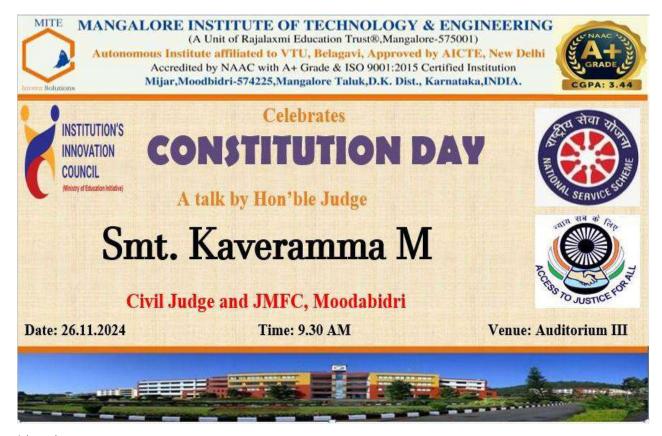
### ACTIVITY 11: CONSTITUTION DAY DATE: 26-11-2024

Time: 9.30 – 11.00 AM

**Target audience: MITE Students and Faculty** 

**Venue: Auditorium III** 

**Brief about the event:** National Service Scheme (NSS) at MITE, solemnly dedicate ourselves to promoting the values enshrined in the Constitution of India. Recognizing the significance of this



#### historic

document, which guarantees justice, liberty, equality, and fraternity to all citizens, we aim to cultivate constitutional awareness and inspire responsible citizenship among our students and community. In this regard Mangalore Institute of Technology & Engineering Celebrated 'Constitution Day' with a series of inspiring events that honor the spirit and values of the Indian Constitution. The program took place on 26 November 2024, fostering awareness about the Constitution's importance among students, faculty, and staff.



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The institution organized an event to spread awareness about Indian Constitution by Inviting Mrs. Kaveramma Civil Judge and JMFC, Moodabidri, she addressed students on Indian Constitution. She said it's the longest constitution of the world and started to write in handwriting. She said it has taken 2 years, 11 months and 18 days to complete it. She said it gives 3 major rights they are liberty, equality, and brotherhood.

We have to enjoy our time at the same time have to follow Indian constitution. She said, students must read Indian constitution as it clears lot of misunderstanding about the nation. We as citizens of the country are expected to have civic sense which makes us to follow the regulations. She appealed students that, the independence that we are enjoying has come from humongous hard work of various people and it's our responsibility to protect it. Principal Dr. Prashanth C M, encouraged students to understand, follow and make a good study of Indian constitution.

The program commenced with a prayer and lighting of the lamp. Principal, Dr.Prashanth C M gave the presidential address. In order to become better citizens, he asked the students to understand and uphold the constitution. He underlined that the students should impart the knowledge they acquired from this program to the remaining students at the college. The Chief Guest was honored with a memento by the principal Dr. Prashanth C M.

Mr. Surjit Ram delivered the welcome speech. The Program concluded with Mr. Akshathraj Jain, NSS Coordinator delivering the vote of thanks. Ms. Vaishnavi, final year student of Artificial Intelligence & Machine Learning was the Host for the event.

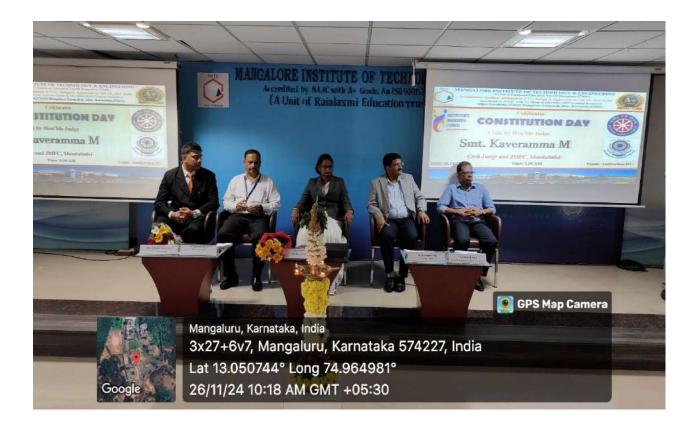
Through engaging activities and inclusive participation, a quiz program was organized to students. The celebrations honored student achievements through a Prize Distribution Ceremony, recognizing winners of quiz program. The program came to end with oath taking ceremony.

The oath: "We, the people of India, having solemnly resolved to constitute India into a sovereign socialist secular democratic republic and to secure to all its citizens: justice, social, economic and political; liberty of thought, expression, belief, faith and worship; equality of status and of opportunity; and to promote among them all fraternity assuring the dignity of the individual and the unity and integrity of the nation; in our constituent assembly this 26th day of November, 1949, do hereby adopt, enact and give to ourselves this constitution"



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Smt. Kaveramma Civil Judge and JMFC, Moodabidri was honoured with memento

Video link: <a href="https://drive.google.com/file/d/1116mJRmU-">https://drive.google.com/file/d/1116mJRmU-</a>

y\_2Z4o2Dntv89CbvvazneV\_/view?usp=drive\_link



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### ACTIVITY 12: FIRE SAFETY TRAINING AND AWARENESS PROGRAM

**DATE: 22-11-2024** 

Time: 9.30 – 12.00 PM

**Target audience: MITE Students and Faculty** 

#### **Brief about the event:**

The NSS Unit of MITE successfully organized a **Fire Safety Training and Awareness Program for** engineering students, aimed at educating them about safety measures and risk management in



emergencies.

The program provided students with critical insights into dealing with various hazards and equipped them with practical skills to address real-life situations effectively.



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Mr. Sathyaraj, an expert in safety and emergency response, was the guest of the program. He emphasized the importance of preparedness and quick decision-making during emergencies. His session covered an overview of the types of risks individuals face in their daily lives, such as:

- 1. Fire hazards
- 2. Flood emergencies
- 3. Gas leakage and explosions
- 4. Accidents and first aid

Students were trained on identifying and addressing various challenges effectively. The training also included techniques for administering first aid during accidents and minimizing risks through preventive measures. A hands-on demonstration was conducted to familiarize students with fire control techniques. This session included practical demonstration of types of fire, the combating mechanism using fire extinguishers, wet gunny bags, etc. or any other appropriate methods to combat them.

The program encouraged student participation, allowing them to ask questions and share their experiences. Mr. Sathyaraj provided practical solutions and valuable tips to handle emergencies confidently. Students gained comprehensive knowledge of fire safety protocols and the importance of risk awareness and acquired hands-on experience in using firefighting equipment and other safety tools. The program enhanced students understanding of accident prevention and first aid techniques. A culture of safety awareness was fostered among the attendees, empowering them to act responsibly during emergencies.

The Fire Safety Training and Awareness Program proved to be an enlightening experience for the students, equipping them with essential skills to handle unforeseen situations. MITE NSS remains committed to organizing such impactful initiatives to ensure the safety and well-being of its students and the community. A total of 125 students and faculty members were part of the program.



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Students group photo at the end of the program

### Link for the video:

 $\underline{https://drive.google.com/file/d/1XV\_C4ip3BSQ5JkZZF0gOTuM7sn29CUrW/view?usp=drive\_lin}\\ \underline{k}$