



MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING

(A Unit of Rajalaxmi Education Trust®, Mangalore)

Autonomous Institute affiliated to VTU, Belagavi, Approved by AICTE, New Delhi

Accredited by NAAC with A+ Grade & ISO 9001:2015 Certified Institution

STUDENT INDUCTION PROGRAM

2024-25



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About the institute:

Mangalore Institute of Technology & Engineering (MITE), was established in the year 2007 by Rajalaxmi Education Trust® to promote quality education with an intent to serve society. MITE is an autonomous institution affiliated with Visvesvaraya Technological University, Belagavi, Karnataka, and is recognized by AICTE, New Delhi. The institute offers 10 UG programs & and 3 PG programs in Engineering. The institute also offers 7 Ph.D. programs in Basic Science and Engineering. The institute is Accredited by NAAC with an A+ grade and 6 of the UG programs (CSE, ECE, ISE, MT, ME, AE) are NBA accredited

MITE has a lush green campus spread over 74 acres at Moodabidri along the Solapur-Mangalore highway, with best-in-class infrastructure facilities. The wi-fi-enabled campus has ICT-integrated AC classrooms, a fully automated two-level library, state-of-the-art laboratories, exclusive Training and Placement Centre. The Siemens Centres of Excellence, Bosch Rexroth Centre of Competence, Innovation & Incubation Centres, and well-designed Auditorium complement in manifesting innovation. The campus has excellent hostel facilities and well-networked transportation for students and staff. The campus also has a gymnasium & and medical center, multicuisine AC food court, and, excellent sports infrastructure.

The institute, known for its high academic standards, has registered 34 University Ranks over the last 6 years as a reference to the quality teaching-learning pedagogy. MITE has collaborations with industries of repute such as Bosch Rexroth, Siemens, Carl Zeiss, Toyota Industries Engine India, KPIT, Infosys & UiPath. The institute has a MoU with Binghamton University, USA, Kumamoto University, Japan, MDIS Singapore, and ITE West Singapore to provide global exposure. The industry-standard Incubation Centre is supported by the Government of Karnataka and MSME, Government of India to encourage budding entrepreneurs. MITE was awarded the "Best Performing College of the Year 2019-20" by KSCST and the students have received several Top Awards at National and State Level events.

With an intent to shape globally competent graduates, MITE has established a campus that would aid students to manifest their true selves by promoting effective learning, and creativity, to ensure that they become formidable individuals to "INVENT SOLUTIONS".

About the Student Induction program:

MITE believes that two main aspects are leading to good education, a supportive, nurturing environment, and exposure to growing technological innovations along with the right human values. Students making a transition from school to university/college come with diverse thoughts, backgrounds, preparations, and little knowledge about the new environment. MITE strives to work

closely with the students to make them feel comfortable, allowing them to explore their interests in academic and non-academic activities, and building a healthy competition that makes them excel in the field of their interest. A major initiative by AICTE is the mandatory “Student Induction Program” for new entrants offered right at the start of their new journey. The aim of the induction program is to help students who come from diverse backgrounds to get tuned into the new environment and inculcate in them the ethos of the institution. Such a program will help new entrants to, open up, set a healthy daily routine, create bonding in the batch as well as between faculty and other students, and develop awareness, sensitivity, and understanding of the self, people around them, society at large, and nature.

Objectives of the SIP:

The main objectives of the program are

- Becoming familiar with the ethos and culture of the institution
- Exposure to a holistic vision of life
- Learning a creative skill in arts to express the larger vision of life
- Healthy lifestyle and ethical professional discipline
- Overcoming weaknesses in some essential professional skills – only for those who need it.

These goals are achieved through the following modules or core areas recommended by AICTE,

- Universal Human Values (UHV-I)
- Physical Health and Related Activities
- Creative Arts and Culture
- Literary Activities
- Proficiency Modules
- Lectures by Eminent People
- Visits to Local Areas
- Familiarisation with the institution, Department/Branch and Innovations and Extra-Curricular Activities in College

The induction program for the 2024-25 batch of B.E. students was conducted at the beginning of the first semester with a packed two-week-long schedule from 23-09-2024 to 10-10-2024. The program started with the orientation program in batches of about 175 students over a period of three days. A brief detail of the various activities conducted during the student induction program is as follows.

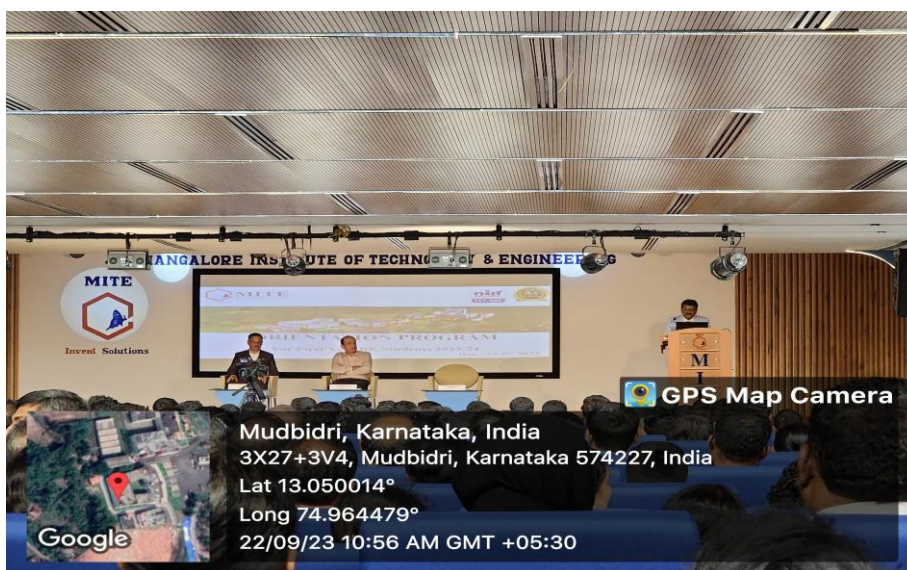
ORIENTATION PROGRAM 2024-25:



Inauguration of the Orientation Program by lighting the Lamp

An Orientation Program inducted to the 18th batch of the new entrants on September 23, 24, 30 & October 17, 2024.

Dr. Prashanth C. M, Principal, gave an overview of the engineering curriculum, University ranking, and Industry-Institute Alliance and highlighted the achievements and the National and International Awards won by the students of the College. The various Industry tie-ups that MITE has provided for global and industry-oriented Education and the progress achieved in the last 17 years have been highlighted in his talk.



Dr. Prashanth C M, Principal, addressing the gathering during the Orientation Program 2024-

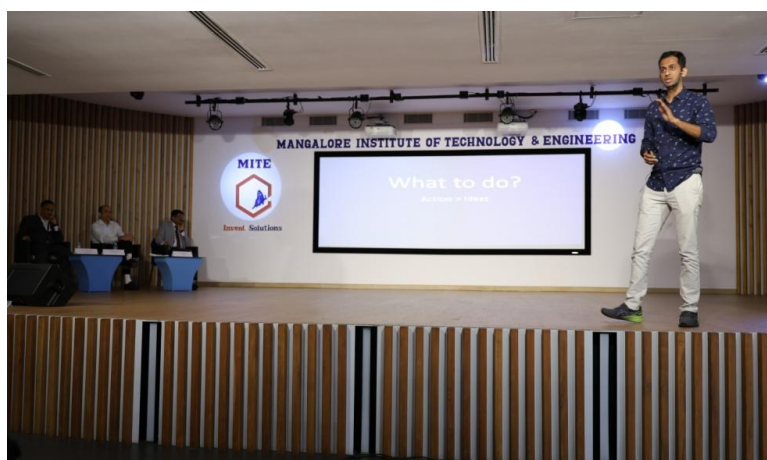
Dr. C. R. Rajshekar, Vice Principal and Head of the Department of Mechanical Engineering as well as Dr. Terence K Johnson, Associate Dean-Academics & Professor, IS&E, provided an overview of the institute's rules and regulations. In their briefing, they highlighted key points such as the CIE and SEE marks for both theory and practical examinations, the required attendance percentage for eligibility, credit details, and course-related information.

Dr. Vinayambika Bhat, Dean of Quality Assurance and Head of the Department of Electronics & Communication Engineering, Dr. Jyothi S, HoD, Mathematics & Dr. Ganesha Mogaveera, HoD, CV outlined the regulations and disciplinary guidelines for the hostel.

Mr. Narendra U P, Dean (P&T), emphasized the significance of placement and training activities, as well as the role of the skill lab, entrepreneurship, and incubation initiatives. In his presentation, he also highlighted the various programs conducted under the Employability Skills Development Program

training, and certification courses from Bosch and SIEMENS.

As part of the orientation program, a session was organized featuring distinguished alumni who shared insights on industry expectations.



Alumni of E&CE, Mr. Hrishikesh Bhat, briefing the gathering

Mr. Rajesh Chouta, Chairman of the Rajalaxmi Education Trust, presided over the function and, in his address, underscored the role of parents in fostering a strong bond with the institution. He also stressed the importance of academic integrity, student involvement in entrepreneurial activities on campus, and their commitment to excelling in their academic pursuits at MITE.

Mr. Rajesh Chouta, Chairman, delivering presidential remarks during the Orientation Program 2024

Bridge Course:

In order to bridge the gap between the lower classes and the engineering courses and for the better understanding of the current courses some of the relevant concepts were recalled in some of the core courses. The bridge course is conducted by dividing into 15 sections over a period of 3 days.



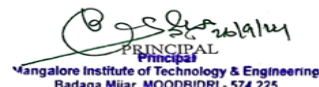
TIME TABLE: 2024 - 25 [ODD SEM] – Bridge Course

Semester: I Section: - A Classroom: L-001

| TIME/ DAY | 9:00 am to 10:20 am | 10:20 am to 10:40 am | 10:40 am to 12:00 pm | 12:00 pm to 1:00 pm | 1:00 pm to 2:40 pm | 2:40 pm to 4:20 pm |
|------------------------|---------------------|----------------------|----------------------|---------------------|--------------------|--------------------|
| 26-09-2024 THURSDAY | 23BSCC102 | Tea Break | 23ESCC104 | Lunch Break | 23BSCC101 | 23ESCC107 |
| 27-09-2024 FRIDAY | 23BSCC101 | | 23BSCC102 | | 23ESCC104 | 23BSCC102 |
| 28-09-2024 SATURDAY | 23BSCC102 | | 23BSCC101 | | | |

| Course Code | Course title | Course Instructor |
|-------------|---|--------------------------|
| 23BSCC101 | Engineering Physics | Dr. Raghavendra Sagar |
| 23BSCC102 | Engineering Maths-I | Ms. Anusha |
| 23ESCC104 | Fundamentals of Electronics Engineering | Dr. Srikrishna Shastri C |
| 23ESCC107 | Fundamentals of Civil Engg. & Engg. Mechanics | Mrs Anusha Jain |


COORDINATOR


PRINCIPAL
Mangalore Institute of Technology & Engineering
Badaga Mijar, MOODSIBORI - 574 225

Student Induction Program:

Day 7: 30-09-2024

| Activity | Section/s | Resource Person/Coordinator | Time |
|--|-----------|-----------------------------|----------------------|
| Introduction to SIP | A to D | Class Advisors | 9.00 am 9.30 am |
| | E to O | Class Advisors | 9.00 am 9.55 am |
| Local Visit- Arunodaya Special School, Chethana Special School, & Vijetha Special School Karkala | A to D | Advisors/Faculty In charge | 9.30 am to 12.00 pm |
| UHV-I: Basic Human Aspiration | EFGHI | UHV Coordinators | 10.15 am to 11.45 am |
| Antiragging & Discipline matters | JKLMNO | Dr Jyothi S | 10.15 am to 11.45 am |
| UHV-I: Basic Human Aspiration | ABCD | UHV Coordinators | 1.00 pm to 2.30 pm |
| Literary Activity | E | Mrs Pramila BJ | 1.00 pm to 2.00 pm |
| AAPP: An opportunity to emphasize the Society | F | Dr Guru Prasad L | 1.00 pm to 2.00 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | G | Dr Sathisha | 1.00 pm to 2.00 pm |

| | | | |
|--|--------|--------------------------------------|--------------------|
| Importance of library and Reading habits | H | Class Advisors/Mr Santhosh Kumar T V | 1.00 pm to 2.00 pm |
| Breaking Barriers- Misconception regarding Counselling, | I & K | Mrs Shaila Sequeira | 1.00 pm to 2.00 pm |
| Local Visit: Mount Rosary Old Age Home Moodbidri & Spoorthy Special School Moodbidri | LMNO | Advisors/Faculty In charge | 1.30 pm to 4.00 pm |
| Literary Activity | A | Mrs Keerthana K J | 2.45 pm to 4.15 pm |
| AAPP: An opportunity to emphasize the society | B | Dr Guru Prasad L | 2.45 pm to 4.15 pm |
| Importance of library and Reading habits | C | Class Advisors/Mr Santhosh Kumar T V | 2.45 pm to 4.15 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | D | Dr Terence K Johnson | 1.00 pm to 2.00 pm |
| A talk on Innovation & Entrepreneurship | E TO J | Mr Swaroop G | 2.15 pm to 4.15 pm |
| Physical Activity: Games & Sports | K | Dr Aveen K P & Mr Shamith Rao) | 2.15 pm to 4.15 pm |

The newly joined students were divided into different sections and faculty advisors were assigned to a group of about 30 students. On day 7, the faculty advisors interacted with the students and briefed them about the student Induction program, its purpose, importance, and various modules covered during the program. The different activities planned for the next 08 days were also discussed during this time. The students in every section were divided into 5-6 groups and details of various group activities such as poster making, enacting a given situation, dumb charades, group discussion, etc were also given. The schedule for the day is given above. On this day, different activities were conducted for different sections. Students of some sections were taken to nearby special schools and old age homes. Our students interacted with the inmates of the schools and the elderly people which made them feel happy. Some activities were also conducted. Ms. Shaila Sequeira, the campus Counsellor addressed the students about the misconception about counselling and explained the importance and benefits of the counselling. She encouraged the students to seek help in overcoming stress, anxiety, relationship issues, career concerns etc. The Anti-ragging Awareness Programme aimed at making students aware of the laws of the country concerning ragging and how it affects the lives of people victimized by it. The speaker, Dr. Jyothi S, HoD of mathematics and the convener of the college Anti-ragging committee, started her talk by asking why is ragging banned and narrated a few incidents. She

explained the legal consequences of ragging and the steps to be followed to fill out the online affidavit. The college promotes innovative ideas and the place to implant that “the incubation center” at MITE, the method to present an idea in the incubation center was introduced to students by Mr. Swaroop G. The session was aimed to inspire and equip students with insights into the importance of innovation in today's rapidly changing world and the essential qualities for a successful entrepreneur. A session on universal human values (UHV) was conducted by the college UHV coordinators for the students of ABCDEFGHI sections. The session was engaged in the respective classrooms. In the first session, students of a few sections were made to explore their basic aspirations through self-exploration. Through the right understanding facilitated by self-exploration, students realized that the basic human aspiration is to be happy and prosperous in continuity.



MITE students at Vijetha Special School, Karkala and Arunodaya Special School, Karkala



Dr Ashwini Kamath addressing the students on Basic Human Aspiration



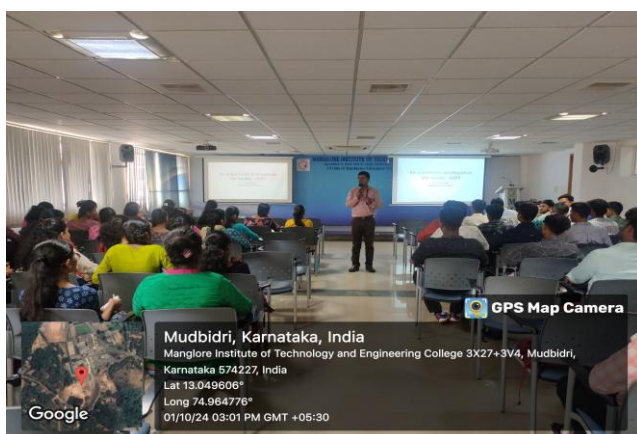
Dr Terence K Johnson Addressing the Students

Day 08: 01-10-2024

| Activity | Section/s | Resource Person/Coordinator | Time |
|---|-----------|-----------------------------|----------------------|
| Familiarization of the Department | A to H | Respective HoDs | 9.00 AM TO 12.00 PM |
| Reflections on the Morning Sessions | ABCDEGH | Advisors/Faculty Incharge | 1.00 PM to 1.30 PM |
| Group Activity: Group Discussion | EGH | Faculty Incharge | 1.30 PM to 2.45 PM |
| Breaking Barriers- Misconception regarding Counselling, Mrs Shaila Sequiera | ABCD | Mrs Shaila Sequiera | 1.30 PM to 2.45 PM |
| AAPP: An opportunity to emphasize the society | EGH | Dr Guru Prasad L | 3.00 PM to 4.15 PM |
| Group Activity: Group Discussion | ABCD | Faculty Incharge | 2.45 PM to 4.15 PM |
| Literary Activity | F | Mrs Keerthana K J | 1.00 PM to 2.30 PM |
| Importance of library and Reading habits | | Mr Santhosh Kumar T V | 2.45 PM to 4.15 PM |
| Local Visit: Mount Rosary Old Age Home Moodbidri | I & J | Advisors/Faculty Incharge | 9.30 AM TO 12.00 PM |
| Local Visit: Spoorthy Special School Moodbidri | K | | |
| Breaking Barriers- Misconception regarding Counselling, | LMNO | Mrs Shaila Sequiera | 9.30 AM TO 10.45 AM |
| AAPP: An opportunity to emphasize the society | | Dr Guru Prasad L | 11.00 AM TO 12.00 PM |
| Familiarization of the Department | I to O | Respective HoDs | 1.00 PM to 4.30 PM |

Day 8 was started with the Familiarization of the Department for the students of physics group (ABCDEFGH sections) and various other events for the other sections. The objective of the Familiarization of the Department is to help first-year students feel more comfortable and confident within their academic department and to increase their chances of academic success. Heads of the Department initiated the program by providing an overview of the department. They provided a concise overview of the department's focus, goals, and areas of expertise by giving the students an understanding of what to expect in their studies. They also highlighted the available resources,

facilities, and support services within the department for the successful academic journey. Senior faculty members of the departments addressed the students about, Placement, Internship, Innovative Projects, Professional Body Memberships, department associations, and various clubs and the opportunities available for students by joining various forums. Subsequently in the program, there was a session where the department's faculty and staff were introduced to the students, which was then followed by a visit to the department laboratories and a demonstration of innovative projects. The same session was conducted for chemistry group students (IJKLMNOP sections) in the afternoon. An introductory session on AICTE CTIVITY POINT PROGRAM was arranged for students few sections and was taken up by the coordinator of the program, Dr Guruprasad L. During the session, he highlighted the objectives of the program and also the briefed about various activities covered under the program and plan action for the first year. The students of some sections participated in a debate as an group activity while for other sections sessions on Breaking Barriers- Misconception regarding Counselling, visiting the local places were arranged.



A talk on AAPP by Dr Guru Prasad L



Students Participating in Group activity



MITE Students at Spportthy Special School Moodbidri



Familiarization of Department – Dept of AIML

Day 09: 03-10-2024

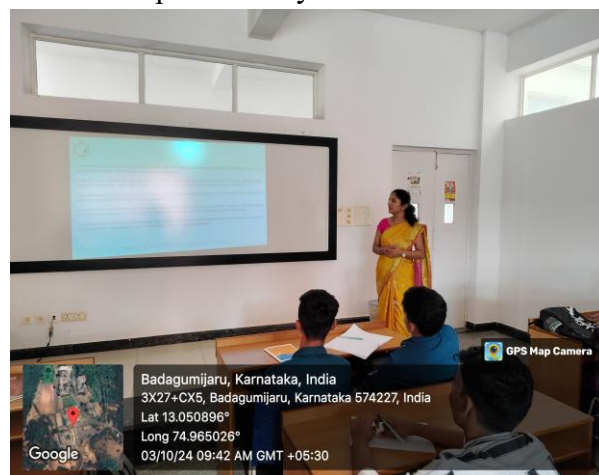
| Activity | Section/s | Resource Person/Coordinator | Time |
|--|-----------|-----------------------------|----------------------|
| UHV-II: Harmony in Human Being (Self & Body) | ABCDE | UHV Coordinators | 9.15 am to 10.30 am |
| Digital Detox | | Mr Adarsh | 10.45 am to 12.15 pm |
| Group Activity: Poster making on given theme | | Faculty Incharge | 1.15 pm to 4.15 pm |
| Self Discipline & Self Confidence | F & G | Dr Ganesh Mogaveer | 9.15 am to 10.30 am |
| Antiragging & Discipline matters | | Dr Jyorhi S | 10.45 am to 12.00 pm |
| Social Responsibilities & Professional Ethics in Engineering | | Mr. Surjit Ram | 2.45 pm to 4.15 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | H | Dr Terence K Johnson | 9.15 am to 10.30 am |
| UHV-II: Harmony in Human Being (Self & Body) | | Mrs Shwetha Bhat | 10.45 am to 12.00 pm |
| Literary Activity | | Mrs Pramila B J | 2.45 pm to 4.15 pm |
| Social Responsibilities & Professional Ethics in Engineering | I & J | Mr. Surjit Ram | 9.15 am to 10.30 am |
| Environmental Issues and Conservation | | Dr Jayaprakash M C | 10.45 am to 12.00 pm |
| Learning through MOOCs | | Dr Sruthi Dinesh | 2.45 pm to 4.15 am |
| Digital Detox | FGHIJ | Mr Adarsh | 1.00 pm to 2.30 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | K | Dr Sathisha | 9.15 am to 10.30 am |
| Literary Activity | | Mrs Keerthana K J | 10.45 am to 12.00 pm |
| UHV-I: Basic Human Aspiration | | Mrs Vidya D | 1.15 pm to 2.30 pm |
| UHV-I: Basic Human Aspiration | LMNO | UHV Coordinators | 9.15 am to 10.30 pm |

| | | | |
|--|-------|-------------------------------|----------------------|
| Group Activity: Group Discussion | | Faculty In charge | 10.45 am to 12.00 pm |
| Importance of library and Reading habits | L | Mr Santhosh Kumar T V | 1.15 pm to 2.30 pm |
| Physical Activity: Games & Sports | M | Dr Aveen K P & Mr Shamith Rao | |
| UHV-II: Harmony in Human Being (Self & Body) | N | Ms Swapna S A | |
| | O | Mrs Pavithra | |
| Digital Detox | KLMNO | Mr Adarsh | 2.45 pm to 4.15 pm |

The schedule for day 09 is given above. During the day the inspiring session led by Mr. Adarsh Gowda P N, Director of SYMCON Foundation & Social Welfare Trust®, Mysore was arranged. The event was aimed at addressing the growing concerns surrounding excessive screen time and its effects on mental and physical well-being. The event witnessed an overwhelming participation by students of all the sections. With his extensive experience in social welfare initiatives, Mr. Gowda captivated the audience by shedding light on the necessity of digital detoxification in today's fast-paced, technology-driven world. His speech emphasized the importance of balancing digital consumption with mindful offline activities, helping students understand how excessive usage of smart phones, social media, and other digital platforms can lead to stress, anxiety, and reduced productivity.



A talk by Mr Adarsh Gowda on “ Digital Detox



UHV Session by Dr Amrutha H P



Group Activity: Poster Presentation by Students



Awareness on Anti-ragging by Dr Jyothi S

The other sessions of the day are, Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria, UHV sessions, Learning through MOOCs, Social Responsibilities & Professional Ethics in Engineering, Self-Discipline & Self Confidence and group activities. Dr Sruthi Dinesh, Assistant Professor, Department of ECE, educated the students about the meaning and purpose of MOOCs and how students can be involved in such courses and obtain additional knowledge. Various online platforms offering MOOCs were familiarized to the students and motivated them to be involved to the maximum extent possible. Dr Sathisha and Dr Terence K Johnson explained the various rules and academic regulations, criteria for vertical progression etc. They also highlighted the need for scoring good grades and the ways of achieving them. Mr Surjit Ram enlightened the students about the Social Responsibilities of engineers and professional ethics. Ethics were derived from the ethos of a way of life. They are the principles or the moral values which are accepted by the society. There are different ethics in different professions with the regard to engineering. The UHV coordinators engaged the sessions on UHV and made the students to understand the harmony in the individual human being by saying that the human being is co-existence of self and body and each have different needs and their activities are also different. Students of L section were taken to the MITE library. The librarian explained various sources of knowledge available in the library and ways of using those resources for academic and project purposes. Students of the M section were introduced to various sports and games facilities such as a basketball court, tennis court, cricket, volleyball, football, and the gym facility. The students were also provided with an opportunity to play on the college grounds.

Day 10: 04-10-2024

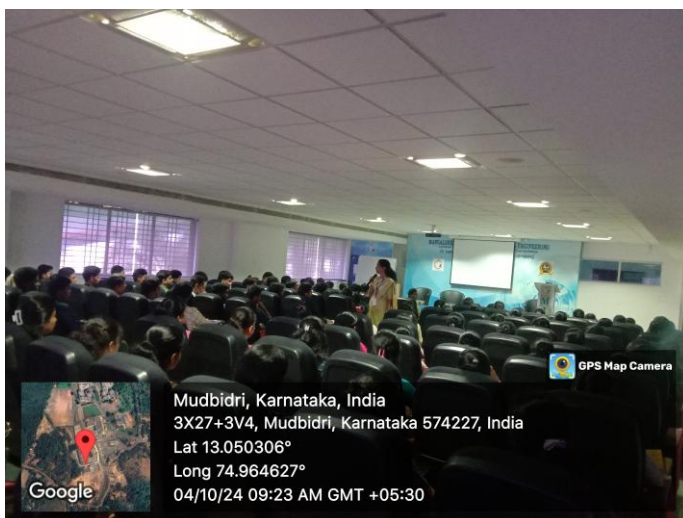
| Activity | Section/s | Resource Person/Coordinator | Time |
|---|-----------|-----------------------------|----------------------|
| Drug Abuse | ABCDEFGH | Dr Jayaprakash K | 10.45 am to 12.00 pm |
| | IJKLMNOP | | 1.00 pm to 2.15 pm |
| Engineering Excellence- Insights for Aspiring Engineers | ABCDE | Mr. Shiva Prakash Rao | 9.15 am to 10.30 am |
| | IJKLM | | 10.45 am to 12.00 pm |
| | FGHNO | | 2.30 pm to 3.45 pm |
| Skill Enhancement for career Opportunities | FGHNO | Mr Narendra U P | 3.45 pm to 4.30 pm |
| Breaking Barriers- Misconception regarding Counselling, | F & G | Mrs Shaila Sequeira | 9.15 am to 10.30 am |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | N & O | Dr. C R Rajashekhar | 10.45 am to 12.00 pm |
| Learning through MOOCs | A & B | Dr Sruthi Dinesh | 1.00 pm to 2.15 pm |
| Self Discipline & Self Confidence | | Dr Ganesh Mogaveer | 2.30 pm to 3.45 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | | Dr Sathisha | 3.45pm to 4.30 pm |
| Self Discipline & Self Confidence | H & I | Dr Ganesh Mogaveer | 9.15 am to 10.30 am |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | C & E | Dr Sathisha | 1.00 pm to 2.15 pm |
| Breaking Barriers- Misconception regarding Counselling, | E & J | Mrs Shaila Sequeira | 2.30 pm to 3.45 pm |
| Self Discipline & Self Confidence | | Dr Ganesh Mogaveer | 3.45 pm to 4.30 pm |
| UHV-I: Basic Human Aspiration | J | UHV Coordinators | 9.15 am to 10.30 am |

| | | | |
|--|--------|-------------------------------|--------------------|
| UHV-II: Harmony in Human Being (Self & Body) | KLM | | |
| UHV-III: Harmony in Family Relationships | N | | |
| Importance of library and Reading habits | O | Mr Santhosh Kumar T V | |
| Physical Activity: Games & Sports | D | Dr Aveen K P & Mr Shamith Rao | |
| UHV-II: Harmony in Human Being (Self & Body) | FG | UHV Coordinators | 1.00 pm to 2.15 pm |
| Importance of library and Reading habits | H | Mr Santhosh Kumar T V | |
| UHV-II: Harmony in Human Being (Self & Body) | I | | |
| UHV III: Harmony in Family Relationships | CDKL | UHV Coordinators | 2.30 pm to 3.45 pm |
| Importance of library and Reading habits | M | Mr Santhosh Kumar T V | |
| Interaction/Activities by Faculty In charge | CDIKLM | Faculty In charge | 3.45 pm to 4.30 pm |

On day 10, two guest lectures were organized on the topics “Drug Abuse” and “Engineering Excellence- Insights for Aspiring Engineers”. The speakers for the sessions were Dr Jayaprakash K and Mr. Shiva Prakash Rao. Dr Jayaprakash, a distinguished expert in Forensic Medicine and Toxicology, provided valuable insights into the various types of substances commonly abused and their ill effects on physical and mental health. The session was very engaging for the students and emphasized the need for continued education, awareness, and support to curb drug abuse effectively. Parallely an impactful and a highly engaging session on Engineering Excellence- Insights for Aspiring Engineers” by Mr. Shiva Prakash Rao was arranged. The session was aimed to sensitize 1st year students about the importance of Critical thinking, How to develop engineering mind set and need of soft skills for success.



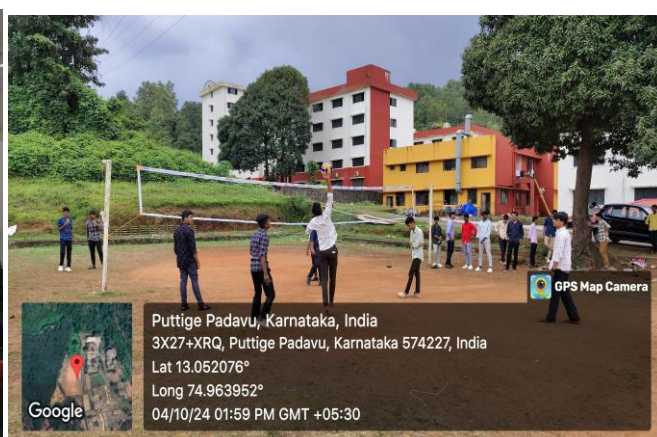
A talk on "Drug Abuse" by Dr Jayaprakash K



Ms Shaila Sequiera interacting with students



A talk on Engineering Excellence by Mr. Shiva Praksha Rao



Students at College Goruds: Physical Activity

The UHV sessions conducted by the college UHV coordinators to understand the human body as the coexistence of self (I) and the body. The students were also made to explore Harmony in the family. The session mostly focused on relationships that are important to maintain among this particular age's youth. Focus on property issues, lack of respect, partiality, and trust in family relationships were explained. The other sessions of the day include Importance of Library and Reading Habits, Breaking Barriers- Misconception regarding Counselling, Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria, Self-Discipline & Self Confidence, etc. Dr Ganesh Mogaveera, HoD of Civil Engineering, delivered a talk on self-confidence and self-discipline to the students of E & J sections and informed the students that the key to success is Self-confidence. Discipline means taking possession of your mind. Discipline is the bridge between goals and accomplishment. Self-discipline creates a greater tomorrow. Self-disciplined people are more successful and happier in life. He also explained the importance of self-confidence, and what peer pressures may lead to because of a lack of confidence.

Day 11: 05-10-2024

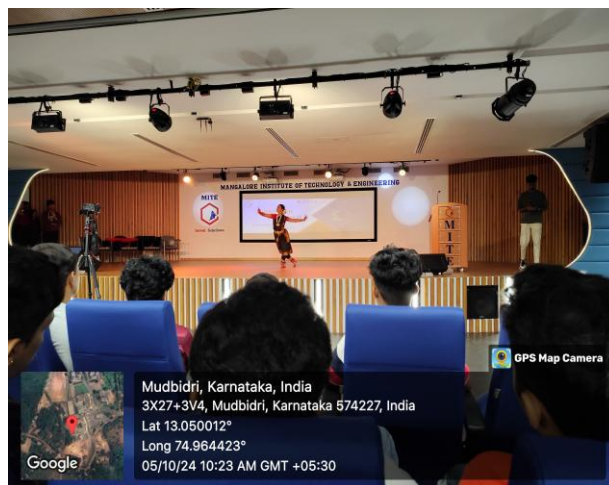
| Activity | Section/s | Resource Person/Coordinator | Time |
|--|-----------|-----------------------------|----------------------|
| Life Beyond Academics: Euphoria | ABCDE | Mrs Rashmi Praveen | 9.00 am to 10.30 am |
| | KLMNO | | 10.30 am to 12.00 pm |
| Learning through MOOCs | KLMNO | Dr Sruthi Dinesh | 9.00 am to 10.15 am |
| Innovate & Protect: Awareness on IPR | ABCDE | Dr Ramalingam H M | 10.30 am to 12.00 pm |
| UHV-II: Harmony in Human Being (Self & Body) | J | UHV Coordinators | 9.15 am to 10.30 am |
| UHV-III: Harmony in Family-Relationships | | | 10.45 am to 12.00 pm |
| Group Activity: Poster making on a given theme | F & G | Faculty Incharge | 9.00 am to 12.00 pm |
| Antiragging & Discipline matters | H & I | Mr Surjit Ram | 9.15 am to 10.30 am |
| UHV-III: Harmony in Family-Relationships | H & I | UHV Coordinators | 10.45 am to 12.00 pm |

On day 11, the first session was handled by Mrs. Rashmi Praveen and the senior students of the institute, briefed students about the various clubs available under EUPHORIA, the cultural club of MITE, and about the opportunities given to students to exhibit and enhance their talents at various platforms. Ms. Shambhavi A Acharya gave a dance performance for our first-year students in three batches. UHV sessions on Harmony in Human Being (Self & Body) and Harmony in Family-Relationships were conducted by the UHV coordinators for H, I J sections. The Anti-ragging Awareness Programme aimed at making students aware of the laws of the country concerning ragging and how it affects the lives of people victimized by it. The speaker, Dr. Jyothi S, HoD of mathematics and the convener of the college Anti-ragging committee, started her talk by asking why is ragging banned and narrated a few incidents. She explained the legal consequences of ragging and the steps to be followed to fill out the online affidavit. Dr. Ramalingam, Associate Professor, Department of ECE

delivered a session on Innovate & Protect Awareness on IPR. IPR stands for intellectual property rights. It refers to the legal rights given to the inventor or creator to protect his invention or creation for a certain period. Also mentioned about the types of rights, the copyright, Industrial property, geographic indication, and many others, including patents, trademarks, etc.



Life beyond Academics; Mrs. Rashmi Praveen



Dance performance by Ms. Shambhavi A A



Awareness session on IPR by Dr Ramalingam



A talk on Antiragging & Discipline matters by Mr. Surjit R

Day 12: 07-10-2024

| Activity | Section/s | Resource Person/Coordinator | Time |
|---|-----------|-----------------------------|----------------------|
| Personal & Academic Excellence | ABCDE | Dr S. Krishnamurthy | 10.30 am to 11.45 am |
| | KLMNO | | 12.30 pm to 1.45 pm |
| | FGHIJ | | 2.00 pm to 3.00 pm |
| A talk on Innovation & entrepreneurship | KLMNO | Mr Swaroop G | 9.15 am to 10.30 pm |

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| Self defence techniques | FGHIJ | Mr Karthik Kateel | 3.00 pm to 4.30 pm |
| Interaction/Activities by Faculty Incharge | LMNO | Faculty In charge | 11.00-12.00pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | I & J | Dr. C R Rajashekhar | 9.15 am to 10.15 am |
| AAPP: An oportunity to emphasize the society | | D Guru Prasad L | 10.30 am to 11.45 am |
| Learning through MOOCs | C & D | Dr Sruthi Dinesh | 1.00 pm to 2.45 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | A & B | Dr Sathisha | 3.15 pm to 4.15 pm |
| Self Discipline & Self Confidence | C & D | Dr Ganesh Mogaveer | 9.15 am to 10.30 pm |
| | K & L | | 2.00 pm to 3.00 pm |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | L & M | Dr Terence K Johnson | 3.15 pm to 4.15 pm |
| Local Visit: Thousand Pillar Temple, Moodbidri | F | Faculty In charge | 9.30 am to 12.00 pm |
| Local Visit: Mount Rosary Old Age Home | G | | |
| Physical Activity: Games & Sports | A | Dr Aveen K P & Mr Shamith Rao | 9.15 am to 10. 30 am |
| | E | | 2.45 pm to 4.15 pm |
| Literary Activity | B | Mrs Keerthana K J | 9.15 am to 10.45 am |
| Importance of library and Reading habits | K | Mr Santhosh Kumar T V | 11.00 am to 12.00 pm |
| Literary Activity | C | Mrs Pramila B J | 2.45 pm to 4.15 pm |
| Importance of library and Reading habits | D | Mr Santhosh Kumar T V | |
| UHV-III:Harmony in Family-Relationships | E | UHV Coordinator | 9.15 am to 10.45 am |
| Group Activity: Poster making on a given theme | H | Faculty In charge | 9.15 am to 12.00 pm |
| UHV-III:Harmony in Family-Relationships | M | UHV Coordinator | 2.00 pm to 3.00 pm |

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| | B | | |
| Importance of library and Reading habits | E | Mr Santhosh Kumar T V | 1.00 pm to 2.30 pm |
| Group Activity: Poster making on a given theme | N | Faculty In charge | 1.00 pm to 4.15 pm |
| | O | | |
| AAPP: An opportunity to emphasize the society | K | D Guru Prasad L | 3.00 pm to 4.15 pm |

The schedule for Day 12 is given above. On this day two sessions by guests were arranged. The first session was by Dr S. Krishnamurthy on Personal & Academic Excellence. Dr Murthy explained self-awareness, emotional intelligence resilience, and effective communication. He said that personal excellence plays a vital role in a student's overall development and success. The other session was by Mr. Karthik Kateel on the Self-defense technique for the students of FGHI sections. The session began with a discussion of physical and mental harassment. Live examples on harassment of young students specifically for girls through online and web cameras were provided. Mr Karthik Kateel, the resource person explained various techniques to be followed during physical and mental attacks. Self-defence is a countermeasure to an attack – an act of defending oneself. Different techniques were demonstrated by the trainer with the help of his mother. Other activities such as AAPP: An opportunity to emphasize the society, library activity, visit to local places, UHV sessions were also conducted for different sections as per the schedule.





A session on Personal Excellence by Dr S Krishnamurthy

Day13: 08-10-2024

| Activity | Section/s | Resource Person/Coordinator | Time |
|--|-----------|-----------------------------|----------------------|
| A talk on Innovation & Entrepreneurship | ABCDF | Mr Swaroop G | 9.15 am to 10.30 am |
| Innovate & Protect: Awareness on IPR | KLMNO | Dr Ramalingam H M | 10.45 am to 12.00 pm |
| Life Beyond Academics: Euphoria | FGHIJ | Mrs Rashmi Praveen | 2.15 pm to 4.30 pm |
| Self-defence techniques | ABCDE | Mr Karthik Kateel | 1.00 pm to 2.30 pm |
| | KLMNO | | 2.45 pm to 4.15 pm |
| Learning through MOOCs | G & F | Dr Sruthi Dinesh | 10.45 am to 12.00 pm |
| UHV-IV: Holistic Health | K & L | Dr Vineetha T D Souza | 9.15 am to 10.30 pm |
| Environmental Issues and Conservation | A & B | Dr Jayaprakash M C | 10.45 am to 12.00 pm |
| | N & K | | 1.00 am to 2.30 pm |
| UHV III: Harmony in Family-Relationships | A | UHV Coordinator | 2.45 pm to 4.15 pm |
| Importance of library and Reading habits | B | Mr Santhosh Kumar | 2.45 pm to 4.15 pm |
| AAPP: An oportunity to emphasize the society | C | Dr Guru Prasad L | 10.45 am to 12.00 pm |

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| UHV IV: Holistic Health | D | UHV Coordinator | |
| Physical Activity: Games & Sports | C | Dr Aveen K P & Mr Shamith Rao | 2.45 pm to 4.15 pm |
| Literary Activity | D | Mrs Pramila B J | 2.45 pm to 4.15 pm |
| Local Visit: Thousand Pillar Temple, Moodbidri | E | Faculty in charge | 9.30 am to 12.00 pm |
| | H | | |
| UHV IV: Holistic Health | E | UHV Coordinator | 2.45 pm to 4.15 pm |
| UHV IV: Holistic Health | F | UHV Coordinator | 1.00 pm to 2.00 pm |
| UHV III: Harmony in Family-Relationships | G | UHV Coordinator | 9.15 am to 10.30 am |
| Physical Activity: Games & Sports | | Dr Aveen K P & Mr Shamith Rao | 1.00 pm to 2.00 pm |
| UHV IV: Holistic Health | H | UHV Coordinator | 1.00 pm to 2.00 pm |
| Group Activity- Poster Making on a given theme | I | Faculty in charge | 9.00 am to 12.00 pm |
| | J | | |
| UHV IV: Holistic Health | I | UHV Coordinator | 1.00 pm to 2.00 pm |
| Interaction/Activities by Faculty Incharge | J | Faculty in charge | 1.00 pm to 2.00 pm |
| Group Activity- Poster Making on a given theme | L | Faculty Incharge | 1.00 pm to 2.30 pm |
| | M | | 9.00 am to 10.30 am |
| | | | 1.00 pm to 2.30 pm |
| UHV IV: Holistic Health | N | UHV Coordinator | 9.15 am to 10.30 am |
| UHV III: Harmony in Family-Relationships | O | UHV Coordinator | 9.15 am to 10.30 am |
| Literary Activity | | Mrs Keerthana K J | 1.00 pm to 2.30 pm |

On day 13, sessions on Innovate & Protect: Awareness on IPR, A talk on Innovation & Entrepreneurship, Life Beyond Academics: Euphoria, Self-defence techniques, and UHV sessions were planned as shown in the table above. During the first session, Mr Swaroop G, Assistant Professor, Department of Mechanical Engineering, inspired and equipped the students with insights

into the importance of innovation in today's rapidly changing world and the essential qualities for a successful entrepreneur. The second session was handled by Mr. Ramalingam, Associate Professor, Department of ECE. IPR stands for intellectual property rights. It refers to the legal rights given to the inventor or creator to protect his invention or creation for a certain period. Also mentioned about the types of rights, the copyright, Industrial property, geographic indication, and many others, including patents, trademarks, etc. Dr. Jayaprakash M C, Associate Professor of the Department of Civil Engineering delivered a talk on Environmental Issues and Conservation. He explained the importance of the environment for life on earth, the various environmental issues and their consequences, and enlightened the students, on the ways to conserve/protect our nature. UHV sessions on Harmony in family and Holistic Health were conducted by the college UHV coordinators in batches of about 60 students. In the afternoon, a highly informative and impactful workshop on “Self Defence Techniques” was organized for the students of ABCDEKLMNO sections. During the 1 hour 45 minutes presentation, Mr. Karthik S. Kateel, the trainer, collaborated with his mother, Mrs. Shobha Latha, to showcase various techniques empowering women to defend themselves against strangers or groups. The eyes, nose, and neck are susceptible areas of the human body, all one needs is the presence of mind and ability to identify the weak points in the attacker so that they can easily escape unhurt. Attendees of this session can readily learn effective methods to counteract an attack and regain control in dangerous situations. These techniques are straightforward and applicable to women of all age groups.

To conclude, Self-defense is not only about physical techniques but also about developing awareness, confidence, and presence of mind. Remember, the best defense is often avoidance, and knowing how to prevent dangerous situations is just as important as knowing how to react. I encourage you to keep practicing these techniques, stay vigilant, and always trust your instincts. Stay safe, stay strong, and continue empowering yourselves and others.



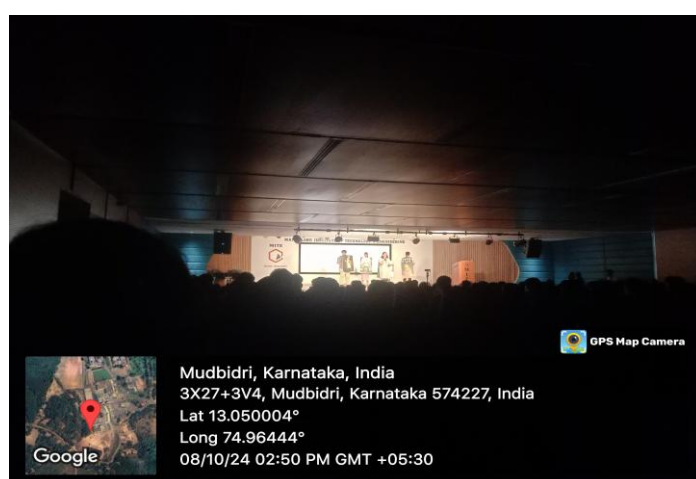
Self-defence Techniques by Mr. Karthih Kateel



UHV Session by Dr Srikanth Naik



A talk on Innovation & Entrepreneurship



Senior Students performing as part of SIP-2024

Day14: 09-10-2024

| Activity | Section/s | Resource Person/Coordinator | Time |
|-------------------------------------|-----------|-----------------------------|----------------------|
| The power of Habits | ABCDE | His Grace Sutapa Das | 9.15 AM T 10.30 AM |
| | FGHIJ | | 10.45 AM TO 12.00 PM |
| | KLMNO | | 1.00 PM TO 2.15 PM |
| Yoga for Healthy life | FGHIJ | Smt. Chandana M | 9.15 am to 10.30 am |
| | KLMNO | | 10.45 am to 12.00 pm |
| | ABCDE | | 1.00 PM TO 2.15 PM |
| Anti-ragging and discipline matters | ABCDE | Dr. Jyothi S/ Mr Surjit Ram | 2.30 pm to 4.00 pm |
| Self Discipline & Self Confidence | M & N | Dr Ganesh Mogaveer | 9.15 am to 10.30 am |

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| AAPP: An oportunity to emphasize the society | D & A | Dr Guru Prasad L | 10.45 am to 12.00 pm |
| Environmental Issues and Conservation | C & D | Dr Jayapraksah M C | 1.00 pm to 2.30 pm |
| UHV IV: Holistic Health | J & M | Mr Sathwik S Nayak | 2.45 pm to 4.15 am |
| Literary Activity | A | Mrs Keerthana K J | 1.00 pm to 2.30 pm |
| UHV IV: Holistic Health | B | Mr Akshath Raj Jain | 10.45 am to 12.00 pm |
| Physical Activity: Games & Sports | | Dr Aveen K P & Mr Shamith Rao | 1.00 pm to 2.30 pm |
| | | | 2.45 pm to 4.15 am |
| Learning through MOOCs | H | Dr Sruthi Dinesh | 2.45 pm to 4.15 am |
| Importance of library and Reading habits | I | Mr Santhosh Kumar T V | |
| Group Activity: Poster Making on given theme | K | Faculty in charge | 9.15 am to 10.30 am |
| | | | 2.45 pm to 4.15 am |
| Literary Activity | L | Mrs Pramila B J | 9.15 am to 10.30 am |
| Physical Activity: Games & Sports | O | Dr Aveen K P & Mr Shamith Rao | 9.15 am to 10.30 am |
| UHV III: Harmony in Family-Relationships | | Dr Sumanth Joishy | 2.45 pm to 4.15 am |
| UHV IV: Holistic Health | G | Mrs Pramila B J | 2.45 pm to 4.15 am |
| UHV IV: Holistic Health | C | Mr. Akshaykrishna | 10.45 am to 12.00 pm |
| Creative Arts: Best out of Waste | E | Faculty in charge | 10.45 am to 12.00 pm |
| | | | 1.00 pm to 2.30 pm |
| | L & N | | 2.45 pm to 4.15 am |
| Academic Policies and Progression Guidelines: Examinations, and Eligibility Criteria | F | Dr Sathisha | 1.00 pm to 2.30 pm |
| Interaction/Activities by Faculty Incharge | G | Faculty in charge | |
| Breaking Barriers- Misconception regarding Counselling, | H | Mrs Shaila Sequeira | |

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|--|---|-----------------------|--|
| Interaction/Activities by Faculty Incharge | I | Faculty in charge | |
| Importance of library and Reading habits | J | Mr Santhosh Kumar T V | |

The schedule of day 14 for various sections is given above. On this day two sessions were delivered by guest speakers and other activities were conducted by the faculty of the institute. The power of habits lies in their ability to shape our lives through consistent, repeated actions. Positive habits, when developed over time, can lead to lasting success, improved health, and personal growth. A very informative session on “The power of habits” was organized to empower the students with the thoughts to inculcate positive habits.

The concept of how powerful a human mind can be, with an average of 60,000 thoughts per day, was explained by His Grace Sutapa Das. He spoke on understanding the mind, the habits that need to be cultivated to enhance the activity and control the mind from wandering, and the daily habitual practice to overcome the fear of thoughts and adopt a healthier lifestyle. They also enlightened the students about the Nature of the mind, the Consequences of an uncontrolled mind, the Comparison of the human body, the Mechanism of the mind, and the Effects of having bad habits. A session on “Yoga for Healthy Lifestyle” was organized to understand the role of yoga in practicing a healthy lifestyle. Yoga is a holistic practice that promotes physical, mental, and emotional well-being, making it a key component of a healthy lifestyle. By combining breath control, meditation, and physical postures, yoga helps improve flexibility, strength, and balance while reducing stress and enhancing mindfulness. The resource person Ms. Chandana M emphasized the importance of incorporating yoga into daily routines that lead to long-term health benefits, including better sleep, increased energy, and improved mental clarity.



The Power of habits by His Grace Sutapa Das



Yoga for Healthy life by Smt. Chandana M



Dr. Sathisha addressing the students on the Academic
And Exam regulations



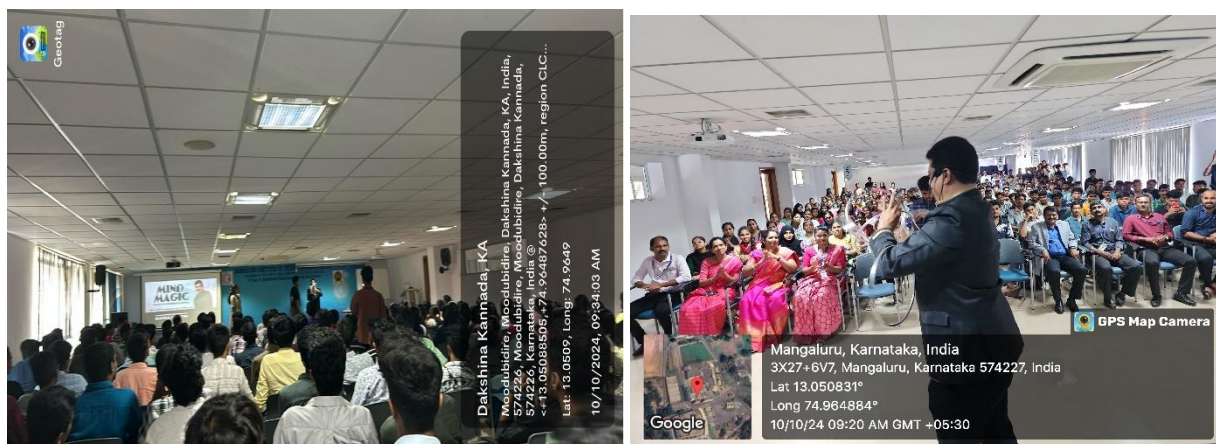
UHV session by Mr. Akshaykrishna

Day15: 10-10-2024

| Activity | Section/s | Resource Person/Coordinator | Time |
|--|-----------|-----------------------------|----------------------|
| Mind Mapping | ABCDE | Mr. Kudroli Ganesh | 9.00 am to 10.00 am |
| | FGHIJ | | 10.30 am to 11.30 am |
| | KLMNO | | 12.00 pm to 1.00 pm |
| UHV IV: Holistic Health | A | UHV Coordinator | 10.30 am to 11.45 am |
| Activities / Interaction by Faculty Incharge | BCDE | Faculty in charge | |

| | | |
|-------------------------|------------|---------------------|
| Feedback/Report Writing | KLMNO | 9.00 am to 11.45 am |
| | FGHIJ | 9.00 am to 10.00 am |
| | ABCDEFGHJI | 1.00 to 3.00 pm |
| | KLMNO | 2.00 pm to 3.00 pm |

The schedule of the 15th day is given above. The sessions were arranged in the morning and in the afternoon feedback and report writing were planned. A very energetic session on Mind mapping by renowned magician Mr. Kudroli Ganesh was arranged. All first-year students and some of the senior students along with many faculty members attended the session. The session was entertaining and thought-provoking, exploring the power of the subconscious mind through magic and other activities. The subconscious mind holds immense power, influencing thoughts, behaviors, and beliefs, shaping our reality by driving actions and decisions often beyond our conscious awareness. Mind magic refers to the transformative power of thoughts and visualization, harnessing the mind's ability to manifest desired outcomes through focused intention and belief



Mind Mapping Session by Mr. Kudroli Ganesh

Students were constantly monitored and encouraged to be actively involved in all sessions. They were asked to write a brief report on the session at the end of each day. Feedback on each session was taken daily through Google Forms

Co-Ordinator
(Dr. Anthoni Praveen)

Principal