



MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING

(A unit of Rajalaxmi Education Trust ®, Mangalore)

Autonomous Institute Affiliated to V.T.U., Belagavi , Approved by AICTE, New Delhi

Accredited by NAAC with A+ Grade & ISO 9001:2015 Certified Institution

ANTI-DRUGS COMMITTEE (ADC)

ANNUAL REPORT 2025-26



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Preamble

The Anti-Drugs Committee aims to create a safe, healthy, and drug-free campus by promoting awareness about the harmful effects of drugs and the legal consequences associated with their use and trafficking. This committee will conduct awareness programs, counseling initiatives, and preventive measures to foster responsible behavior, support students in need, and uphold a culture of discipline and well-being within the institution.

Frequency of the Meeting:

The committee meets twice in a year to discuss on the activities as mentioned in the preamble. The minutes of the meeting held in the academic year 2025-26 is attached at the end of the report.

Constitution of the Committee for the year 2025-26

Sr.	Name	Representation	Role/Designation
1	Dr. Prashanth C M	Principal	Chairman
2	Dr. Madhwaraj K G	Professor & Head, Dept of MCA, Student Welfare Officer	Convener
3	Dr. Jyothi S	Professor & Head, Dept of Mathematics & Chief Warden, Girls Hostels	Members
4	Dr. Shreekumar T	Professor, Dept of Computer Science and Engineering & Chief Warden, Boy's Hostels	
5	Mr. Sandesh P G	Inspector of Police, Moodabidri Police Station	
6	Ms. Shwetha Jain	Advocate, Moodabidri	



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7	Dr. Ganesh Mogaveera	Professor & Head, Dept of Civil Engineering, Convener - Disciplinary Committee	Members
8	Ms. Shaila Sequeira	Student and Staff Counsellor	
9	Mr. Manjunath Hebbagilu	Professor & HoD, Dept of Information Science & Engineering	
10	Dr. Dinesh L	Associate Professor, Dept of Computer Science & Engineering	
11	Mr. Akshath Raj Jain	Assistant Professor, Dept of MBA, NSS-Convener	
12	Mr. Kiran Kumar M	Student Representative	
13	Ms. Nikitha	Student Representative	
14	Mr. Udith	Student Representative	

Activities Report for the Academic Year 2025-26

Sr. No.	Type of Activity
1.	Expert Talk
2.	Nasha Muktha Bharat Abhiyan
3.	Special Talk

1. Expert Talk

As part of the Induction Program for the academic year 2025-26, the Anti-Drugs Committee conducted an expert talk titled “Drug Abuse” for the first-year B.E. students of MITE. The session was

Badaga Mijar, Moodabidri, Mangalore Taluk, Dakshina Kannada District Karnataka, INDIA-574225.

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delivered by Dr. Jayaprakash K, an eminent academician and expert in *Forensic Medicine and Toxicology*, with over three decades of experience in teaching and mentoring.

A brief on the event:

Dr. Jayaprakash began the session by introducing the students to the different types of drugs and narcotic substances, ranging from commonly misused substances such as tobacco and alcohol to more dangerous narcotics and synthetic drugs currently prevalent in the market. He explained how such substances are often introduced to young people under peer pressure, curiosity, or false promises of temporary relief and excitement. He highlighted how modern synthetic drugs, in particular, pose grave risks due to their easy availability and harmful chemical composition.

The resource person elaborated on the adverse effects of drug abuse, not only at the individual level but also on families and society at large. At the individual level, he described how drug addiction can cause severe physical and psychological health issues, loss of focus in studies, impaired judgment, and eventual dependency that is hard to overcome. At the family level, drug addiction disrupts harmony by creating mistrust, strained relationships, financial crises, and emotional trauma. At the societal level, it contributes to increased crime, unemployment, and loss of productivity, thereby an overall deterioration of social values.



Dr Jayaprakash K. addressing the students on the ill effects of Drug Abuse



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He highlighted the role of students and strongly emphasized the responsibility of young people in avoiding such habits. He cautioned them about peer pressure and the false sense of relaxation associated with drug use. Instead, he urged them to focus on building healthy lifestyles, nurturing positive friendships, and committing themselves to productive academic and social activities. He stressed that students, as the youth and future of the nation, have a vital role to play in building a drug-free society by spreading awareness, leading by example, and making conscious choices.

The session was interactive and engaging, providing students with valuable insights into the dangers of drug abuse and the importance of self-discipline and responsibility. Students appreciated the talk, which not only raised awareness but also inspired them to adopt a healthy and purposeful lifestyle.

Key Outcomes:

- Awareness of the different types of drugs and their harmful effects
- Understanding the impact of drug abuse at the individual, family, and societal levels
- The importance of resisting peer pressure and making informed life choices
- Students' responsibility to lead by example and promote a drug-free lifestyle
- Need for collective effort in building a healthier, safer society

2. Nasha Muktha Bharat Abhiyan

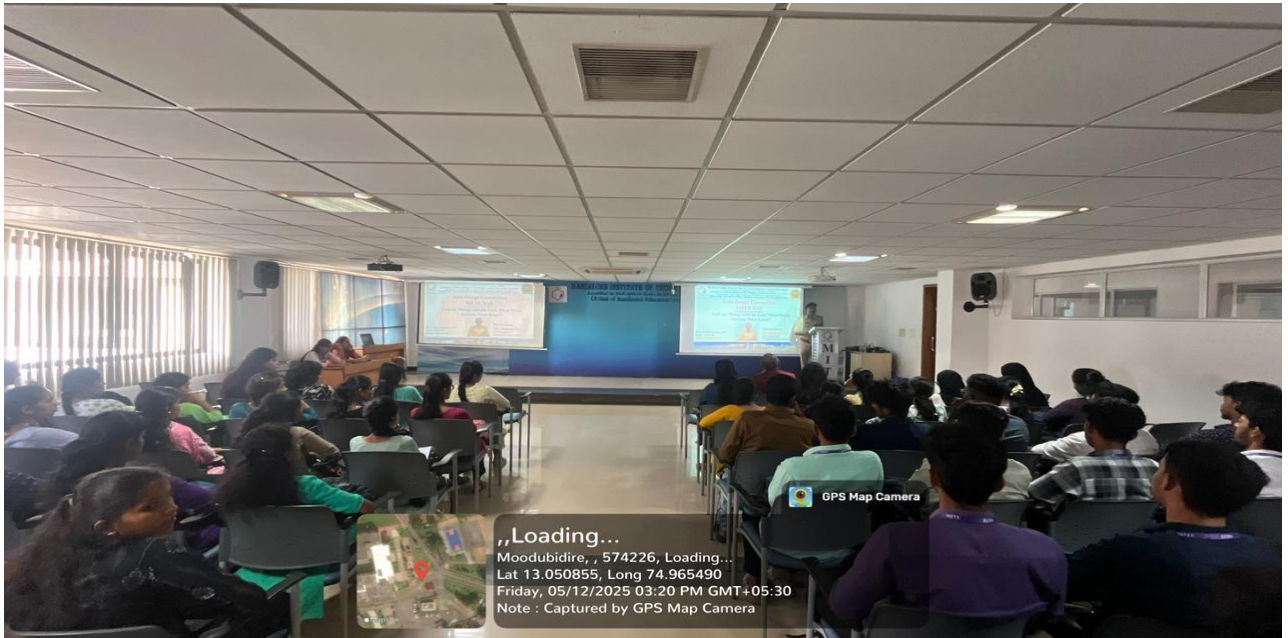
As part of the Nasha Muktha Bharat Abhiyan, an initiative by The Ministry of Social Justice and Empowerment, Government of India, an Anti-Drug declaration form was collected from a section of students across all engineering branches and the Post Graduate students. The anti-declaration form was collected from students who were identified as irregular to classes, absenteeism on every Monday first hour or found to be not active during the class hours. Apart from this criteria, forms were also collected from several other students and submitted to the Inspector of Police, Moodbidri Police Station. A total of 597 self-declarations were submitted to the Department of Police.

3. Special Talk

A special talk titled **“Drugs and the Law: What Every Student Must Know”** was delivered for the students of MITE on 05.12.2025 at 3 pm. The session was delivered by the Inspector of Moodabidri Police Station, Mr. Sandesh P G, who addressed the pressing issue of drug abuse among youth and highlighted the legal consequences associated with drug possession, consumption, and trafficking.

A brief on the event:

The session started with the introduction of the resource person by Mr. Akshathraj Jain, Assistant Professor, Dept of Management Studies and a member of the Anti-Drugs Committee at MITE. A total of 190+ students with three faculty members were present during the event. The Inspector of Police delivered a wonderful session highlighting the importance of a drug-free society and its impact on the overall wellness of the student community.



Mr. Sandesh P G addressing the students

The Inspector of Police explained the serious physical, psychological, and academic impacts of drug use. He highlighted how even occasional usage can lead to long-term health issues, and Badaga Mijar, Moodabidri, Mangalore Taluk, Dakshina Kannada District Karnataka, INDIA-574225.
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poor academic performance. Real-life incidents involving young students were cited to create greater awareness.

The speaker discussed how peer pressure, stress, curiosity, and misleading influences often push students toward experimentation. He emphasized recognizing early warning signs and understanding the dangers of casual involvement with drugs. Students were urged to stay vigilant and seek help when needed. A major part of the talk focused on the legal provisions under the Narcotic Drugs and Psychotropic Substances (NDPS) Act, 1985, and related laws.

A vote of thanks was proposed by Dr. Madhwaraj K G, Convenor, Anti-Drugs Committee, Professor & HoD, Dept of MCA.

Key Outcomes:

- Students gained a clear understanding of the harmful physical, psychological, and academic effects of drug abuse.
- They became aware of how addiction often begins, identifying early warning signs and risky situations.
- Students were informed about the key provisions and strict penalties under the NDPS Act, strengthening their knowledge of legal consequences.
- The session created greater vigilance among students and encouraged responsible behaviour, prompting them to stay away from drugs and report any suspicious activities.



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Minutes of the ADC meeting held on 04.12.2025 at Conference Hall-2, MITE

The Chairman and the Convener of the Anti-Drugs committee welcomed all the members to the committee meeting. The meeting started with an introduction of all the members to the committee.

The following points were taken as the agenda for discussion:

1. Welcome and Opening Remarks

The Chairman of the ADC stressed on the objective of this committee, which is to create and sustain a safe, healthy, and drug-free campus environment for our students at MITE. The Convener of the ADC said that it is our responsibility to protect our students from harmful influences and create awareness about the health, social, legal, and personal consequences of drug abuse apart from providing academic knowledge to the students. He requested all the members to actively participate in today's discussion and share practical suggestions for strengthening our awareness, prevention, and student-support initiatives.

2. Confirmation of Committee Members

Since ADC was a new committee formed within the institution in the academic year 2025-26, all the members of the committee introduced themselves and got to know each other.

3. Presentation of Anti-Drug Policy and Guidelines

The Convener presented the Anti-Drug Policy and Guidelines of the institution to the committee members, highlighting its key provisions and objectives. The importance of maintaining a safe, healthy, and drug-free campus was emphasized, along with the responsibilities of students, faculty, and staff. The committee members discussed the guidelines and reaffirmed their commitment to effective implementation and awareness of the Anti-Drug Policy across the campus.

4. Planning Activities for the academic year 2025-26

The following activities were planned to be conducted within the MITE campus

- a. Drug Counselling program
 - Arrange confidential counselling and awareness sessions to help students understand risk factors, peer pressure, early warning signs, and available support mechanisms



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b. Anti-Drug Awareness Talk

- Inviting police officers, medical professionals, counsellors, or experts to educate students about the health, social, legal, and academic consequences of drug abuse.

c. Street Play / Skit / Short Film Competition

- Organize creative competitions where students portray the dangers of drug abuse and promote healthy, drug-free lifestyles.

5. Any other matter with the permission of the Chair

- As there was nothing else to discuss further, the meeting concluded with a thanks from the Chairman and the Convener to all the members of the committee.



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Minutes of the ADC meeting held on 11.05.2026 at Conference Hall-2, MITE

The Convener of the ADC welcomed all the members to the meeting.

The following points were taken as agenda points for discussion.

1. Opening Remarks

- The Chairperson welcomed all the members and appreciated their commitment towards creating a safe, healthy, and drug-free campus. The importance of strengthening awareness, prevention, and responsible intervention among students was emphasized. He also urged all committee members to work together proactively to ensure the effective implementation of the institution's Anti-Drug Policy and promote a positive and healthy campus environment.

2. Discussion on Student Awareness, Prevention and Support

- The convener stated that the following things have to be told to the students regularly
 - a. Awareness: Conducting regular programmes to educate students about the health, social, academic, and legal consequences of drug abuse.
 - b. Prevention: Promoting a healthy, drug-free lifestyle through counselling, life-skills activities, and awareness campaigns.
 - c. Support: Providing appropriate counselling and support mechanisms for students who may be at risk or require assistance.

3. Any other matter and Conclusion

The Chairperson stated that two activities have been done this year but stressed on a lot more of student activities for the next academic year which would bring a lot of awareness among students on this menace. The Convener also expressed his confidence that the committee would certainly plan for more effective drug awareness programs in the next academic year and the years to come.