

MITE

YOUTH RED CROSS



Activities Report – 2025-26



MANGALORE INSTITUTE OF TECHNOLOGY & ENGINEERING

(A unit of Rajalaxmi Education Trust ®, Mangalore)

Autonomous Institute affiliated to V.T.U., Belagavi , Approved by AICTE, New Delhi

Accredited by NAAC with A+ Grade & ISO 9001:2015 Certified Institution

YOUTH RED CROSS, MITE

ANNUAL REPORT 2025-26

MITE Youth Red Cross Committee for the Academic Year 2025-26

Role	Name & Designation
Chairperson	Dr. Prashanth C M, Principal.
Program Officer and Convenor	Dr. Babu Rao K, Professor, Dept of Computer Science & Engineering
Members	Ms Swapna S A, Assistant Professor, Dept of Civil Engineering
	Dr. Jayaprakash M.C, Senior Assistant Professor, Dept. Civil Engineering
	Dr. Vignesh Nayak Ullal, Asst. Professor, Dept. of Mechanical Engineering
	Mr. Ranjith H D, Assistant Professor, Department of Electronics and Communication Engineering
	Mr. Suraj Shet, Asst. Professor, Dept. Civil Engineering
	Dr. Kiran Kumar M V, Assistant Professor, Department of Mechatronics Engineering
	Mr. Pradeep Kumar, Senior Assistant Professor, Department of Business Administration
	Dr. Madhan Raj, Asst. Professor, Dept. of Aeronautical Engg.
	Dr. Aravind Krishnan, Medical Officer
	Dr. Antony Praveen, Physics Cycle, Department of Basic Sciences.



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ACTIVITIES 2025-26

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Activity 1: Panel Discussion on World AIDS Day

Date: 01.12.2025

Duration: 2:30 PM – 3:30 PM

Target Audience: 59 Students of the institution

Venue: Audi- II, MITE

Brief About the Event:

A Panel Discussion was held by the students of the MBA& Engineering branch. Each panellist presented a sub theme under the major theme: “Voices for Change: Students’ Reflection on World AIDS Day.”

Brief about the event:



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Badaga Mijar, Moodabidri-574225, Mangalore Taluk, D.K. Dist., Karnataka, INDIA



MITE YOUTH RED CROSS

is organising a Panel Discussion

“Voices for Change” - Student Reflections on World AIDS Day



Moderator



Jennica
MBA

Panel members



Sathwik
CSE



Avani
ECE



Shreya
MBA



Vidya
ECE

Date: 01.12.2025

Time: 2.30 – 3.30 PM

Venue: Audi 2

MITE Youth Red Cross organized a panel discussion on “World AIDS Day” on 1st December 2025. The moderator and panelists were first-year MBA students and third-year engineering students. The session was moderated by Ms. Jennica Velanie Cordeiro, who introduced the major theme and guided the discussion throughout. The event featured four distinguished speakers: Mr. Sathwik R Shervergar, Ms. Avani Acharya, Ms. Shreya V Poojary, and Ms. Vidya D Shetty.

This panel discussion aimed to raise awareness about HIV prevention, testing, treatment, and the crucial role of youth-driven initiatives in addressing stigma, inequalities, and community-level challenges.

The session opened with the story of Nicole Elinoff, whose personal loss of a family member to AIDS in 2012 motivated her to become an HIV tester and counsellor. Her experience highlighted the ongoing impact of stigma and misinformation, and demonstrated how informed action and empathy can significantly improve the lives of people affected by HIV.



audience was reminded that early testing and consistent treatment (ART) can help individuals achieve an undetectable viral load—meaning “Undetectable = Untransmittable (U=U)”, a message central to global AIDS awareness efforts.

The panel then explained the health benefits associated with early HIV testing and timely treatment. It was emphasized that regular testing not only helps in early diagnosis but also enables individuals

to



begin antiretroviral therapy on time, which significantly improves long-term health outcomes. Moreover, consistent adherence to treatment enables individuals to achieve an undetectable viral load, which prevents transmission and supports overall physical well-being.

The session also addressed common misconceptions about HIV, particularly the false belief that it can spread through casual contact such as touching or sharing food. The panel clarified that HIV is not transmitted through everyday interactions, helping dispel long-standing fears and misinformation.



The session also addressed how stigma, discrimination, and misinformation continue to hinder an effective AIDS response, particularly in countries like India. Many individuals still hesitate to seek testing or disclose their status due to fear of social judgment. A human-rights-based approach was highlighted as essential, ensuring dignity, confidentiality, and equal opportunities for people living with HIV so that prevention and treatment efforts reach all communities without bias.

The session concluded by emphasizing the transformative role of youth leadership and community-driven efforts in the AIDS response. Young people, peer networks, and grassroots organizations can play a critical role through advocacy, digital outreach, and innovative awareness strategies. The importance of small yet impactful actions—such as sharing accurate information, organizing awareness activities, and supporting individuals living with HIV—was highlighted as key to fostering a more compassionate, informed, and proactive society.



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Activity 2: International Volunteers Day

Date: 05-12-2025

Time: 2:00 PM to 3:30 PM

Target Audience: BE, MBA & MCA students

Venue: Audi-II, MITE

Brief about the event:

The **MITE Youth Red Cross** observed International Volunteer Day was observed on **5 December** at Mangalore Institute of Technology & Engineering to recognize and appreciate the valuable contributions of volunteers towards community development and social service. The programme aimed to create awareness about the importance of volunteerism, appreciate the commitment of **existing volunteers**, and encourage the participation of **newly nominated volunteers**.

The programme commenced with a welcome address, followed by an introduction to the significance of International Volunteer Day and the role of volunteers in supporting various social and community initiatives. The contributions and dedicated services of the **existing volunteers** were acknowledged and appreciated. Their experiences and involvement in previous activities were highlighted as an encouragement to other volunteers.

During the programme, **newly nominated volunteers** were formally introduced and welcomed to the volunteer team. They were briefed about the objectives of the organisation, their roles and responsibilities, expected commitment, teamwork, and opportunities to participate in upcoming activities. The interaction between existing and new volunteers helped strengthen coordination and encouraged the sharing of experiences and ideas.

The programme also included discussions on future volunteer activities and initiatives. Volunteers were encouraged to actively participate in community outreach, awareness programmes, environmental activities, social service initiatives, and other activities organised by the institution. The event concluded with a vote of thanks. The programme was successful in recognising the efforts of existing volunteers, motivating newly nominated volunteers, and strengthening the volunteer network. The active participation and enthusiasm of all the volunteers reflected their commitment to serving the community and contributing to positive social change.

New Volunteer Nominations

1. *Sudheeksha Kamath*
2. *Alfiya Haya Sheikh*
3. *Amogha Hegde K*
4. *Trisha N Kanchan*

Activity 3: National Youth Day

Date: 12-01-2026

Time: 2:00 PM - 3:30 PM

Target Audience: BE & MBA Students

Venue: Audi – III, MITE

Brief about the event:

MITE Youth Red Cross celebrated National Youth Day by organizing a session on “Youth Power and Path to Excellence” on 12-01-2026

. MITE YOUTH REDCROSS organized a program to celebrate National Youth Day on January 12, 2026. As part of the celebration, a guest talk was held for students on the theme “Youth Power and the Path to Excellence.” The session was delivered by Mr. John Joseph Pinto, who shared valuable insights to motivate and guide young minds.

During the talk, Mr. J. J. Pinto actively interacted with the young audience to identify the issues faced by today’s youth. Based on these interactions, he discussed several major challenges, including a lack of focus, inadequate planning, peer pressure, and the tendency to take opportunities for granted. He emphasized the importance of self-awareness, discipline, and a positive mindset in overcoming these challenges. The speaker also highlighted the need for long-term goal setting, formulation of clear strategies, and consistent, well-planned efforts to achieve both personal and professional success.



Mr. Pinto elaborated on India’s demographic dividend period (2005–06 to 2055–56) and explained how the country’s large youth population—approximately 65% of the population under age 25 years—represents a significant advantage for national development. He stressed that this demographic advantage can be transformed into sustained economic growth only through proper education, skill development, entrepreneurship, and innovation. The session underscored the responsibility of young individuals in contributing meaningfully to nation-building.



The speaker also highlighted the importance of employability and life skills required in today's competitive world. He discussed key skills such as problem-solving, creativity, adaptability, flexibility, teamwork, work ethic, and integrity, explaining how these competencies enhance professional effectiveness and career growth. In addition, he explained the stages of team formation—Forming, Storming, Norming, Performing, and Adjourning, and emphasized their relevance in academic, professional, and organizational environments.

The session was interactive and engaging, with real-life examples that helped students relate the concepts to practical situations. Overall, the program was highly motivating and encouraged students to take responsibility for their personal development, career planning, and lifelong learning, aligning well with the objectives of National Youth Day.

**Activity 4: World Red Cross Day - Blood donation camp at
MITE**

Date: 14-05-2025

Time: 9.30AM - 3:30 PM

**Target Audience: Students and Faculty of
MITE**

Venue: PGL 301, MITE

Brief about the event:

MITE Youth Red Cross, MITE National Service Scheme (NSS) and Lions Club Bendoorwell, Mangalore, jointly organized a Blood Donation Camp on 14 May 2026 at 9:30 AM at Mangalore Institute of Technology and Engineering (MITE), Moodbidri. The programme was organized with the objective of creating awareness about the importance of blood donation and encouraging students to contribute towards saving lives through voluntary blood donation.

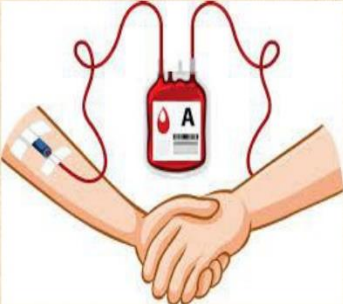


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Donate Blood Save Life



Your Donation is Gift of life

Venue: Auditorium III **Date: 14.05.2026** **Time: 9.30 to 12.30 PM**





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The programme was graced by Lion Dr. Naveen Shetty K, President, Dakshina Kannada PU Colleges' Principals' Association, as the Chief Guest. He appreciated MITE's efforts in organizing the camp and commended the students for their active involvement in social service. In his address, he highlighted blood donation as one of the greatest acts of humanity and emphasized the role of NSS in developing leadership, creativity and social responsibility among students. He encouraged students to cultivate the habit of serving society during their college years and continue their social service even after achieving professional success. He also stressed the importance of maintaining genuine human relationships and observed that initiatives such as blood donation camps promote selfless service and strengthen the spirit of community.

Dr. Rajashekar C. R. delivered the Presidential Address and motivated students to actively participate in social service activities. Lion Nagesh N. J. and Lion Murlidhar Bhandary, President, Lions Club Bendoorwell, Mangalore, were also present on the occasion. Mr. Akshathraj, NSS Officer, MITE, welcomed the gathering, while Ms. Shrija, Department of Management Studies, served as the Master of Ceremony. The successful conduct of the camp reflected MITE's continued commitment to social responsibility and holistic student development. Through such initiatives, the institution encourages students to develop compassion, civic responsibility and a strong commitment towards the welfare of society. The programme witnessed enthusiastic participation from the student community, with around 210 students voluntarily donating blood. The initiative aimed to create awareness about the importance of voluntary blood donation and encourage students to contribute towards saving lives.



Chief Guest Lion Lion Dr. Naveen Shetty K addressing during inaugural of the blood donation camp.



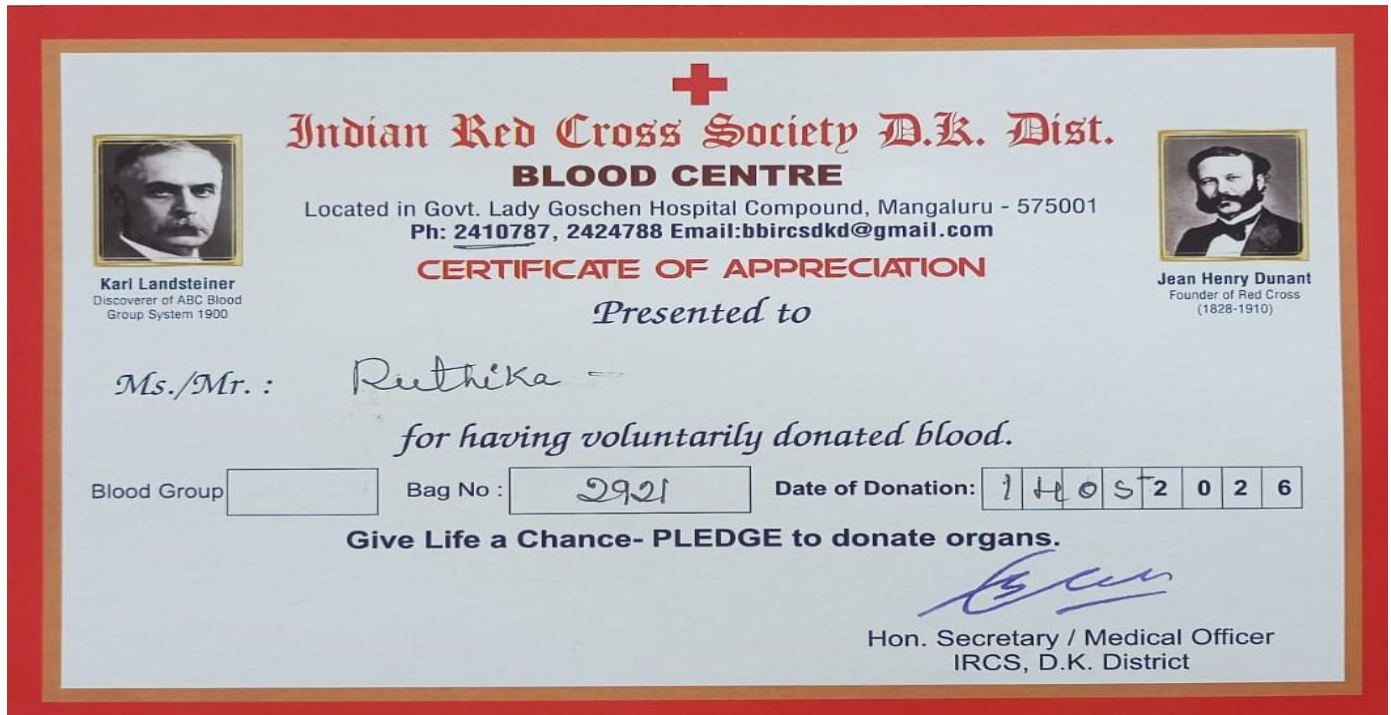
Guests along with donors of blood donation camp held on 17.05.2025



Guests after inauguration of blood donation camp



Blood donation camp in progress



Indian Red Cross Society D.K. Dist. BLOOD CENTRE

Located in Govt. Lady Goschen Hospital Compound, Mangaluru - 575001
Ph: 2410787, 2424788 Email:bbircsdkd@gmail.com

CERTIFICATE OF APPRECIATION

Presented to

Ms./Mr. : Reethika

for having voluntarily donated blood.

Blood Group Bag No : 2921 Date of Donation: 14/05/2026

Give Life a Chance- PLEDGE to donate organs.

Hon. Secretary / Medical Officer
IRCS, D.K. District

Certificate issued by Red Cross Society, Mangalore for donors of blood donation camp held on 14.05.2026



KMC Blood Donor Benefit Card

Name: CHANDRASHEKHAR

Issue Date: 14/05/2026 B.B. No: 4892

Certificate of Appreciation

In appreciation of Voluntary Service in Donating Blood this Certificate is awarded to

Mr / Ms / Mrs... CHANDRASHEKHAR

S/o... Mr. MARUTI

Donated on... 14/05/2026 B.B. No. 4892

Phone No: 0824-2427227

Dr Deepa Adiga
Director - Blood Centre

Certificate issued by KMC Hospital for donors of blood donation camp held on 17.05.2025.

Video link: <https://www.instagram.com/reel/DZKIfc0CZno/?stkn=MWM1Zjd4NmFkMDMzNQ==>



Activity 5: World Environment Day

Date: 05-06-2025

Time: 2.00-3.30 pm

Target audience: Students and Faculty of MITE

Venue: Auditorium III

Brief about the event:

The **MITE Youth Red Cross** observed World Environment Day was celebrated on **5 June 2026** at MITE campus with the aim of creating awareness among students and staff about environmental protection and sustainable living.

The programme began with a welcome address, followed by an awareness session on the importance of protecting the environment. The participants were encouraged to adopt eco-friendly practices such as reducing plastic use, conserving water and electricity, planting trees, and maintaining cleanliness in their surroundings.

As part of the celebration, activities such as tree planting, cleanliness drives, poster-making, and an environmental awareness programme were conducted. Students and staff actively participated in the activities and expressed their commitment towards protecting nature.

The programme concluded with a vote of thanks. The celebration was informative and successful in creating awareness about the need for collective action to protect our environment.

Conclusion:

The World Environment Day celebration highlighted that every individual has a role to play in protecting the environment. The event encouraged everyone to adopt simple and sustainable practices in their daily lives.